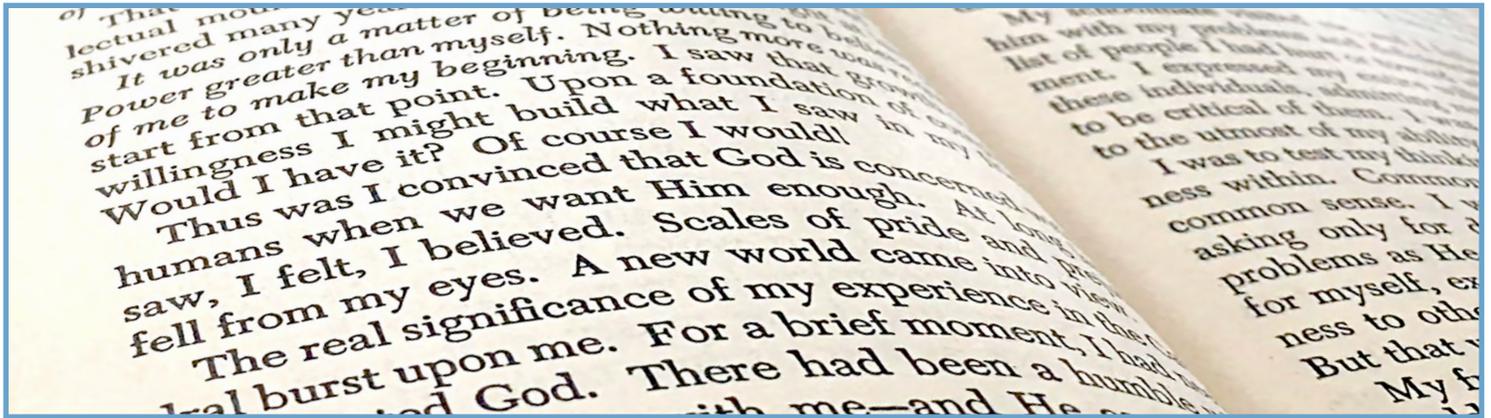


The Messenger

March 2026

Area 24–District 11 News

Issue #22



Reflecting on a Desire to Decide

Entering the third month of the year, we tend to think about the warming season ahead. Some gardening, perhaps, a bit of warm weather hiking, some sun and fun? The promise of spring is also a reminder that the gifts we've been given are usually more plentiful than we realize, including the generous future made available to us through the 12 Steps. So a personal reflection on Step 3, and the Third Tradition seems appropriate.

The Tradition guarantees us a seat at the tables based solely on our desire to stop drinking. Simple enough, it's why we came through the doors, wasn't it? But what else was AA offering? Was this really the end of our alcoholic nightmare? Well of course that's where the meetings and Steps came in.

And the first Step could not have been clearer: admit our lack of power over alcohol. Absolutely, and unmanageable? Mostly, sure. (We would come to learn just how unmanageable, of course.) Easy enough sailing, so far. Step 2: Came to believe? We were restoration projects, no doubt about that. But we may have been caught up short on that one. Many of us had a confusing relationship with God. These people in the rooms, though, they were surely a power greater than we were. While they may have once been just as crazy, at least now they knew how to stop drinking. Yes, restore us to sanity, please.

Then came the 3rd Step. Maybe a bridge too far. Probably not so sure that turning our will and life over was exactly what we had in mind. What came of that, for many of us, was to just decide. Not necessarily who, perhaps, or what, but HOW. To turn our shambles of a life over, with an Honest, Open and Willing view, to the care of whatever understanding of God we could manage, well-defined or not? Over time and good sponsorship, we could re-arrange our thinking. But it was clear that an understanding had to be reached. In any case, it was likely the cause of our amazement at what we were experiencing. We were subject to an evolving appreciation of life, in the meetings, on the street, in our families, even in our own mirror. How does Bill put it in his story? "The scales of pride and prejudice fell from my eyes. A new world came into view." This was just as he described it, "a design for living that works in rough goings". And we were likely still in the throes of rough goings, so what did we have to lose? That's basically what it came down to, wasn't it?

There was so much more to ponder in the following Steps, along with a greater appreciation for the wisdom of the remaining Traditions. We continue to try to stay within the bounds of whatever the task is at hand and not get side-tracked. The guidance is clear: follow the light provided and trudge the road this happy destiny lays before us.

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- District Business Information
- Intergroup Information
- Newcomer Information Links

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- District Service Area
- 7th Tradition Information
- Where 7th Tradition Contributions may be made

March 2026	Area 24–District 11 News	Issue #22
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The 2026 Area 24/District 11 Committee Chairs



District Committee Member (DCM)	Keith K.	(815) 281–1591	area24district11dcm@gmail.com
Alternate DCM	Rod M.	(563) 564–7341	area24district11altdcm@gmail.com
Secretary	Erin R.	(563) 258–2668	area24district11secy@gmail.com
Treasurer	Cheryl P.	(614) 208–7477	area24district11treasurer@gmail.com
Archives	Rod M.	(563) 564–7341	area24district11archives@gmail.com
Grapevine	Travis	(563) 258–2668	area24district11grapevine@gmail.com
Corrections	Alicia M.	(563) 580–4979	area24district11corrections@gmail.com
Treatment & Accessibilities	Carol K.	(563) 580–7377	area24district11treatmentchair@gmail.com
Newsletter	Thom E.	(815) 823–4655	area24district11newsletter@gmail.com
Cooperation w/ Professional Community (CPC)	Sue G.	(563) 845–9427	area24district11cpc@gmail.com
Public Information (PI)	Shannon P.	(815) 858–4765	area24district11pi@gmail.com
Activities	Mark R.	(563) 543–3218	area24district11activities@gmail.com
Fall Mini–Conference Chair	Stacy B.	(563) 580-8138	stacyb0108@gmail.com

District 11 GSR Meeting
10:30 am First Saturday
of each month: 1646 Asbury Rd
(Lower Level)

Intergroup Business Meeting
10:30 am Third Saturday
of each month: Dubuque Area
Intergroup Office

Dubuque Area Intergroup
(563) 557–9196
1646 Asbury Road #7
Dubuque, IA 52001

[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)

March 2026	Area 24–District 11 News	Issue #22
	3.7.26 Committee Meeting Minutes & Treasury Report	

DISTRICT 11 BUSINESS MEETING AGENDA

Date: Sat, March 7, 2026

Time: 10:30 – 11:30 am, Location: Westside Clubhouse, 1646 Asbury Road, Dubuque, IA

Opening - 10:30 am / Call to Order & Welcome
- Rod M., Alt DCM

Serenity Prayer – Introductions :

Welcome to our visitors! Thank you for coming and your service!

ADMINISTRATIVE ITEMS

- **Roll Call** - GSRs and Committee Chairs
- **Approval of February Minutes** - Secretary Erin R. read : Motion / Second / Vote All in Favor
- **Treasurer’s Report** - went over: Motion / Second / Vote All in Favor

GSR REPORTS *11 total GSR’s in attendance:

thank you all for your service!! *underline means they were present reporting on their group

- ***164 Page Group** (Sat 9 am Westside) Erin L. Alt GSR
- ***8 pm Monday Fellowship** Eldon GSR: 24 hour reading
- ***Keyway Lodge** Steve G. Alt-GSR: Wed 8 pm Bread of Life Church. Approx 20 people attend; also available via zoom. Birthday Celebration June, planning is starting, more information to come - Last Wednesday of the month
- ***7 pm Manchester** Bret P. GSR: at “the Barn” Tues 8-12 people. Sat night meeting in Manchester is no longer
- * **Tuesday Happy Hour** Travis GSR: 6 pm Westside. Going strong. Read 12 steps from 12X12. 15-20 people on average. Westside keys/locks have been changed
- ***Jaywalkers** Randy T. GSR: Wed 7 pm Hillcrest campus Open Big Book study, 12X12 1st Mon of the month, all are welcome. 14-20 attend on a weekly basis (including 3 former DCMs and past delegates). The Jaywalkers participated in the \$12.12 on 12/12 donation challenge from Area 24

Open Stone Room Meeting Chad GSR: Mon 6 pm, New Melleray Abbey - please join Speaker/cake night (every last Wednesday of the month) birthday party (first Sunday in June). More details to come.

- ***Sober Sisters** Carol GSR: Tue 12 pm
- ***Women’s Big Book** Wed 5:15 pm
- ***Family Afterwards Big Book** Mary CE GSR: (Mon 9 am); currently reading the story “Our Southern Friend”; children are welcome. under parish office, St. Columkille.

- ***Vision for Hope** Carol GSR: (alt) Fri 7 pm now meet at St. Peter’s Lutheran Church; 10-12 people attend. Closed meeting, 32 Asbury Rd., Read out of Daily Reflection - up to 20 people on average.
- ***Unity Step Group** Gabe GSR: (Sun 6:00 pm) at Westside; read from red folders on back shelf; 15 people attend on average
- ***Galena Groups:** Rod M. GSR: Thu 7 pm; Wed 12 pm; Mon 10 am; Fri 7 pm *ZOOM Only* all meetings are Zoom. Church above the Firehouse
- ***Attitude Adjustment, Sat Fellowship Club;** Kevin GSR: 9 am: read the 3rd, 7th, 11th step prayers and 24-Hour reading.
- ***24-hour Group** Albert GSR: Mon at 8 pm at DFC; read from 24-hour book
- ***Cascade Groups** Tom M. GSR: open Fri meeting (last Fri of the month) ~14 regular attending. Donations were made to 4 entities, but checks not yet cleared for District 11 and Area 24.
- Men’s Al-Anon Meeting** Steve G. mentioned it needs support – Mon night at 7:30 at Intergroup
- Gift of Desperation** Sat Noon (trying to get positions and have this as a registered group) -
- There is a Solution** Tues Noon open meeting.
- Living Sober Group** Fri 9 am at Westside

AL-ANON REPORT - no representation, no report

INTERGROUP REPORT: Randy T.:

1. Gathering of Eagles, March 21st. 4 pm Doors open, Andy C A speaker. Wendy T. Al-Anon speaker. If you would like to help with set up please come Fri March 20th at 4pm. Raffle Prizes drop at Keyway Lodge meeting (Bread of Life church)
2. Murphy Park will host both Memorial Day and 4th of July Picnic this year!

AREA 24 ARCHIVE: Jeff M.

1. Shared on the recent Area 24 West Central Region weekend in Cedar Rapids. 350 people in Cedar Rapids were in attendance! Marshalltown will hold the Area 24 next Business meeting (April).
2. District 11 archives will be setting up collection at Gathering of Eagles

COMMITTEE CHAIR REPORTS

DCM: *Hi friends. Keith here. I’m sorry I can’t be with you today due to illness, but I’m grateful Rod was willing to step in and chair the meeting. Thank you all for continuing to show up and serve your groups and our district. Service is one of the ways we stay connected to*

March 2026	Area 24–District 11 News	Issue #22
	3.7.26 Committee Meeting Minutes	

AA and to each other, and District 11 is strong because of the willingness in this room. Please give Stacy, Steve, and Shirley your support as they begin planning this year's Mini-Conference. I appreciate all of you and look forward to seeing everyone next month. In love and service, Keith K., District 11 DCM.

ALT. DCM: *My name is Rod M. and I am an alcoholic, serving as Alternate District Committee Member for District 11. Keith is unable to be with us today due to illness and asked that I chair today's meeting. Thank you all for being here and for the service you provide in your home groups. Our district functions best when communication remains simple, respectful, and focused on our primary purpose. This meeting helps keep our groups connected and informed. If you are new to service or visiting today, we are glad you are here. Please feel free to ask questions or stay after the meeting if you would like to learn more about service. Let's begin our District 11 business meeting.*

Corrections: Alicia now got books for Maquoketa jail. Still working on days and times for meetings.

Grapevine: Travis: One of the biggest highlights is a new podcast called the Grapevine Weekly Open AA Meeting. It comes from a weekly virtual meeting held Wednesdays at noon Eastern, and new podcast episodes are released every Fri. This month's issue of Grapevine features AA & the Family, and they are looking for member submissions on upcoming topics like dealing with loneliness, remote communities, sober holidays, and mental health in sobriety. They are also continuing to ask for stories related to the Steps, Traditions, and even AA humor. La Viña is also featured, with the current issue focusing on young people, and they are celebrating La Viña's 30th anniversary with a call for member reflections and submissions. Grapevine is continuing to promote subscriptions in print, online, and in the app, along with the Carry the Message program so subscriptions can be provided to alcoholics in need. *Looking at doing a subscription for Gathering of the Eagles as a raffle prize!

Newsletter: Thom E.; Looking for any on-going meetings that would like to get some history on how things were, and how things are going. If you are interested, please let Thom know! Also, the question came up as to is there a way to possibly print the newsletter. Decisions regarding printing should be had by the individual groups, rather than the District.

Treatment - Carol, is still working with:

1. Mercy, for the treatment center Turning Point. Hoping to get back into Bridging with the Gap and into meetings, more information to come.
2. ASAC would like to start up a 12 Step meeting Tues nights at 6pm for women that have sobriety. Please contact Carol if interested and would like to help start. We would like 2 women every Tues evening to help get things going for those women that attend ASAC and would like to start the 12 steps to their recovery. Cord is helping with morning groups at ASAC-thank you for your service.

Activities: Marc R., (not in attendance), Working on events and activities to get everyone together!

PI: - (not in attendance)

CPC: Sue G, currently working with PI to get bulletin boards for advertiser and get into facilities
*Meeting SCHEDULES - Any updates that need to be made on the current meeting schedule will be sent to GSO (AA.org) and Area 24 newsletter. *If you have any changes, please email: area24district11altdcm@gmail.com
DubuqueAA.org. The Messenger, our newsletter is on line there, too. Great resource for any events and news and everything you need to know about AA. CHECK IT OUT!!

UNFINISHED BUSINESS

Mini Conference Planning update: please keep asking if there is anyone interested in helping and being on a Committee, 1st Sat Nov. 7th , Contact Steve G., Shirley G. and /or Stacy B.(or any district chair member)!

NEW BUSINESS

1. Alcia would like a discussion on what the district would pay or could pay on Books (literature) for the jail. Order books for the jail, but the inmates seem to take them and they never return them. Proposal together for literature to be brought into the jail. This would be an ongoing purchase to bring AA books into jail. Suggestion for a box of AA literature to keep full, Motion to purchase AA literature for the jail. Motion withdrawn for more information. Books for the women when they go into the jail, if a book is requested they give them their copy. This is different from the ones sent in from GSO for the jail library. Paperback books are needed. *Motion to table discussion next month. All in favor

2. RABRAI - Discussion about a meeting in Dyersville
 Fri July 3: First come, first serve pavilion Sat in
 Dubuque, more discussions to come when times of
 arrival are set and volunteers are made!

UPCOMING AA / AL-ANON EVENTS
(add to your calendar)

Gathering of the Eagles - March 21, 2026
 Bread of Life Church, Dubuque IA

Mini Conference Wisconsin Area 75 / District 9
 Cuba City, WI April 18, 2026

Area Spring Conference, June 12-14, 2026
 Marshalltown, IA

Area24 /District 11 Fall Mini-Conference -Nov. 7, 2026
 Bread of Life Church, Dubuque, IA

On-Going Meetings/Events

- District 11 GSR Meetings : 1st Sat 10:30 am
(Westside)
- Intergroup Meetings : 3rd Sat 10:30 am
(Intergroup Office)
- Speaker Breakfasts : 1st & 3rd Sun 9 am
(Fellowship Club)

Motion to Adjourn / Second / Vote, All in favor

Close with the Lord's Prayer

Dubuque AA District 11			
Treasurer's Report for the Month of February 2026			
STARTING BALANCE			4,907.84
INCOME:			
13-Feb	New Year's Eve	\$197.24	
13-Feb	Pass Basket (Jan)	\$20.00	
13-Feb	Galena Groups	\$250.00	
13-Feb	Galena Attitude	\$200.00	
13-Feb	Cascade Group	\$50.00	
13-Feb	Sun Night 12/12	\$125.00	
28-Feb	February Interest	\$0.28	
TOTAL CONTRIBUTIONS:		\$842.52	5,750.36
EXPENSES:			
13-Feb	New Year's Eve	\$26.24	
	supplies		
13-Feb	Dbq Fellowship rental	\$100.00	
	for NY Eve Party		
TOTAL EXPENSES:		\$126.24	
ENDING BALANCE 2/28/2026			5,624.12
Prudent Reserves			\$1,002.50

GOOD ORDERLY DIRECTION – March 11

It is when we try to make our will conform with God's that we begin to use it rightly. To all of us, this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God's intention for us. To make this increasingly possible is the purpose of A.A.'s Twelve Steps, and Step Three opens the door.

TWELVE STEPS AND TWELVE TRADITIONS, p. 40
 All I have to do is look back at my past to see where my self-will has led me. I just don't know what's best for me and

I believe my Higher Power does. G.O.D., which I define as "Good Orderly Direction," has never let me down, but I have let myself down quite often. Using my self-will in a situation usually has the same result as forcing the wrong piece into a jigsaw puzzle—exhaustion and frustration.

Step Three opens the door to the rest of the program. When I ask God for guidance I know that whatever happens is the best possible situation, things are exactly as they are supposed to be, even if they aren't what I want or expect. God does do for me what I cannot do for myself, if I let Him.

Daily Reflections

March 2026	Area 24–District 11 News	Issue #22
	Meeting Guide APP info/links	

Meeting Guide

Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.

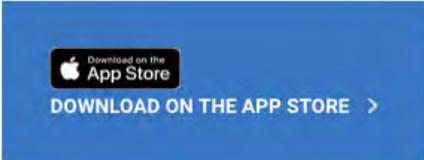
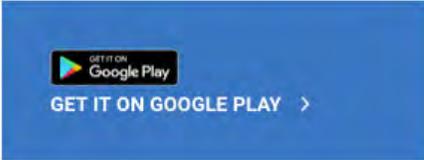


About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



[CLICK HERE](#) to get the Meeting Guide Mobile App from AA.org

The Meeting Guide app directly relates to the “I am responsible” pledge by acting as a digital, 24/7 extension of the “hand of A.A.”

By providing immediate, accessible, and up-to-date information on over 100,000 weekly in-person and online meetings, the app fulfills the commitment to be available whenever anyone, anywhere reaches out for help.

Key correlations between the Meeting Guide app and the Responsibility Pledge include:

“When anyone, anywhere reaches out for help”: The app provides instant access to meetings worldwide, regardless of geographic location, meeting the needs of isolated or newly seeking individuals.

“I want the hand of A.A. always to be there”: The app lists both in-person and online meetings, ensuring that support is accessible at all hours. It acts as a tool for “carrying the message,” which is the basic service AA provides.

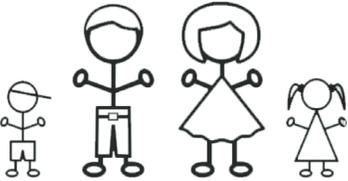
“And for that I am responsible”: The app is supported by Seventh Tradition contributions and is designed to be user-updated, encouraging members to take responsibility for the accuracy of the information.

Supporting Newcomers and Professionals: The tool allows users to easily find meetings, and it is frequently used by professionals (therapists, probation officers) to help people find support, acting as a modern “hand of A.A.”

Voluntary Contribution: The app relies on local A.A. service organizations to voluntarily provide and update the meeting information, reflecting the collective service responsibility of the fellowship.

The app also respects the principle of anonymity by not tracking user locations when not in use and by allowing users to search without sharing their personal location.

Sunday Evening is Family Recovery Night!
 Beginning at 7:00 pm
 Grand View Methodist Church
 3342 John Wesley Dr, Dubuque, Iowa



Alcoholics Anonymous 12X12 Group meeting
 Missing Link Al-Anon Family Group meeting
 Alateen meeting
 Free Childcare Provided

Dubuque, Current

Are you looking for a way to get more involved with your recovery?
 ‘Service is the answer!!’

Currently there is an open service position for
Dubuque Area Intergroup Co-Chair Position



Please call us with any questions and learn more about this fantastic opportunity 563-557-9196 or visit www.dubuqueaa.org

Dubuque, Current



AA
 Al-Anon
 Alateen
 & More!

The DUBUQUE FELLOWSHIP CLUB PRESENTS!
12 STEP RECOVERY BREAKFAST

BISCUITS AND GRAVY THEN A SPEAKER - \$5
 THIRD SUNDAYS EACH MONTH
 9:00 AM BREAKFAST
 9:30 AM SPEAKER

1166 MAIN STREET, LOWER LEVEL, DUBUQUE

EVERYONE WELCOME!

Dubuque Fellowship, Current

District 11/Area 24

New Closed Meeting

Wednesday Mornings at 9

Dubuque Fellowship Club
 1166 Main Street

Readings and Discussion
 Welcome, One and All

For more information contact Steve G., (563) 542-7639

Dubuque, Starts March 18

Announcing
 THE DUBUQUE AREA INTERGROUP'S ANNUAL

GATHERING OF THE EAGLES



PRESENTING
ANDY C: AA SPEAKER, KEYWAY LODGE GROUP
 &
WENDY T: AL-ANON SPEAKER, WESTSIDE AFG GROUP

FEATURING
 KALMES FINE MEATS, VEGGIE SALAD, POTATO ROLL, DESSERT,
 MILK & POP CORN
 \$20 @ THE DOOR
ALL ARE WELCOME!

MARCH 21 | OPEN @ 4:00 | DINNER @ 5:00
 BREAD OF LIFE CHURCH, 2155 UNIVERSITY AVE, DBQ

BRING A RAFFLE PRIZE TO DONATE FOR THE RAFFLE!!!

FOR MORE INFO, CALL INTERGROUP CHAIRPERSON, MARY JO K: 563-590-7875

Dubuque, March 21

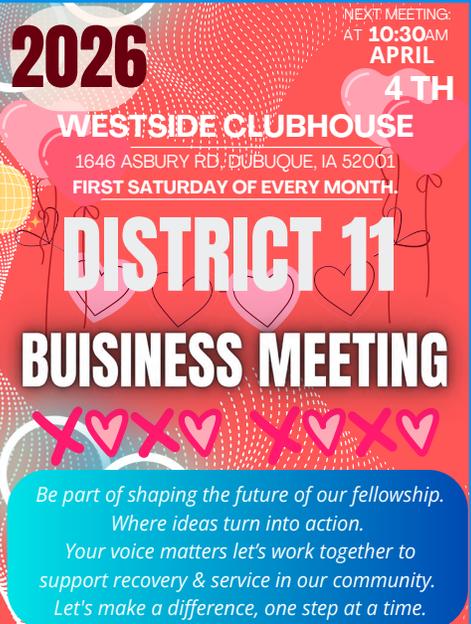
2026

NEXT MEETING:
 AT 10:30 AM
 APRIL
 4 TH

WESTSIDE CLUBHOUSE
 1646 ASBURY RD. DUBUQUE, IA 52001
 FIRST SATURDAY OF EVERY MONTH.

DISTRICT 11

BUSINESS MEETING



Be part of shaping the future of our fellowship.
 Where ideas turn into action.
 Your voice matters let's work together to support recovery & service in our community.
 Let's make a difference, one step at a time.

Dubuque, April 4

Coming Events and Activities of Interest in the Tri–State Area

**District 11/Area 24
2026 Fall Mini-Conference**

**Kick-off Meeting
April 7 at 6 pm**

The Bread of Life Church
2155 University Ave., Dubuque

Most Chair Positions are Open

We can use Your Talents

**Let's put together a
Rollicking Great Mini-Conference**

Sponsors, introduce your Sponsees to Service

Stacey B., AA - Steve G., AA, and Shirley G., Al-Anon
(563) 580-8138 for Stacy – (563) 542-7639 for Steve or Shirley
Conference Co-Chairs

District 11, Apr.7

**Dubuque
Fellowship
Club
Breakfast**

FIRST SUNDAY OF THE MONTH

BREAKFAST – 9:00 AM for \$9.00
ATTITUDE ADJUSTMENT SPEAKER MEETING – 9:30
AA, AL-ANON, AND EVERYONE WELCOME!!

Speaker Lineup

April 12 - Mary C.E., Family Afterwards, Dubuque, IA
May 3 – Jim McK – AA – Moorhead, MN
June 7 – Jerry B, Keyway Lodge, Dubuque, IA
July 5 – Keith K, Keyway Lodge, Dubuque, IA
August 2 – Scott S, Mt. Pleasant
Aug 30 (for September Breakfast) – Jerome E, South Dakota
Oct 4 - Lance and Debra B, Olathe, Kansas

1166 Main Street, Lower Level
Elevator Available at Front Entrance

Dubuque Fellowship, Apr. 12

2026 Area 24 Spring Conference
Hosted By District 3
June 12-14, 2026

Bright Spot of Our Lives

Alcoholics Anonymous
Iowa Valley Community College
3702 S. Center Street, Marshalltown
SPEAKERS ON SATURDAY WILL BE AT IOWA VALLEY COMMUNITY COLLEGE

FRIDAY
7:50 a.m. Registration
6:45-7:45 p.m. Area 24 Officer & Chair Session
8:9 p.m. SOCMIGS Sharing Session
9:45-11:15 p.m. Workshops: Archives, Connections, Newsletters, etc.

SATURDAY
7 a.m.-10 p.m. Registration
7:25-8:25 a.m. Early Bird Meeting
8:30-10:30 a.m. Delegate Report
10:45-11:55 a.m. Area Business Meeting
11:30 a.m.-1:30 p.m. Luncheon-Al-Anon/Alateen
Speaker @ Iowa Valley Community College
1:45-5:30 p.m. Area Business Meeting
6:30 p.m. Banquet and AA Speaker, Jan F
9:30-11:00 p.m. Workshops, CAC, Grapevine, Literature, & Treatment

SUNDAY
6:45-7:45 a.m. Early Bird Meeting
9:30-11:15 a.m. State Officers' "Ask N' Basket"
10:30-11:30 a.m. AA Spiritual Speaker

Al-Anon and Alateen
Marshalltown Arts & Civic Center
709 S. Center Street, Marshalltown

FRIDAY
9:30 p.m.: Registration
7-8 p.m.: GR Registration/Group Contributions
9:9 p.m.: Open Meeting
9:15 p.m.: AWSC Meeting

SATURDAY
7 a.m.-10 p.m.: Registration
7:45 a.m. GR Registration/Group Contributions
9:30 a.m.: Workshop
10:15-11:15 a.m.: Delegate Report
11:30 a.m.-1:30 p.m.: Luncheon - Al-Anon/Alateen speaker @Iowa Valley Community College
1:45-5:30 p.m.: Business Meeting
6:30 p.m.: Banquet and AA Speaker
9 p.m.: Alateen Candlelight Meeting
11:15: Candlelight Meeting

SUNDAY
9 a.m.-10 a.m.: Workshop
10:15-11:15 a.m.: AFG Spiritual Speaker

Pre-Registration Form – Due by May 29

Name _____
Badge Name _____
Address _____
City, State _____
ZIP _____
Phone _____
Email _____

Check Box – Due by May 1

Spanish Interpreter

ASL Interpreter

Adults	\$50 Pre-Registration	\$55 at door	Check One
Alateen	\$10		<input type="checkbox"/> AA
Pre-registration meal	\$20 Lunch	\$25 Banquet	<input type="checkbox"/> Al-Anon
Total			<input type="checkbox"/> Alateen
			<input type="checkbox"/> Vegetarian
			<input type="checkbox"/> Gluten Free

Make checks payable to Area 24 Spring Conference PO Box 1913 Ames, IA 50010

Marshalltown, June 12–14

The Alateen consent form is required for all Alateen members to participate in the Area 24 assembly. No notarization is needed.

Hotels

Contact the hotels and mention Area 24 Conference for discount pricing

Hampton Inn & Suites
210 Iowa Ave West
Marshalltown Iowa 50158
641-753-6795
Rate \$164.00 - must reserve by May 18

Holiday Inn Express
102 Iowa Ave West
Marshalltown Iowa 50158
641-804-7900
Mention Area 24

Baymont
110 Iowa Ave West
Marshalltown Iowa 50158
641-752-4844
Rate \$130.00

Super 8
3315 South Center Street
Marshalltown Iowa 50158
641-753-3333
Rate \$75.00

Camping

Shady Oaks
Reservations available
2370 Shady Oaks Road
Marshalltown

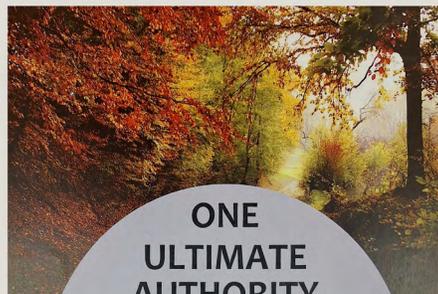
Riverview Campground
First come, first served
402 Woodland St.
Marshalltown

Register Online

my.cheddiary.com/area24-spring-conference-2026



Pre-Registration Due May 29, 2026
Ask for Area 24 Spring Conference rates
Must reserve a hotel room by May 11, 2026, to get discounted rate
Contacts: Brian W. 515-231-7781 or Judy R. 515-231-3045



ONE
ULTIMATE
AUTHORITY

Area 24 Fall Conference 2026

October 16th – 18th, 2026
Bluen Venue
7400 Hudson Rd. Cedar Falls, IA

Registration fee \$40 (pre-registration)/\$45 (door)
Lunch \$25/Dinner \$39

Speakers: Billy N – Palm Beach Gardens, FL (A.A.)
David B. – Chicago, IL (Al-Anon)

Cedar Falls, Oct. 16-18

Downloadable copies of most of these events are at DubuqueAA.org

Dubuque Al-Anon Family Groups

Dubuque Al-Anon Family Groups



What is **Al-Anon** and **Alateen**?

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Al-Anon** is not a religious program and there are no fees or dues to belong to it.

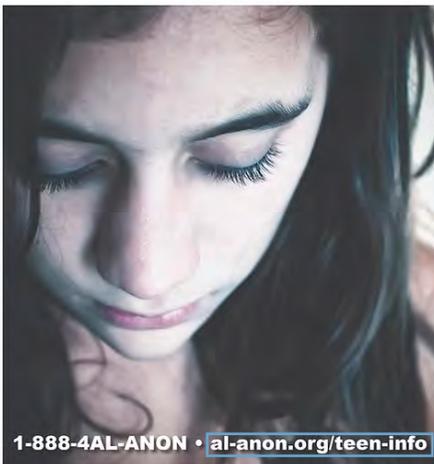
Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending **Alateen**, teenagers meet other teenagers with similar situations. **Alateen** is not a religious program and there are no fees or dues to belong to it.

District 11 – Dubuque Al-Anon Family Groups

For additional information about local and electronic meetings for **Al-Anon** and **Alateen**, please contact:

Dubuque Intergroup (AA and **Al-Anon/Alateen**): <https://www.dubuqueaa.org>
 Phone Number: 1-563-557-9196
 Iowa Al-Anon Family Groups: <https://iowa-al-anon.org/>
 In Person Meetings: <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>
 Electronic Meetings: <https://meetings.al-anon.org/electronic-meeting-page/>
 Email: afg.local@gmail.com

Note: There is a Zoom **Al-Anon** meeting on Sunday Evenings in Dubuque, Meeting ID: 850 3621 7630, Passcode: 246810, Phone (audio only) 1-312-626-6799



1 IN 4 CHILDREN
 are affected
 by someone's
 drinking.

You are not alone.

Alateen can help.



1-888-4AL-ANON • al-anon.org/teen-info

Alateens Meet on Sunday at 7:00 pm
 Grand View United Methodist Church, 3342 John Wesley Dr, Dubuque



NOT EVERYONE TRAPPED BY ALCOHOL IS AN ALCOHOLIC

Families and friends are suffering too.

Do you worry about how much someone drinks?

Al-Anon and Alateen can help.



Phone 1-563-557-9196
 Iowa Al-Anon Family Groups - <https://iowa-al-anon.org/>
 In-Person Meetings - <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>
 Electronic Meetings - <https://meetings.al-anon.org/electronic-meeting-page/>

1-888-4AL-ANON • AL-ANON.ORG

March 2026	Area 24–District 11 News	Issue #22
	March AA History & Reflections	

March AA History *

March 1936	AA had 10 members staying sober. At end of 1936 A.A. had 15 members.	March 9, 1941	<i>The Wichita Beacon</i> reports AA member from NY wants to form a group in Wichita.
March-May 1938	Bill begins writing the book <i>Alcoholics Anonymous</i> . Works Publishing Inc. established to support writing and printing of the book.	March 10, 1944	New York Intergroup was established.
March 1940	Mort J. came to LA from Denver; started custom of reading Chapter 5 in the Big Book at Cecil group.	March 11, 1949	The Calix Society, an association of Roman Catholic alcoholics who are maintaining their sobriety through participation in Alcoholics Anonymous, was formed in Minneapolis by five Catholic AA members.
March 1941	Second printing of Big Book.	March 14, 1941	South Orange, NJ, AA group held an anniversary dinner with Bill W. as guest speaker
March 1941	1st Prison AA Group formed at San Quentin.	March 15, 1941	1st AA group formed in New Haven, Connecticut. Not reported in paper until Oct 1, 1941.
March 1946	<i>The March of Time</i> film is produced by NY AA office.	March 16, 1940	Alcoholic Foundation & Works Publishing moves from Newark to 30 Vesey St. in lower Manhattan – first headquarters of our own.
March 1949	Dr. Bob considers idea of AA conference premature.	March 21, 1881	Anne R., Dr. Bob's wife, is born.
March 1951	<i>American Weekly</i> publishes memorial article for Dr. Bob.	March 21, 1966	Ebby dies.
March 1, 1939	<i>Readers Digest</i> fails to write article on AA.	March 22, 1951	Dr. William Duncan Silkworth dies at Towns Hospital.
March 1, 1941	Jack Alexander's <i>Saturday Evening Post</i> article published and membership jumped from 2,000 to 8,000 by years end.	March 22, 1984	Clarence S., "Home Brewmeister", dies.
March 3, 1947	Nell Wing started work at Alcoholic Foundation 415 Lexington Ave.	March 23, 1936	Bill & Lois visit Fitz M., "Our Southern Friend", in Maryland.
March 4, 1891	Lois W. is born.	March 25, 1898	Jim B. ("The Vicious Cycle") was born.
March 5, 1945	<i>Time Magazine</i> reports Detroit radio broadcasts of AA members.	March 29, 1943	<i>The Charleston Mail</i> , WV, reported on Bill W's talk at St. John's Parish House.
March 7, 1940	Bill and Lois visited the Philadelphia AA group.	March 31, 1947	1st AA group formed in London, England.
March 7, 1941	A Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 pm Wed.		

**reposted by permission of South Jersey Intergroup*

Common themes in March Daily Reflections:

Overcoming Self-Will and Selfishness: March readings heavily emphasize that alcoholism is "self-will run riot". The focus is on moving away from self-centeredness and ego to avoid repeating past mistakes.

Inner Peace and Serenity: A major theme is cultivating an inner peace that does not depend on external circumstances. This includes staying calm, not reacting defensively, and maintaining serenity amidst chaos.

Surrender and Acceptance: March reflections often highlight accepting life as it is, accepting oneself, and surrendering to a higher power. This involves the "S.W.A.T." principle: Surrender, Willingness, Action, Trust.

Gratitude and Purpose: There is a strong emphasis on finding meaning in past suffering and using it for growth. Participants are encouraged to move from self-pity to gratitude.

Action over Feelings: When facing doubt or emotional turmoil, the readings suggest taking action—such as going to meetings or helping others—rather than dwelling on feelings.

Fellowship and Connection: Breaking the cycle of isolation by connecting with others in the program is a recurring theme.

Spiritual Maintenance: Regular, daily spiritual practice is emphasized to gain the strength needed for recovery.

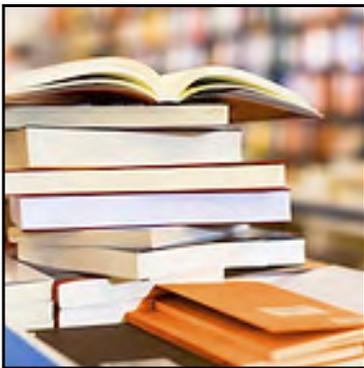
Dubuque Area Intergroup

Area24 / District 11 Alcoholics Anonymous and Iowa Area Al-Anon Family Groups

Office Location: 1646 Asbury Rd #7, Dubuque, IA 52001

Office opened by appointment at your convenience:

Call (563) 557-9196



AA Literature

Dubuque Area Intergroup stocks and sells A.A. Conference-approved literature and recovery anniversary medallions for the convenience of local members and groups. French and Spanish literature can be ordered. We stock outreach pamphlets that address recovery with inclusivity for all persons. Al-Anon Family Group's literature may also be purchased at our office.

(Call for prices)



Meetings and Events

Dubuque Area Intergroup publishes and distributes up-to-date lists of in-person meetings as well as web-based meetings for those who are housebound or chronically ill. We publish local A.A., Al-Anon, and Alateen event flyers and other related information on this website. Our AA Meetings are also listed in the aa.org "AA Meeting Guide App".



Speakers and Referrals

The Dubuque Area Intergroup is one of 700 AA Intergroups throughout the U.S. We are a resource to connect with A.A. Members. We include public outreach for Al-Anon Family Groups and Alateen. Referrals to A.A. Speakers willing to share their personal experience with the A.A. program of recovery, may be reached by calling our office.

**Group contributions
support the operations of
Dubuque Area Intergroup.
Your group can make
contributions using
this PayPal QR Code:**



March 2026	Area 24–District 11 News	Issue #22
	Thoughts of Interest in District 11/Area 24	

From the Newsletter Chair:

We wish to acknowledge the contributions of the Dubuque Area Intergroup and its website, DubuqueAA.org, which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports are lightly edited for clarity and consistency. Original, full Committee Chair reports are represented in the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly Business Meeting minutes in full, please email requests to: area24district11newsletter@gmail.com

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require some editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, *The Messenger*, is a publication of Area 24 / District 11 of Iowa Alcoholics Anonymous. The editor and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editor or authors only. All content quoted from AA Literature is offered in the spirit of recovery and we attempt to attribute the text appropriately and accurately.

District 11 serves the AA members and supports institutions of the following communities:

– Iowa –

Bellevue • Cascade • Delhi • Dubuque
Dyersville • Edgewood • Epworth • Hopkinton
Manchester • Maquoketa • Peosta

– Illinois –

Elizabeth • Galena • Hanover

Our 7th Tradition:

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.



**Self-Support:
Where Money and
Spirituality Mix**

**Where Your
Contributions
Are Applied**

Your contributions support the operations of District 11 and the Dubuque Area Intergroup. All Individual contributions from AA members are gratefully accepted.

All of these AA organizations depend on our support:

General Service Office Post Office Box 2407 James A. Farley Station New York, NY 10116–2407	Area 24 PO Box 1291 Des Moines, Iowa 50305	District 11, Treasurer 1646 Asbury Road, #7 Dubuque, IA 52001	Dubuque Area Intergroup 1646 Asbury Road #7 Dubuque, IA 52001
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