

The Messenger

February 2026

Area 24–District 11 News

Issue #21



The intersection of the 2nd Step and the 2nd Tradition

The 2nd Step and the 2nd Tradition in Alcoholics Anonymous intersect by providing a framework for transforming trust from yourself to a Higher Power, and the group conscience. They converge in the principles of surrender, humility, and trust in a power greater than ourselves, in order to maintain our individual sobriety as well as the unity of the group.

They intersect in powerful ways:

1. The Group as a “Power Greater than Ourselves”

For many newcomers, the “Power greater than ourselves” in Step 2 is difficult to grasp. The 2nd Tradition provides a tangible, immediate higher power: the group itself.

2. Redefining Authority and Sanity

The 2nd Step addresses the “insanity” of active addiction, where the individual believes they can manage their life despite evidence to the contrary. The 2nd Tradition replaces the ego-driven desire to control with a more workable form: “our leaders are but trusted servants; they do not govern”.

3. Trusting the “Group Conscience”

Where the 2nd Step brings us to a belief in a restorative power greater than ourselves, the 2nd Tradition recognizes that power as a “loving God”, that is expressed through the group conscience.

In short, the 2nd Step is the personal belief in a spiritual reliance, while the 2nd Tradition is the personal belief in that same reliance, but on the group.

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The 2026 Area 24/District 11 Committee Chairs



District Committee Member (DCM)	Keith K.	(815) 281–1591	area24district11dcm@gmail.com
Alternate DCM	Rod M.	(563) 564–7341	area24district11altdcm@gmail.com
Secretary	Erin R.	(563) 258–2668	area24district11secy@gmail.com
Treasurer	Cheryl P.	(614) 208–7477	area24district11treasurer@gmail.com
Archives	Rod M.	(563) 564–7341	area24district11archives@gmail.com
Grapevine	Travis	(563) 258–2668	area24district11grapevine@gmail.com
Corrections	Alicia M.	(563) 580–4979	area24district11corrections@gmail.com
Treatment & Accessibilities	Carol K.	(563) 580–7377	area24district11treatmentchair@gmail.com
Newsletter	Thom E.	(815) 823–4655	area24district11newsletter@gmail.com
Cooperation w/ Professional Community (CPC)	Sue G.	(563) 845–9427	area24district11cpc@gmail.com
Public Information (PI)	Shannon P.	(815) 858–4765	area24district11pi@gmail.com
Activities	Mark R.	(563) 543–3218	area24district11activities@gmail.com
Fall Mini–Conference Chair	(to come)	(to come)	(to come)

District 11 GSR Meeting
10:30 am First Saturday
of each month: 1646 Asbury Rd
(Lower Level)

Intergroup Business Meeting
10:30 am Third Saturday
of each month: Dubuque Area
Intergroup Office

Dubuque Area Intergroup
(563) 557–9196
1646 Asbury Road #7
Dubuque, IA 52001

*[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)*

February 2026	Area 24–District 11 News	Issue #21
	2.7.26 Committee Meeting Minutes	

DISTRICT 11 BUSINESS MEETING AGENDA

Date: Saturday, February 7, 2026

Time: 10:30 – 11:30 am, Location: Westside Clubhouse, 1646 Asbury Road, Dubuque, IA

ADMINISTRATIVE ITEMS

1. **Call to Order & Welcome:** Led by Keith K., DCM
2. **Serenity Prayer**
3. **Roll Call:** Committee Chairs & GSRs (9 present) / Brief Introductions: first names & position; welcome visitors
4. **Approval of January Minutes:**, read from Sue G. (filling in for Erin R. (secretary): Motion / Second / Vote Passed unanimously
5. **Treasurer's Report:** Keith K. summary, questions, Motion / Second / Vote Passed unanimously
6. **Al-Anon Updates:** Sherri reminded us that Sunday (7pm) is Family night at Grand View Methodist Church; AA/ Al-Anon/Alateen meetings held. Baby sitting is available. Also, Al-Anon members are looking into a return of the Fall Speaker Supper event; stay tuned.
7. **Intergroup Rep:** Carol K reported the Intergroup office is being “refreshed” w/new paint, décor, etc.
 - **Gathering of the Eagles** on 3/21 at Bread of Life Church; see flyer (on website) for details. AA speaker is Andy C. and Al-Anon speaker is Wendy T.!
 - **Intergroup** will not be hosting a July 4th picnic this year, but another entity might; stay tuned. Also, the Intergroup Co-Chair position still needs to be filled.

GSR GROUP UPDATES (* are the GSRs that were present)

- **164 Page Group** (Sat 9 am Westside)
- ***Tuesday Happy Hour** Travis GSR: 6 pm Westside. Going strong. Read 12 steps from 12X12.
- ***Jaywalkers** Randy T. GSR: Wed 7 pm Hillcrest campus - Open Big Book study, 12X12 1st Monday of the month, all are welcome. They see 14-20 attend on a weekly basis (including 3 former DCMs and past delegate). The Jaywalkers participated in the \$12.12 on 12/12 donation challenge from Area 24; a donation of \$300 from Jaywalkers was made to GSO.
- **Open Stone Room Meeting** Chad GSR: Mon 6 pm, New Melleray Abbey)- please join
- **Keyway Lodge** Steve G. Alt-GSR: Wed 8 pm Bread of Life Church. Approx 20 people attend; also available via zoom. Speaker/cake night (every last Wednesday of the month). Planning on AA/Keyway

Lodge birthday party first Sunday in June. More details to come.

- ***Sober Sisters** Carol GSR: Tue Noon
- **Women's Big Book** (Wed 5:15 pm)
- ***Family Afterwards** Big Book Mary CE GSR (Mon 9 am); currently reading the story “Our Southern Friend”; children are welcome.
- ***Vision for Hope** Carol GSR (alt) Fri 7 pm now meet at St. Peter's Lutheran Church; 10-12 people attend
- ***Unity Step Group** Gabe GSR (Sun 6 pm) at Westside; ready from red folders on back shelf; 10-2 people attend
- **Manchester Saturday Night** Sat 6 pm
- **Manchester Meeting** Brett GSR: Tues 7 pm
- ***Galena Groups:** Rod M. GSR: Thu 6/7 pm; Wed 12:00 pm; Mon 10 am; Fri 7 pm) All meetings are Zoom.
- **Day at a Time** (Tue/Thu 9 am)
- **Open Doors** (Epworth)
- ***Cascade Groups** Tom GSR: open Fri meeting (last Friday of the month) ~14 people attend. Donations were made to 4 entities, but checks not yet cleared for District 11 and Area 24.
- **Gift of Desperation** Sat Noon (trying to get positions and have this as a registered group)
- **There is a Solution** Tues Noon: open meeting.
- **Living Sober Group:** Fri 9am at Westside
- ***Attitude Adjustment** Sat Kevin GSR: 9 am, read the 3rd, 7th, 11th step prayers and 24-Hour reading
- **Men's Al-Anon** meeting Steve G. mentioned needs support – Mon 7:30 pm at Intergroup
- ***24-hour Group** Albert GSR (Mon 8 pm at DFC; read from 24-hour book

DISTRICT CHAIR REPORTS

Archives: Rod present; nothing new to report
Corrections: Alicia M. present; nothing new to report
Grapevine: Travis H. present; nothing new to report
Public Information (PI): Shannon P. (absent)
Newsletter: Thom present: *The Messenger* looked into paper/printing the newsletter. With a cost of about \$2/copy to print in black/white only, the decision was made to keep *The Messenger* in digital form only. Also, if there are any meetings that would like to be featured in the newsletter, please let Thom know! If anyone has any other fliers or news you would like in

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The Messenger, pass that on to Thom. newsletter chair
area24district11newsletter@gmail.com. 815-823-4655

Cooperation with the Professional Community

(CPC): Sue G. present; nothing new to report

Treatment & Accessibilities: Carol K. present; worked with Mark (now located in Madison) and got in contact w/students looking for info on open meetings as part of their course work. Also, Carol is meeting with representatives from Mercy Hospital/Turning Point to try to get Bridge the Gap going again there.

Activities: Marc R. excused. FYI District 11 received a thank you card from the Fellowship Club, with thanks for the donation from the NYE party.

Treasurer: Cheryl P. absent; Keith K. covered in her absence, and reminded all district chairs to get a \$ amount to Cheryl on how much you might need to budget for 2026 expenses

Alternate DCM: Thanks to Rod M., who volunteered and was voted in as our new Alternate DCM! Keith K. will work with Rod to bring him on board in his new role. Thank you, Rod!

DCM: Keith K. present:

By the grace of God I am sober today, my name is Keith and I am an alcoholic and your trusted servant.

I attended the Area 24 January Service Weekend and Business Meeting on January 18th in Marshalltown. Area finances are stable, with roughly \$28,000 in the bank and about \$16,000 available after prudent reserve. While Area 24 is doing well, the Delegate shared concerns about General Service Office reserves being down to about five months, driven by higher costs, Grapevine losses, and building remodel expenses. The GSO is running at 100% except tours, call in advance if you're planning a visit.

Note: Literature prices will increase February 1, 2026 including a \$3 increase per Big Book.

A major focus was the West Central Regional Service Conference in Cedar Rapids at the end of February. Area 24 is hosting, and early registration (hotel is booked full). I have a flyer on overflow hotels (attached). Service participation was strongly encouraged.

I have also been doing a literature run on some our best customers! The courts.

- *The Grant County Wisconsin court house, now new AA literature*
- *The Dubuque Jail is fully stocked! (checking court house this month)*
- *Jo Daviess County Court House (after remodel) now has AA literature too.*

Overall, the message is clear: AA is healthy, service matters,

finances require awareness, not fear and staying connected at the District and Group level remains essential.

In love and service,

Keith K, DCM for District 11

UNFINISHED BUSINESS

- 2026 Budget Planning: Chairs to submit estimated annual spend by December meeting; tabled until March meeting
- Chair for Mini Conference needed – not anymore! See “New Business” below
- Open Alt DCM chair position not anymore! See “New Business” below
- Survey for Mini Conference: due Jan 31, 2026 URL (link – closed); only got survey responses, but all comments were positive! See Sue G. for specifics.
*Motion to move on- 2nd - Vote

NEW BUSINESS

- Chair for 2026 Mini-Conference – congratulations to our 3 co-chairs: Stacy B (Galena), Steve G and Shirley G. Information from the 2025 team including SOP, survey results, etc, will be shared with the 2026 team soon. Thank you Stacy, Steve and Shirley (all “S” names!) for stepping up for this important role!
- Alt DCM position open – congratulations to our new Alt DCM Rod C! Thank you for your service!
- The Register’s Annual Great Bicycle Ride Across Iowa (RAGBRAI) is coming through our area this year! The race goes July 18-25, and will end the day on 7/24 in Dyersville and finish the race on 7/25 in Dubuque. Thanks to Tom from Cascade, who shared that discussions have begun to work with RAGBRAI administration to see if and how District 11 AA members can support the racers and their families when they visit our area. Hoping our Activities Chair Marc C will take on this challenge!!!
*Motion to move on-2nd-Vote

EVENTS & ANNOUNCEMENTS

- District 11 GSR Meetings : 1st Sat 10:30 am (Westside)
- Intergroup Meetings : 3rd Sat 10:30 am (Intergroup Office)
- Speaker Breakfasts : 1st & 3rd Sun 9:00 am (Fellowship Club)

CLOSING

*Motion to Adjourn / Second / Vote

Close with the Lord’s Prayer

Treasury & Mini Conf. Reports & Area Service Weekend Info

JANUARY TREASURY REPORT

STARTING BALANCE	\$6,321.81
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INCOME: Budget	
1-Dec	\$ 83.00
6-Dec	\$ 35.00
6-Dec	\$125.00
31-Dec	\$ 0.41
<hr style="border-top: 1px dashed black;"/>	
TOTAL CONTRIBUTIONS: \$243.41	\$6,565.22
Purpose / Expenses	
1-Dec	\$ 47.98 Party Misc.
3-Dec	\$762.58 Mini-Conf Food
4-Dec	\$207.55 Mini-Conf Printing
10-Dec	\$300.00 Rent Jan-Jun 26
23-Dec	\$ 70.00 Mini-Conf Set up
29-Dec	\$269.47 Mini-Conf Coffee etc.
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TOTAL EXPENSES	\$1,657.58
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12/31/25	\$4,907.64
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Prudent Reserves	\$1,002.42

Dubuque District 11 Budget Proposal 2026

Budgeted Items	Budgeted Expense	Actual for 2025
Operating Budget		
Rent/Archives to Westside	\$600.00	\$600.00
Drop Box	\$180.00	\$0.00
Postage, Checks, Cards	100	48.25
Conference Fees and Expenses (DCM and Chairs)		
Registration for 8 to attend regional conferences	\$300.00	
Lodging, travel and meals for 8 to attend	\$2,800.00	\$1,281.57
Seed Funding		
Mini-conference	\$150.00	\$150.00
Activities	\$300.00	\$0.00
Chair/Committee Expenses		
Alt DCM (District schedules)	\$200.00	\$211.86
Treatment & Accessibility	\$330.00	\$0.00
CPC	\$330.00	\$0.00
Grapevine	\$110.00	\$0.00
PI (inc. workshops, billboards, etc)	\$600.00	\$0.00
Corrections	\$330.00	\$0.00
Archives	\$132.00	\$0.00
Secretary	\$55.00	\$0.00
2026 Budgeted Totals	\$6,517.00	\$2,291.68
*Assumes normal travel, meetings, contributions.		
2026 Estimated Income		
Group Donations	\$3,200.00	
Mini Conference Surplus	\$450.00	
Pass The Hat at District Meetings	\$400.00	
Social events surplus	\$150.00	
Individual/in-kind donations	\$200.00	
2026 Budgeted Totals	\$4,400.00	

Respectfully submitted,
Cheryl P., District 11 Treasurer



1 IN 4
CHILDREN

are affected
by someone's
drinking.

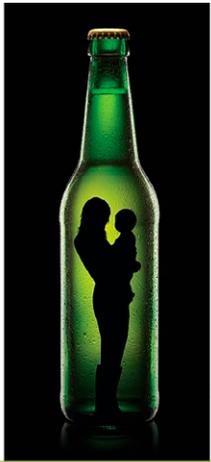
You are not alone.

Alateen can help.


 Al-Anon Family Groups
 Help and hope for families and friends of alcoholics

1-888-4AL-ANON • al-anon.org/teen-info

Alateens Meet on Sunday at 7:00 pm
Grand View United Methodist Church, 3342 John Wesley Dr, Dubuque



NOT EVERYONE
TRAPPED BY ALCOHOL
IS AN ALCOHOLIC

.....

Families and friends are suffering too.

•

Do you worry about how much
someone drinks?

•

Al-Anon and Alateen can help.


 Al-Anon Family Groups
 Help and hope for families and friends of alcoholics

Phone 1-563-557-9196
Iowa Al-Anon Family Groups - <https://iowa-al-anon.org/>
In-Person Meetings - <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>
Electronic Meetings - <https://meetings.al-anon.org/electronic-meeting-page/>

1-888-4AL-ANON • AL-ANON.ORG

Meeting Guide

Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.



About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



GET IT ON GOOGLE PLAY >



DOWNLOAD ON THE APP STORE >

CLICK HERE to get the Meeting Guide Mobile App from AA.org

February 2026	Area 24–District 11 News	Issue #21
	February AA History & Reflections	

February AA History *

Feb 1908	Bill made boomerang.	Feb 11, 1938	Clarence S. (“Home Brewmeister” 1st-3rd edition) sobriety date.
Feb 1916	Hazing incident Norwich University, Bill & sophomore class suspended	Feb 14, 1971	AA groups worldwide hold memorial service for Bill W.
Feb 1938	Rockefeller gives \$5,000 to AA. Saves AA from professionalization.	Feb 14, 2000	William Y., “California Bill” dies in Winston Salem, NC.
Feb 1939	Dr Harry Tiebout, 1st Psychiatrist to endorse AA and use it in his practice.	Feb 15, 1918	Sue Smith Windows, Dr. Bob’s adopted daughter, was born.
Feb 1939	Dr Howard of Montclair, NJ suggests swapping “you musts” for “we ought” in the Big Book.	Feb 15, 1941	Baltimore Sunday Sun reported that the city’s first AA group, begun in June 1940, had grown from 3 to 40 members.
Feb 1940	1st AA clubhouse opens at 334-1/2 West 24th Street, NYC.	Feb 17,	Jim B. contacted Charlie B., whom he had met once, some two years before, at a New York AA meeting.
Feb 1951	Fortune magazine article about AA. New York reprints in pamphlet form for many years.	Feb 18, 1943	During gas rationing in WWII, AA’s are granted the right to use cars for 12th step work in emergency cases.
Feb 1963	Harpers carries article critical of AA.	Feb 19, 1967	Father “John Doe” (Ralph P), 1st Catholic Priest in AA dies.
Feb 1981	1st issue of “Markings” AA Archives Newsletter is published.	Feb 20, 1941	The Toledo Blade published first of three articles on AA by Seymour Rothman.
Feb 1/2, 1942	Ruth Hock, AA’s 1st paid secretary, resigns to get married.	Feb 23, 1959	AA granted “Recording for the Blind” permission to tape the Big Book.
Feb 8, 1940	Rockefeller dinner	Feb 28, 1940	First organization meeting of Philadelphia AA was held at McCready Huston’s room at 2209 Delancy Street.
Feb 8, 1940	Houston Press ran first of 6 anonymous articles on AA by Larry J.		
Feb 9, 2002	Sue Smith Windows, Dr Bob’s daughter died.		
Feb 11, 1937	First New Jersey meeting was held at the home of Hank P (“The Unbeliever” in the 1st edition). Some sources report this as happening Feb 13, 1937		

**reposted by permission of South Jersey Intergroup*

Common themes in February Daily Reflections:

- **Addressing the Root of Troubles (Self-Centeredness):**
February often highlights that selfishness and self-centeredness are the “root of our troubles”. The reflections encourage moving away from self-seeking behavior toward a more humble, service-oriented life.
- **The Power of Surrender and Acceptance:**
A major theme is accepting things you cannot change, rather than trying to control them. This includes surrendering self-interest and letting go of the need to control people, places, and situations. An added gift is an increased ability to forgive.
- **“Emotional Sobriety”:**
The readings emphasize that staying sober is not just about abstaining from drinking (physical sobriety), but also maintaining mental and emotional stability—avoiding “dry drunk” behavior like anger, fear, or resentment.
- **Turning Points and Growth:**
February often focuses on turning points, encouraging readers to use moments of temptation as opportunities for growth rather than sliding back into old habits.
- **Building a “Higher Power” Connection:**
There is a consistent focus on improving conscious contact with a Higher Power to gain serenity and strength. This is described as a daily practice rather than a one-time event.
- **Gratitude and Humility:**
Many reflections emphasize cultivating an “attitude of gratitude” as a tool for humility, which helps keep conceit and selfishness in check.
- **Service to Others:**
Moving away from self-absorption by helping others, being a good friend, and contributing to the community is highlighted as a way to maintain sobriety.

Coming Events and Activities of Interest in the Tri–State Area

**District 11/Area 24
2026 Fall Mini-Conference**

Call to Action

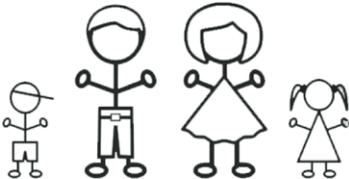
**All Service-Minded Members
We can use Your Talents
Let's put together a Rollicking
Great Mini-Conference**

Sponsors, it's a terrific way to
introduce Your Sponsees to Service

Stacey B., AA - Steve G., AA, and Shirley G., Al-Anon
(563) 580-8138 for Stacey – (563) 542-7639 for Steve or Shirley
Co-Conference Chairs
or Keith K., DCM (815) 281-1591

District 11, Current

*Sunday Evening is
Family Recovery Night!*
Beginning at 7:00 pm
Grand View Methodist Church
3342 John Wesley Dr., Dubuque, Iowa



*Alcoholics Anonymous 12X12 Group meeting
Missing Link Al-Anon Family Group meeting
Alateen meeting
Free Childcare Provided*

Dubuque, Current

Are you looking for a way to get more involved
with your recovery?
‘Service is the answer!!’

Currently there is an open service position for
**Dubuque Area Intergroup Co-
Chair Position**



Please call us with any questions and learn more about this
fantastic opportunity 563-557-9196 or visit
www.dubuqueaa.org

Dubuque, Current



**AA
Al-Anon
Alateen
& More!**

The DUBUQUE FELLOWSHIP CLUB PRESENTS!
12 STEP RECOVERY BREAKFAST

BISCUITS AND GRAVY THEN A SPEAKER - \$5
THIRD SUNDAYS EACH MONTH
9:00 AM BREAKFAST
9:30 AM SPEAKER

1166 MAIN STREET, LOWER LEVEL, DUBUQUE

EVERYONE WELCOME!

Dubuque Fellowship, Current

Program Events

Friday
6:00 PM Registration Opens
7:00 Kathy H. – Cincinnati, OH (AFG)
8:30 Caleb F. – Lewiston, MD (AA)
Following FREE Pie and Ice Cream Social

Saturday
6:30 AM Morning Meditation
7:00 Early Bird Meeting (Open)
8:00 Registration Continues
9:00 Sarah T. – Rock Island, IL (AA)
10:00 Workshop: Unity & The 12 Traditions
“Noon Break”
2:00 PM TBD (AFG)
3:30 Workshop: Recovery & The 12 Steps
5:30 Banquet
7:00 Skit – Countdown - Speaker
Chris C. – Copeland, OH (AA)
Following Big Book Trivia

Sunday
7:30 AM Morning Meditation
8:00 Early Bird Meeting (Open)
10:00 Scott S. – Stuart, FL (AA)

For additional information please
call Jim E @ (563) 940-1714

Registration Information

Registration \$30
Registration and Banquet* \$65
Banquet Only** \$55
Pre-registration Deadline: February 13th, 2026
*Pre-Registration \$20/EA for Banquet Dinner
Cash and check only, if registering at the door.

Pre-register online at our website:
www.cedarriverroundup.info
All who attend must register.
Parents are responsible for their children.

Saturday Evening Banquet Dinner

Pork Loin, gg Chicken Parmesan
or Vegetarian Meal (choice of 5)
served with
potato salad, vegetable medley, and dessert.
Coffee, tea, and milk
*Vegetarian and Gluten-free options available
**Dinner required during pre-registration
Pre-Registration @ \$20/EA for Banquet Dinner

*See WALK for mail-in pre-registration forms,
important hotel information, and map

**32nd
Annual
CEDAR RIVER
ROUNDUP**

Radisson Hotel
Cedar Rapids, IA
**February
20-22
2026**

Visit www.cedarriverroundup.info
Event flyer and online pre-registration are available on the website

Cedar Rapids, February 20–22

Coming Events and Activities of Interest in the Tri–State Area

2026 West Central Regional Service Conference
Feb 27 - Mar 1, 2026
Hosted by Area 24

HUMILITY IN ACTION

Conference Registration

Pre-Registration before Feb 11 = \$30
After Feb 11 = \$35
Mail in form below with check by 2/15/26 or
Register Online: <https://tinyurl.com/WCRSC2026>



Hotel Information

DoubleTree Downtown Cedar Rapids
350 1st Ave NE, Cedar Rapids, IA 52401
Lodging Reservations = \$195 (taxes + fees included)
Parking = \$15/day
<https://tinyurl.com/DTCR-Reservations>



Miscellaneous Info

For more conference information, visit <https://www.westcentral.org/conference>.

Attend in person or virtually (Link provided after Registration).

Unlimited coffee pass available for \$30, buy in advance, or pay per cup at the Conference.

To register by mail, send this portion with your check made payable to West Central Region. Mail by 2/15/26 to WCRASC, PO Box 190, Cedar Rapids, IA 52410

Name: _____ Area: _____ City: _____ State: _____
Phone: _____ Email: _____
Home Group: _____ Service Position: _____
Do you need Closed Captioning? _____ Spanish? _____ Will you be joining in Person? _____ Virtually? _____
Are you purchasing a coffee pass? Yes _____ No _____

Cedar Rapids, Feb. 27–Mar. 1

Dubuque Fellowship Club Breakfast

FIRST SUNDAY OF THE MONTH
BREAKFAST – 9:00 AM for \$9.00
ATTITUDE ADJUSTMENT SPEAKER MEETING – 9:30
AA, AL-ANON, AND EVERYONE WELCOME!!

Speaker Lineup

March 1 – Mark, Al-Anon, Galena, IL
April 12 - Mary C.E., Family Afterwards, Dubuque, IA
May 3 – Jim Mck – AA – Moorhead, MN
June 7 – Jerry B, Keyway Lodge, Dubuque, IA
July 5 – Keith K, Keyway Lodge, Dubuque, IA
August 2 – Scott S, Mt. Pleasant
August 30 (for September Breakfast) – Jerome E, South Dakota
Oct 4 - Lance and Debra B, Olathe, Kansas

1166 Main St., Lower Level
Elevator Available at Front Entrance

Dubuque Fellowship, Mar. 1

FIRST SATURDAY OF EVERY MONTH

NEXT MEETING 10:30 AM MARCH 7TH

DISTRICT 11 BUSINESS MEETING

1646 Asbury Rd, Dubuque, IA, 52001

Your voice matters!
Be a part of shaping the future of our Fellowship.
Where Ideas turn into action.
Let's work together to support recovery & service in our community.
Let's make a difference, one step at a time!

Dubuque Westside, March 7

Announcing THE DUBUQUE AREA INTERGROUP'S ANNUAL **GATHERING OF THE EAGLES**

PRESENTING ANDY C: AA SPEAKER, KEYWAY LODGE GROUP & WENDY T: AL-ANON SPEAKER, WESTSIDE AFG GROUP

FEATURING KALMES FINE MEATS, VEGGIE SALAD, POTATO, ROLL, DESSERT, MILK, POP, COFFEE \$20 @ THE DOOR ALL ARE WELCOME!

MARCH 21 | OPEN @ 4:00 | DINNER @ 5:00
BREAD OF LIFE CHURCH, 2155 UNIVERSITY AVE, DBQ

BRING A RAFFLE PRIZE TO DONATE FOR THE RAFFLE!!!

FOR MORE INFO, CALL INTERGROUP CHAIRPERSON, MARY JO K. 563-590-7875

Dubuque, March 21

2026 Area 24 Spring Conference
Hosted By District 3
June 12-14, 2026

Bright Spot of Our Lives

Alcoholics Anonymous Iowa Valley Community College
3702 S. Center Street, Marshalltown
SPEAKERS ON SATURDAY WILL BE AT IOWA VALLEY COMMUNITY COLLEGE

Al-Anon and Alateen Marshalltown Arts & Civic Center
709 S. Center Street, Marshalltown

FRIDAY
2:30 p.m. Registration
6:45-7:45 p.m. Area 24 Officer & Chair Session
8:0 p.m. DDM/GR Sharing Session
9:45-11:15 p.m. Workshops: Archives, Connections, Newsletter & P

SATURDAY
7 a.m.-10 p.m. Registration
7:30-8:30 a.m. Early Bird Meeting
8:30-10:30 a.m. Delegate Report
10:45-11:15 a.m. Area Business Meeting
11:30 a.m.-1:30 p.m. Luncheon- Al-Anon/Alateen
Speaker @ Iowa Valley Community College
1:45-5:30 p.m. Area Business Meeting
6:30 p.m. Banquet and AA Speaker Jan P
9:30-11:00 p.m. Workshops: CFS, Groupware, Literature, & Treatment

SUNDAY
6:45-7:45 a.m. Early Bird Meeting
9:30-10:15 a.m. "State Officers' Six It Bunkin"
10:30-11:30 a.m. AA Spiritual Speaker

Pre-Registration Form – Due by May 29

Name _____
Badge Name _____
Address _____
City/State _____
ZIP _____
Phone _____
Email _____

Check Box – Due by May 1
 Spanish Interpreter
 ASL Interpreter

Adults	\$50 Pre-Registration	\$55 at door	Check One
Alateen	\$10		<input type="checkbox"/> AA
Pre-registration meal	\$20 Lunch	\$25 Banquet	<input type="checkbox"/> Al-Anon
			<input type="checkbox"/> Alateen
Total		<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Gluten Free

Make checks payable to Area 24 Spring Conference PO Box 1913 Ames, IA 50010

Marshalltown, June 12–14

The Alateen consent form is required for all Alateen members to participate in the Area 24 assembly. No notarization is needed.

Hotels

Contact the hotels and mention Area 24 Conference for discount pricing

Hampton Inn & Suites
210 Iowa Ave West
Marshalltown Iowa 50158
641-753-6795
641-874-7900
Mention Area 24
Rate \$104.00 - must reserve by May 18

Holiday Inn Express
102 Iowa Ave West
Marshalltown Iowa 50158
641-754-7900
Mention Area 24

Baymont
115 Iowa Ave West
Marshalltown Iowa 50158
641-752-4844
Rate \$135.00

Super 8
3810 South Center Street
Marshalltown Iowa 50158
641-753-8383
Rate \$75.00

Camping

Shady Oaks
Reservations available
2370 Shady Oaks Road
Marshalltown

Riverview Campground
First come, first served
402 Woodland St
Marshalltown

Register Online

<https://cheddar.you.com/register24springconference2026>



Pre-Registration Due May 29, 2026
Ask for Area 24 Spring Conference rates
Must reserve a hotel room by May 11, 2026, to get discounted rate
Contacts: Brian W. 515-231-7781 or Judy R. 515-231-3045

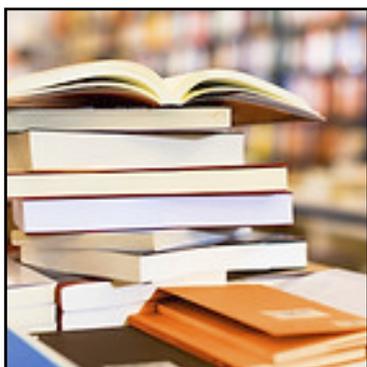
Dubuque Area Intergroup

Area24 / District 11 Alcoholics Anonymous and Iowa Area Al-Anon Family Groups

Office Location: 1646 Asbury Rd #7, Dubuque, IA 52001

Office opened by appointment at your convenience:

Call (563) 557-9196



AA Literature

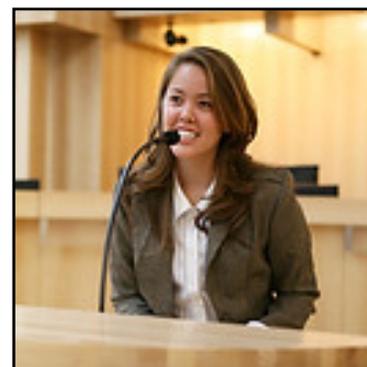
Dubuque Area Intergroup stocks and sells A.A. Conference-approved literature and recovery anniversary medallions for the convenience of local members and groups. French and Spanish literature can be ordered. We stock outreach pamphlets that address recovery with inclusivity for all persons. Al-Anon Family Group's literature may also be purchased at our office.

(Call for prices)



Meetings and Events

Dubuque Area Intergroup publishes and distributes up-to-date lists of in-person meetings as well as web-based meetings for those who are housebound or chronically ill. We publish local A.A., Al-Anon, and Alateen event flyers and other related information on this website. Our AA Meetings are also listed in the aa.org "AA Meeting Guide App".



Speakers and Referrals

The Dubuque Area Intergroup is one of 700 AA Intergroups throughout the U.S. We are a resource to connect with A.A. Members. We include public outreach for Al-Anon Family Groups and Alateen. Referrals to A.A. Speakers willing to share their personal experience with the A.A. program of recovery, may be reached by calling our office.

**Group contributions
support the operations of
Dubuque Area Intergroup.
Your group can make
contributions using
this PayPal QR Code:**



February 2026	Area 24–District 11 News	Issue #21
	Thoughts of Interest in District 11/Area 24	

From the Newsletter Chair:

We wish to acknowledge the contributions of the Dubuque Area Intergroup and its website, DubuqueAA.org, which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports usually are lightly edited for clarity and brevity. Original, full Chair reports are recorded and emailed within the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly GSR Business Meeting minutes in full, please email requests to: area24district11altdcm@gmail.com

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require light editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, *The Messenger*, is a publication of Area 24 /District 11 of Alcoholics Anonymous. The editors and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editors or authors only. All content quoted from AA Literature is offered in the spirit of recovery and every attempt is made to attribute the text accurately.

District 11 serves the AA members and supports institutions of the following communities:

– Iowa –

Bellevue • Cascade • Delhi • Dubuque
Dyersville • Edgewood • Epworth • Hopkinton
Manchester • Maquoketa • Peosta

– Illinois –

Elizabeth • Galena • Hanover

Our 7th Tradition:

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.



**Self-Support:
Where Money and
Spirituality Mix**

**Where Your
Contributions
Are Applied**

Your contributions support the operations of District 11 and the Dubuque Area Intergroup. All Individual contributions from AA members are gratefully accepted.

All of these AA organizations depend on our support:

General Service Office
Post Office Box 2407
James A. Farley Station
New York, NY 10116–2407

Area 24
PO Box 1291
Des Moines, Iowa 50305

District 11 Treasurer
1646 Asbury Road, #7
Dubuque, IA 52001

Dubuque Area Intergroup
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Dubuque, IA 52001