

The Messenger

August 2025

Area 24–District 11 News

Issue #15



August in AA history is marked by the formal establishment of the Alcoholic Foundation in 1938. This event occurred on August 11th and laid the groundwork for AA's organizational structure. Additionally, August is a time when AA members might reflect on Step Eight, which focuses on making amends, and Tradition Eight, which emphasizes AA's non-professional nature.

Here's some more details on August's significance in AA history:

The Alcoholic Foundation:

The Alcoholic Foundation was established with the goal of providing an organizational framework for the growing AA movement. Dr. Bob became a trustee, and Bill Wilson served on the advisory committee.

Step Eight:

This step, "Made a list of all persons we had harmed and became willing to make amends to them all," can be a key focus in August, as members may be preparing for, or beginning, the process of making amends.

Tradition Eight:

Because this tradition emphasizes that AA should remain non-professional, it helps to protect the fellowship from outside influences and maintain its focus on peer support.

Other Notable Events:

August also saw other important events, such as the first AA meeting in Colorado (1939) and the publication of the "24 Hours a Day" book according to AA of South Jersey.

(read more of August AA history on pg. 5)

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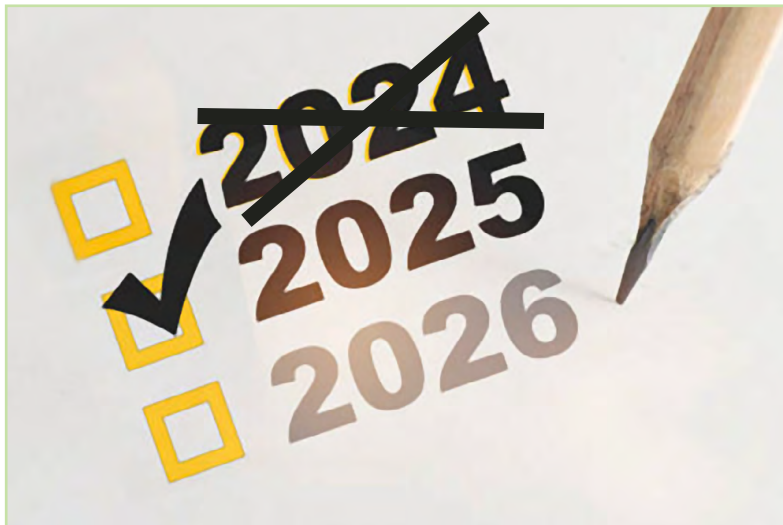
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August 2025	Area 24–District 11 News	Issue #15
	The 2025–2026 Area 24/District 11 Committee Chairs	



District Committee Member (DCM)	Keith K.	(815) 281–1591	area24district11dcm@gmail.com
Alternate DCM	Erin L.	(563) 543–0946	area24district11altdcm@gmail.com
Secretary	Erin R.	(563) 557–9110	area24district11secy@gmail.com
Treasurer	Cheryl P.	(614) 208–7477	area24district11treasurer@gmail.com
Archives	Rod M.	(563) 564–7341	area24district11archives@gmail.com
Grapevine	Travis	(563) 258–2668	area24district11grapevine@gmail.com
Corrections	Alicia M.	(563) 580–4979	area24district11corrections@gmail.com
Treatment & Accessibilities	Carol K.	(563) 580–7377	area24district11treatmentchair@gmail.com
Newsletter	Thom E.	(815) 823–4655	area24district11newsletter@gmail.com
Cooperation w/ Professional Community (CPC)	Sue G.	(563) 845–9427	area24district11cpc@gmail.com
Public Information (PI)	Shannon P.	(815) 858–4765	area24district11pi@gmail.com
Activities	Mark R.	(563) 543–3218	area24district11activities@gmail.com
Fall Mini–Conference Chair	Chuck E.	(815) 281–9050	

District 11 GSR Meeting
10:30 am First Saturday
of each month:
1646 Asbury Rd (Lower Level)

Intergroup Business Meeting
10:30 am
Third Saturday of each month:
Dubuque Area Intergroup Office

Dubuque Area Intergroup
(563) 557–9196
1646 Asbury Road #7
Dubuque, IA 52001

[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)

August 2025	Area 24–District 11 News	Issue #15
	Minutes of the Committee Meeting, 8.2.2025	

District 11 Business Meeting Agenda Date: Saturday, August 2nd, 2025 Time: 10:30 am – 11:00 am
Location: Westside Clubhouse, 1646 Asbury Road, Dubuque, IA

Meeting Begins

- Call to Order – Welcome from DCM Keith K.
- Serenity Prayer
- Brief Introductions – First names & position and welcome visitors!!

Administrative Items

- Roll Call Committee Chairs: reports below
- Approval of July Meeting Minutes – Erin R. read July's meeting mins. Motion / Second / Vote
- Treasurer's Report – Postponed to next month's meeting. Rod Motion, Carol, 2nd, All Passed

District Chair Reports

- Newsletter: Thom E. (Present). The August issue has begun, and we are featuring the history of the Manchester AA Group(s). Information will be given from GSR of Saturday night AA group. Thank you Brett for your service, support, help and information!
- Public Information: Shannon P: "I purchased 12 Big Books at the Spring Conference to distribute to the libraries in District 11. At the Spring Conference, I connected with area 24 PI Chair who invited all of us to be a part of his committee. They meet monthly, on Zoom, the 2nd Saturday of the month. Please see me for more information if you are interested! Thank you to the district for sending me to the Spring AA Conference in Clear Lake, IA! It really gave me a chance to understand the role of PI and how to carry the message to those who need it.
Yours in Service, Shannon P. (815) 858-4765
- Archives | Rod M. (present) – no report
- Corrections | Alicia M. (present) – Women's literature
- Grapevine | Travis (absent) no report
- Treasurer Cheryl P. (absent, no report)
- Cooperation with the Professional Community (CPC) Sue G. (absent, no report)
- Treatment & Accessibilities | Carol K. (absent) –ASAC is going strong. Speakers Monday and Thursdays (1st/3rd week of month). Carol K. (Treatment): "Working on getting service people to sign up for bridge

the gap, at this time Mercy Hospital Turning Point is under way getting new staffing. Mark is doing a great job with this, keeping up with people and time. Glad he stepped into service and he came our way. So at this time we are needing help with ASAC, pass your name and information on to Mark or I. Mark will have all the information for you after you get on the list. Recently, I heard that Hillcrest Family Services program at Molitore House, (this was the program for young people with alcohol and substance abuse addictions) has closed at Hillcrest Family Services. Sending prayers that it turns around and that a new program will take its place. At this time I'll finish up the call list at Intergroup and up the dating call list for programs on the treatment chair. I will truly miss Brad H. We were working on this together. He left me a great foundation to build on. Love and service, Carol K. Treatment Chair & Accessibilities 563 580 73877
Area24district11treatmentchair@gmail.com"

- Activities | Marc R. (present) – Marc reported on
- Alternate DCM | (present) Erin L. No report.
- DCM Report | (present) Keith K.; Since our last meeting, I have been continuing outreach to our groups and trusted servants, helping connect resources from the Area and GSO to our local members. My focus remains on fostering communication and encouraging participation in service opportunities at all levels.
–Area 24's next business meeting will be : August 10 @ 9:00 am – 5:00 pm – August Service Weekend, MACC 709 S Center St, Marshalltown, IA. – September has West Central Regional Forum – October our Area 24 Conference. – See all events here:
<https://www.aa-iowa.org/events/>

GSR Group Updates

- GSR Carol K. – 12x12 Sunday night group: Sunday night open meeting at 7:00 pm at Methodist Church. We also are hybrid; find the numbers on dubuqueaa.org. We have about 10 to more people in person and 4 to 7 on Zoom. We read from the 12 and 12 last Sunday of the month we do the traditional step of the month.
- GSR Carol – Vision for Hope: Friday night at 7:00 pm at the St. Peters Lutheran Church. We have about 20 or more people and we read out of the daily reflection book. It's a great group of people with many different years of sobriety sharing all their strength, hope and love. Yours in service, Carol K., GSR

August 2025	Area 24–District 11 News	Issue #15
	8.2.25 Meeting Minutes (cont.)	

- GSR Carol – Sober Sisters: We meet at intergroup at noon on Tuesday's open meeting and we read stories from the big book and share them. There are about 10 in-person and 3 to 4 on Zoom. Yes, we are hybrid and numbers are on dubuqueaa.org. Carol K., Treasurer
- GSR Mary C. –Monday (morning) 9 am Family Afterwards Big Book Group Located at 1220 Rush Street. Sign on the door for guidance. They read from the Big Book. Small, intimate group (6–8 people). Monday @ 9 am. We are an open meeting and children are welcomed. We read from the Big Book; we're currently at Working With Others. There are usually 7 there and three attending by call in. Great sharing and coffee is always on. Yours in service.
- GSR Randy T. – Wednesday (evening) 7 pm Jaywalkers. Located on the Hillcrest campus Hillcrest, in the basement of the chapel (on Willbock St.) Study the Big Book, once a month tradition 1st Wed of the month. 12–14 average attendance.
- GSR Gabe (new GSR! Thank you for your service Gabe!)– Union Step Group Sunday 6 pm. Go through 12 Steps. Consistent members. Newcomers welcome!
- GSR Brett – Saturday Night Manchester 6 pm meeting – audio meetings. History of Manchester meetings in next month's newsletter.
- Alternate GSR Erin L. – 164 Page Group Saturday (morning) 9 am. Attendance has been increasing lately, standing room only. The steering committee met last Sunday. Talked about getting a TV for Zoom access and possibilities.
- GSR Travis – Tuesday Night Happy Hour 6 pm at Westside is going strong. We're currently reading the 12 Steps from Twelve Steps and Twelve Traditions, and attendance has been consistently high. We've also welcomed a few newcomers over the past month, which has been really encouraging.
- GSR Rod, Galena Monday 10 am, Wednesday Noon Big Book Meeting, Thursday 7 pm Big Book Meeting (has changed format to As Bill Sees It reading). Friday Zoom meeting, 586 106 0770, psswr – kiss.
- GSR Chad M.– Monday (evening) 6 pm. Open Stone Room Meeting New Albany Abbey. Daily Reflection reading and discussion. Father attends and reads Al–Anon and AA readings.
- GSR Julie K.– Closed Attitude Adjustment Group Saturday morning at 9:30 am Galena, Lots of visitors Business meeting next weekend, after AA meeting.
- GSR Terry C. – 9 am Day at A Time Tuesday (go through

AA steps) and Thursday (go through traditions).

- GSR Steve (alternative) 8 pm, signs for locations to help those needed. **Bread of Life Church** Wednesday. Moving Monday Men's meeting, Al–Anon.

Liaison Reports

- Intergroup Liaison – Terry, Annual Labor Day Picnic Murphy Park September 1st. 11 am coffee, 12 pm lunch served. No one turned away. Free this year, Donations accepted. Literature ordered online and at Marshalltown conference. Please let Terry know if you need medallions or literature, for your group. Meeting app updated. Intergroup business meetings are (Hybrid) on the 3rd Saturday of the month, please come and attend 10:30 am!
- Al–Anon Liaison – Geri – District Al–Anon meetings are on the 3rd Mondays of the month. All are welcome. Mini Conference speaker Beth K from Waterloo for Fall Conference.

Ad–Hoc Committee Reports

- Mini Conference Committee | Chuck E. (present)
*Next meeting, all are welcome to attend! August 19th 6:30 pm **Bread of Life** Banquet Room

Old Business

- Corrections Committee: Pink Can funds and literature process
- Update on jails and literature distribution
- Follow-up on mileage reimbursement SOP
- Literature for jail in Dubuque –Alicia will get with Terry (Intergroup) and order paperback books to get sent to jail. Contact inside the jail to be aware of the literature books should be attention to WOMEN! Pink Can Fund? Still have questions to who, where, what etc... Women are still in needs of books for box in the jail, pamphlet and equipment. Question: "Can Daily Reflections, 24 Hours a Day be shipped in for the Men's Meetings?" Dave H. is the man to speak to.
- Motion to close Old Business. 2nd. Vote. Passed

New Business

- Marc R District 11 Activities Chair : November 1st AA Halloween/Fall Chili Party Saturday Night– Location to think about the Holy Trinity Catholic Church. Any ideas will be taken
- All other topics will be tabled and talked about/discussed

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8.2.25 Meeting Minutes (cont.) & August AA History

next month Sept's business meeting

- Proposal: Accept emailed reports as standard for future meetings
- Budget considerations and carry-over discussions for next month
*other reimbursements from Carol (½), Cheryl (½), Keith (more next month)
- 11:00, Motion to close business meeting. 2nd. Vote. Passed. Lunch to follow – thank you Erin L. for making lunch and taking the time for your service.

11:00–11:30 Lunch

11:30–1:00 Delegate Dan P., our Area 24 Delegate, updated those in attendance on several important items:

- The General Service Conference continues to review and discuss agenda items around literature updates, digital presence, and ongoing efforts to make AA accessible to all.
- The recent area assembly brought forward strong sharing on unity, inclusion, and the importance of service.
- GSO is emphasizing the continued need for group and district reports to maintain an accurate understanding of AA's work across the fellowship.

*If your group has any concerns, service announcements, or upcoming events, please let me know so I can help carry that information forward. Let's keep working together to ensure the hand of AA is always there for the next person who reaches out.

A special thanks to GSR's, Thank you for your continued monitoring at dubuqueaa.org and helping promote our fellowship by announcing our events in your meetings:

Announcements:

- Fellowship breakfasts
- Labor Day Picnic
- Fall Mini Conference
- District 11 GSR Business Meetings – 1st Saturdays at 10:30 am (Westside)
- Intergroup Business Meetings – 3rd Saturdays at 10:30 am (Intergroup Office)
- Area 24 Service Weekend – August 10
- ICYPAA Conference – August 28–31 (Hilton, Minneapolis)
- Area 24 Fall Conference – October 17–19
- District Fall Mini Conference – November 8

(see pg.s 8 and 9 for notices on many of these events)

(Due to scheduling difficulties the Treasurer's report for July has been postponed and will be presented along with the subsequent August report. Thank you for your forbearance in this matter.)

August AA History *

Aug 1934	Rowland H. and Cebra persuade court to parole Ebby T. to them.	Aug 9, 1943	L.A. groups announce 1000 members in 11 groups.
Aug 1939	Dr. Bob wrote & may have signed article for Faith magazine.	Aug 11, 1938	Akron & NY members begin writing stories for the Big Book.
Aug 1941	1st meeting in Orange County, California held in Anaheim, Calif.	Aug 15, 1890	E. M. Jellinek is born, author of "The Disease Concept of Alcoholism" and the "Jellinek Curve".
Aug, 1981	Sales of the Big Book passes 3,000,000	Aug 16, 1939	Dr. Bob and Sister Ignatia admit 1st alcoholic to St. Thomas Hospital, Akron, Ohio.
Aug 1981	Distribution of Alcoholics Anonymous passes 3 million.	Aug 18, 1988	1st Canadian National AA Convention in Halifax, Nova Scotia, Ca.
Aug 1, 1943	Washington Times–Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.	Aug 19, 1941	1st AA Meeting in Colorado is held in Denver.
Aug 3, 1954	Brinkley S. gets sober at Towns Hospital after 50th detox.	Aug 25, 1943	AA group donates Big Book to public library in Quincy, Mass.
Aug 8, 1879	Dr. Bob is born in St. Johnsbury, Vt.	Aug 26, 1941	Bill writes Dr. Bob to tell him Works Publishing has been incorporated
		Aug 28, 1954	"24 Hours a Day" is published by Richmond W.

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August 2025	Area 24–District 11 News	Issue #15
	August DCM report to Area 24 & AA preamble	

Hi Beth, please find my Spring 2025 District 11 report below:

Dear Area 24 Representatives, our Delegate Dan, esteemed DCMs, and fellow trudgers on the road of happy destiny, My name is Keith Kouzmanoff, and I am an alcoholic. I serve as DCM for District 11, faithfully tucked in the top-right corner of our beautiful state of Iowa, where the hills roll like hymns and the mighty Mississippi keeps us humble, grounded, and always flowing forward. Also known as **“the beating heart” of the middle of nowhere.**

We may be small in geography, but our spirit stretches far and wide. District 11 continues to carry the message with commitment and creativity, not only within Alcoholics Anonymous, but in joyful fellowship with our brothers and sisters in other 12-step programs. **After all, when we say love and service, we mean it.**

This month, we’re taking recovery out into God’s creation with our Canoe Trip and proceeding it up with a celebration at Keyway Lodge. Fellowship, freedom, and maybe a little sunscreen. Life jackets not required, but the rope of spirituality might. And, by God’s grace, we invite you to join us **November 9th for our annual Mini Conference. Flyers are floating around today, grab one, bring a friend, or a newcomer (or better yet, both).**

We currently support over 200 meetings each month, continually updating meeting guides, welcoming new groups, and doing our best to answer the spiritual call: “How can we better carry this message?” We remain ever open to inspiration, guidance, and gentle nudges in the right direction.

Alcoholics Anonymous

is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Now if I may, with a full heart, humbly thank the District 11 family who keep the spiritual engine running:

To Cheryl, our treasurer, who keeps both the **books and our spirits in balance**, thank you.

To Shannon, tirelessly tending to PI , making sure the **still-suffering alcoholic knows we’re here**, thank you.

To Jeff, who **brings the past alive** as a dedicated steward of Area 24 Archives, we are ever so grateful, thank you.

To Patti and Jeff my combo pack, our meetings get **published through the world** with your dedication to intergroup, thank you.

Carol, who **brings the word service to treatment and accessibilities**, your guiding light helps people like me follow, thank you.

To Terry, our past delegate, thank you for reminding us that **experience, strength, and hope don’t come with expiration dates**, thank you.

Each of you embodies service in action, and I’m honored to walk beside you. With humility, joy, and gratitude for the fellowship, and **each one of you here today**, that continues to save my life, one day at a time, In love and service,

Keith Kouzmanoff

District 11 DCM
815.281.1591
area24district11DCM@gmail.com

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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*“I grew up in a small, rural town where very little was expected of us—and I delivered.
I could have used a sponsor in kindergarten.”*

– Anonymous

A Brief History of AA in Manchester

In commemoration of nearly 70 years of A.A. in Manchester, Iowa

Manchester is a city in Delaware Township and the county seat of Delaware County, Iowa. The population was 5,065 at the time of the 2020 census but is currently 5,239 (2023) and growing. Manchester is located at the intersection of U.S. Route 20 and State Highway 13. It is the largest community in Delaware County.

Early Manchester and Dyersville A.A. history District 11 (formerly District 5) compiled January 2018

circa late 1960s	Dyersville City Jail
circa 1970	Manchester---Mondays 8 pm County Jail Building
	Manchester---Tuesdays 8 pm Our Savior Lutheran Church
circa 1974	Manchester---Tuesdays 8:30 pm First Lutheran Church (GSR – Art A.)

According to the Thursday December 11, 1947 edition of the Manchester Press newspaper, about 200 people attended Manchester's first A.A. meeting. It was held at the Amvets Hall. Several informal talks with various speakers, including refreshments, were at that meeting which took place on Monday December 8, 1947.

The Thursday December 8, 1949 edition of the Manchester Press included an article: "Manchester Group is host to 500 at the gymnasium." The special A.A. gathering took place on Monday December 5, 1949 to observe Manchester's A.A. anniversary. The overcrowded Manchester high school gymnasium that night featured a lawyer from Lancaster, Wisconsin, as the A.A. speaker.



Manchester High School

By 1955, the Manchester A.A. group met at 406 E. Main St., Monday nights at 8 pm. It was held at a private residence adjacent to a corner gas station. The Manchester city fire department was later built on this site. The A.A. group met on Monday nights at 8 pm.

Manchester group met at the United Methodist Church on East Butler St. In January 1988 the Tuesday night 8 pm group had since relocated to the Presbyterian Church at 312 East Butler St. It was in 1982 that the Saturday 8 pm group was still holding their meetings at the United Methodist Church, also on East Butler St. By January 1988, Manchester had a Friday noon group at the Lutheran Church at 313 E. Fayette. Also, a



First Presbyterian Church

fourth Manchester group met at the Golden Age Center at 309 Butler St. on Thursday nights at 8 pm, in January 1989.



Golder Age Center

The 1991–92 Area 24 Directory lists Manchester has having two groups: the Manchester Group (Ray M., GSR) and the Manchester Saturday Night Group (Don M., GSR). A short-lived group called "We Are Not Saints" met in the courthouse basement (208 E. Main St.) in December 1997. In 2012 the Manchester Group was still meeting on Tuesday nights (7 pm) at the Presbyterian Church, including the Saturday night group at the United Methodist Church at 413 E. Butler.



First Evangelical Lutheran Church

Manchester AA at present

As with AA groups nationwide, the Covid epidemic had it's effect on meetings in the Manchester/Dyersville area. Maintaining meetings and locations was a challenge, all around, and the groups varied in size and membership. Thankfully, things have settled down and attained a firmer stance.



Courthouse

Current Manchester meetings and locations

The Saturday Night Group remains at the Methodist Church (Brett P, GSR) and continues to be an open meeting. Visitors, as far away as California and New York City, continue to be a regular occurrence at the weekend meeting.



Manchester Methodist Church

The Tuesday group changed to an open meeting in the 2010's since Al–Anon was also meeting at the same location, and frequently the meetings combine.

In 2020 the Tuesday meeting (Pat D., GSR) moved to a barn on the south side of Manchester due to COVID closing the Presbyterian Church. The meeting was actually held upstairs with cattle downstairs, but today the cattle have moved and the AA's have stayed.

Tuesday Manchester Group
The Barn (upstairs)
1050 S. 3rd St.

Saturday Night Group
United Methodist Church,
413 E. Butler



The Barn

August 2025

Area 24–District 11 News

Issue #15

Coming Events and Activities of Interest in the Tri–State Area



Keyway Lodge is moving in August

From time and location
Grand View Methodist Church –
3342 John Wesley Dr- 8:30pm

To new location and time
2155 University Ave – 8:00 pm

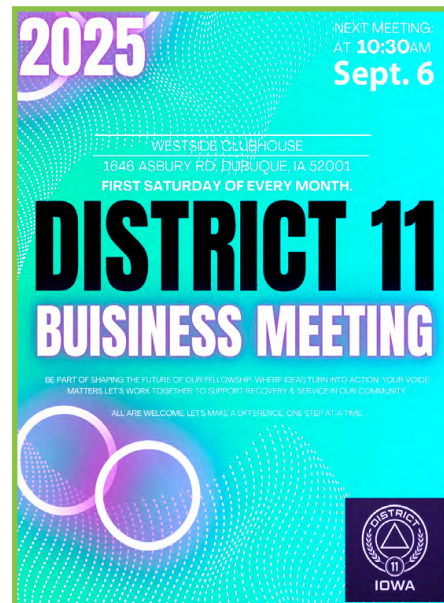


Please use Irving St (just past church) for entrance
Handicap Accessible – Lower level Parking –
Door will be marked –
For questions please call – 614-208-7477

Dubuque, August 6



Dubuque, September 1



Dubuque Westside , September 6

Dubuque Fellowship Club Breakfast

FIRST SUNDAY OF THE MONTH

BREAKFAST – 9:00 AM for \$9.00

ATTITUDE ADJUSTMENT SPEAKER MEETING – 9:30 AM

AA, AL-ANON, AND EVERYONE WELCOME!!

Speaker Lineup

Aug 3 – Nicole, Dubuque
Sept 7 – Tim M, Fort Atkinson, WI
More Speakers to come!

1166 Main Street, Lower Level

Elevator Available at Front Entrance

Dubuque Fellowship, September 7

2025 Area 24 Fall Conference
Hosted by District 23
October 17-19, 2025

Crossroads Hotel & Event Center
1518 3rd Avenue NW
Fort Dodge, IA 50501

Pass It On!

Friday, October 17
8:45pm-7:45pm Area 24 Chair Meeting with Officers and Chairs
8:00pm-9:30pm Sharing Sessions- DCM, GSR, and Area Officers
9:45pm-11:15pm Workshops- CPC, Grapevine, Literature, and Treatment

Saturday, October 18
7:15am-8:15am Early Bird Meeting
8:30am-11:15am Area Business Meeting Luncheon and Speakers
11:30am-1:30pm Scot P (Al-Anon) (Alateen Speaker TSA)
1:45pm-5:30pm Area Business Meeting Banquet and Speaker
6:30pm Tom H (AA)

Sunday, October 19
6:45am-7:45am Early Bird Meeting
9:00am-10:00am Al-Anon Hosted by Scot P, Associate Director of Brand Communication
9:15am-10:15am State Officers Share Ask It Basket
10:15am-11:15am Al-Anon Spiritual Speaker Mary T, Gilmore City
10:30am-11:30am AA Spiritual Speaker Kelly G, Fort Dodge

Pre-Registration Form – Area 24 2025 Fall Conference - Due by October 6, 2025
All Banquet and Lunch Meals - Due by October 6, 2025

Name: _____
Badge Name: _____
Address: _____
City, State: _____
Zip Code: _____ Phone: _____

CHECK BOX
Due by Oct. 6
☐ Spanish Interpreter
☐ ASL Interpreter

	Adults	Alateen	Pre-Registration Meal	Total
\$30 Pre-Registration	\$35 At Door			
\$10				
\$20 Lunch	\$25 Banquet			
		<input type="checkbox"/> Vegetarian		

Make Checks Payable to Area 24 Fall Conference and Mail to PO Box 86, Duncombe, IA 50532

Fort Dodge, October 17–19

IAUPAA IX
Match Calamity with Serenity
CEDAR RAPIDS, IA
October 24–26th, 2025

Best Western Plus Longbranch Hotel and Convention Center
90 Twixt Town Rd, Cedar Rapids, Iowa 52402

Name: _____
Email Address: _____
Phone Number: _____

☐ Willing to be of service at the conference?
How many Registrations are you purchasing today? ____

Payment type? _____

☐ AA
☐ Al-Anon/Alateen
☐ Scholarship


Hotel Link


Online registration

Cedar Rapids, October 24–26

Downloadable copies of these events are at DubuqueAA.org

**District 11/Area 24
2025 Fall Mini Conference**

SAVE THE DATE

Saturday, November 8th

"Power Greater than Ourselves"

Westminster Presbyterian Church
2155 University Ave., Dubuque

AA speaker,
Bee R.
Philadelphia, PA

Al-Anon speaker,
Beth K.
Waterloo, IA

Registration: \$3 – Dinner: \$15

Chuck E., Conf. Chair (815) 281-9050 or Keith K., DCM (815) 281-1591

Dubuque, November 8

**CAPITAL CITY²
CONFERENCE²**

NOVEMBER 14th & 15th

Stoney Creek Inn
5291 Stoney Creek Court, Johnston, IA
Phone: (515) 334-9000
Conference rates for rooms available!!!
limited quantity - book now!

FRIDAY Nov. 14th

7:30pm Joe C., Palm Coast, FL AA

SATURDAY Nov. 15th

9:00am Irene N., Richmond, CA AA

1:00pm Sherry G.S., Bloomington, MN AFG

3:00pm Harold L., St. Louis, MO AA

7:30pm Pat Y., Seal Beach, CA AA

Interested in having your home group host a
hospitality room
at Capital City Conference?
contact
capitalcityconference@gmail.com

check us out online -
capitalcityconference.org

Scan the QR Code to Register and Pay!

Pre-register by Oct. 12 - \$20
after Oct. 12th - \$25
or visit
capitalcityconference.org
To register by check or cash
Please see a committee member or contact
capitalcityconference@gmail.com

Des Moines, November 14–15

Program Events

Friday

6:00 PM Registration Opens

7:00 Kathy H. - Cincinnati, OH (AFG)

8:30 Cathy F. - Lexington, MO (AA)

Following FREE Pie and Ice Cream Social

Saturday

6:30 AM Morning Meditation

7:00 Early Bird Meeting (Open)

8:00 Registration Continues

9:00 Sarah T. - Rock Island, IL (AA)

10:30 Workshop: Unity & The 12 Traditions

"Moon Break"

2:00 PM TBD (AFG)

3:30 Workshop: Recovery & The 12 Steps

5:30 Banquet

7:00 Skit - Countdown - Speaker

Chris C. - Coshocton, OH (AA)

Following Big Book Trivia

Sunday

7:30 AM Morning Meditation

8:00 Early Bird Meeting (Open)

10:00 Scott S. - Stuart, FL (AA)

For additional information please
call Jim E. @ (563) 940-1714

Registration Information

Registration \$30

Registration and Banquet* \$40

Banquet Only* \$35

*The registration \$30/40/35 for Banquet Dinner
Cash and check only, if registering at the door.

Pre-register online at our website:
www.cedarriverroundup.info

All who attend must register.
Parents are responsible for their children.

Saturday Evening Banquet Dinner

Pork Loin w/ Chicken Parmesan
or Vegetarian Meal (Choice of 2)
served with:
green salad, vegetable, potatoes, and dessert.
Coffee, tea, and juice are included.

*Vegetarian and gluten-free options welcome.
Please specify during pre-registration.
Pre-registration is required for Banquet Dinner.

*See back for mail-in pre-registration forms,
important hotel information, and map.

**32nd Annual
CEDAR RIVER
ROUNDUP**

Radisson Hotel
Cedar Rapids, IA

**February
20-22
2026**

Visit www.cedarriverroundup.info
Event flyer and online pre-registration are available on the website

Cedar Rapids, February 20–22, 2026

WEST CENTRAL REGIONAL ALCOHOLIC ANONYMOUS SERVICE
CONFERENCE

WCRAASC 2026

SAVE THE DATE

February 27, 28, & March 1, 2026

HOSTED BY AREA 24
DOUBLETREE DOWNTOWN CEDAR RAPIDS, IA

Look for PROGRAM UPDATES/REGISTRATION INFORMATION and
VOLUNTEER OPPORTUNITIES in FALL 2025 at
WWW.WESTCENTRALREGION.ORG
and at ALL PARTICIPATING AREA and DISTRICT EVENTS and WEBSITES

Contact: Troy F. (319)360-7663
Email: foxemoto31@gmail.com

Cedar Rapids, Feb. 27–Mar. 1, 2026

SAVE THE DATE

**AREA 24 SPRING
CONFERENCE 2026**

JUNE 12-14, 2026

**"BRIGHT SPOT
OF OUR LIVES"**

AA AT IVBCS
3702 S. CENTER ST.,
MARSHALLTOWN

AL-ANON AT
MARSHALLTOWN ARTS
AND CIVIC CENTER
709 S. CENTER ST.,
MARSHALLTOWN

**SPEAKERS TO
BE ANNOUNCED**

Marshalltown, June 12–14, 2026

August 2025	Area 24–District 11 News	Issue #15
	Thoughts of Interest in District 11/Area 24	

From the Newsletter Chair:

We wish to acknowledge the contributions of the Dubuque Area Intergroup and its website, DubuqueAA.org, which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports usually are lightly edited for clarity and brevity. Original, full Chair reports are recorded and emailed within the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly GSR Business Meeting minutes in full, please email requests to: area24district11altdcm@gmail.com

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require light editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, **The Messenger**, is a publication of Area 24 /District 11 of Alcoholics Anonymous. The editors and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editors or authors only. All content quoted from AA Literature is offered in the spirit of recovery and every attempt is made to attribute the text accurately.

District 11 serves the AA members and supports institutions of the following communities:

– Iowa –

Bellevue • Cascade • Delhi • Dubuque
Dyersville • Edgewood • Epworth • Hopkinton
Manchester • Maquoketa • Peosta

– Illinois –

Elizabeth • Galena

Our 7th Tradition:

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.



Self-Support:
Where Money and
Spirituality Mix

Where Your
Contributions
Are Applied

Your contributions support the operations of District 11 and the Dubuque Area Intergroup. All Individual contributions from AA members are gratefully accepted.

From the District 11 Treasurer

This is a gentle reminder to groups to please mail your 7th tradition contributions to the work of District 11 to us at the Dubuque Area Intergroup address:

District 11
1646 Asbury Rd #7
Dubuque, IA 52001

We are no longer paying for a P.O. Box. Those are currently being forwarded to Intergroup, but that will end in a few months.

Thank you!

In service, Cheryl P., District 11 Treasurer

All of these AA organizations depend on our support:

General Service Office
Post Office Box 2407
James A. Farley Station
New York, NY 10116–2407

Area 24
PO Box 1291
Des Moines, Iowa 50305

District 11 Treasurer
1646 Asbury Road, #7
Dubuque, IA 52001

Dubuque Area Intergroup
1646 Asbury Road #7
Dubuque, IA 52001