

# The Messenger

December 2025

Area 24–District 11 News

Issue #19



As the calendar slowly shakes out what remains of 2025 and the 12th step opens our eyes to the new horizons before us, the humility that is given us by the lower light and slower pace. Notwithstanding the hustle-bustle of the holidays, and the work we put into the prior 11 steps, we're given reason to pause and the opportunity to reflect. This spiritual awakening is to a new way of seeing more so than to new things to see. Our vision is made clearer to the responsibility that comes with the gift of sobriety. These promises, made to us in the ninth through twelfth steps, are arranged for us by a Higher Power, and in an order yet to be revealed. Just as in unwrapping any gift, there is more to be revealed. We may not fully appreciate the gift on first inspection, not all gifts are easily understood, but in the passage of time they make their value evident and we come to cherish them for the giving. In our recovery one of the greatest gifts that we may receive is the gift of sacrifice through service. We come to know this gift through sponsorship, chairing, greeting, offering our services in committees and other AA functions. The number of ways we can be of service are varied and continuously enlarged. Their value to us is immeasurable.

Just as our time and services are made available to our fellows and the organizations of our AA groups, districts and areas, they also become the foundation of our growth and sense of well-being. What we give away freely is what was given to us just so. What we receive from the giving is a life that exceeds anything we could have achieved alone.

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**The 2025–2026 Area 24/District 11 Committee Chairs**



<b>District Committee Member (DCM)</b>	<b>Keith K.</b>	<b>(815) 281–1591</b>	<b><a href="mailto:area24district11dcm@gmail.com">area24district11dcm@gmail.com</a></b>
<b>Alternate DCM</b>	<b>Erin L.</b>	<b>(563) 543–0946</b>	<b><a href="mailto:area24district11altdcm@gmail.com">area24district11altdcm@gmail.com</a></b>
<b>Secretary</b>	<b>Erin R.</b>	<b>(563) 258–2668</b>	<b><a href="mailto:area24district11secy@gmail.com">area24district11secy@gmail.com</a></b>
<b>Treasurer</b>	<b>Cheryl P.</b>	<b>(614) 208–7477</b>	<b><a href="mailto:area24district11treasurer@gmail.com">area24district11treasurer@gmail.com</a></b>
<b>Archives</b>	<b>Rod M.</b>	<b>(563) 564–7341</b>	<b><a href="mailto:area24district11archives@gmail.com">area24district11archives@gmail.com</a></b>
<b>Grapevine</b>	<b>Travis</b>	<b>(563) 258–2668</b>	<b><a href="mailto:area24district11grapevine@gmail.com">area24district11grapevine@gmail.com</a></b>
<b>Corrections</b>	<b>Alicia M.</b>	<b>(563) 580–4979</b>	<b><a href="mailto:area24district11corrections@gmail.com">area24district11corrections@gmail.com</a></b>
<b>Treatment &amp; Accessibilities</b>	<b>Carol K.</b>	<b>(563) 580–7377</b>	<b><a href="mailto:area24district11treatmentchair@gmail.com">area24district11treatmentchair@gmail.com</a></b>
<b>Newsletter</b>	<b>Thom E.</b>	<b>(815) 823–4655</b>	<b><a href="mailto:area24district11newsletter@gmail.com">area24district11newsletter@gmail.com</a></b>
<b>Cooperation w/ Professional Community (CPC)</b>	<b>Sue G.</b>	<b>(563) 845–9427</b>	<b><a href="mailto:area24district11cpc@gmail.com">area24district11cpc@gmail.com</a></b>
<b>Public Information (PI)</b>	<b>Shannon P.</b>	<b>(815) 858–4765</b>	<b><a href="mailto:area24district11pi@gmail.com">area24district11pi@gmail.com</a></b>
<b>Activities</b>	<b>Mark R.</b>	<b>(563) 543–3218</b>	<b><a href="mailto:area24district11activities@gmail.com">area24district11activities@gmail.com</a></b>
<b>Fall Mini–Conference Chair</b>	<b>(to come)</b>	<b>(to come)</b>	<b>(to come)</b>

**District 11 GSR Meeting**  
**10:30 am** First Saturday  
of each month: 1646 Asbury Rd  
(Lower Level)

**Intergroup Business Meeting**  
**10:30 am** Third Saturday  
of each month: Dubuque Area  
Intergroup Office

**Dubuque Area Intergroup**  
(563) 557–9196  
1646 Asbury Road #7  
Dubuque, IA 52001

**[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)  
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)**

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	<b>12.6.25 Committee Meeting Minutes</b>	

## **DISTRICT 11 BUSINESS MEETING AGENDA**

Date: Saturday, December 6, 2025

Time: 10:30 – 11:30 am, Location: Westside Clubhouse, 1646 Asbury Road, Dubuque, IA

### **10:30 am – Opening Call to Order & Welcome:**

Led by Keith K., DCM

Serenity Prayer

Introductions: First names & position;

& Welcome to any visitors

Timekeeping Reminder:

Please keep shares brief so all voices are heard.

## **ADMINISTRATIVE ITEMS**

Roll Call: Committee Chairs & GSRs

Approval of November Minutes: Motion / Second / Vote- Sec (Erin) read new business mins. Passed anonymously

Treasurer's Report (see pg. 5): Cheryl P. (summary, questions, Motion / Second / Vote)

Al-Anon Updates (if present)

Intergroup Report: Invited speaker from Intergroup

## **GSR REPORTS / Days / Times, 10 present**

164 Page Group (Sat 9 am)

Tuesday Happy Hour (6 pm)

Jaywalkers (Wed 7 pm)

Stone Room Meeting (Mon 6 pm,

New Melleray Abbey)

Keyway Lodge (Wed 8 pm)

Sober Sisters (Tue 12 pm)

Women's Big Book (Wed 5:15 pm)

Family Afterwards Big Book (Mon 9 am)

Vision for Hope (Fri 7 pm)

Union Step Group (Sun 6 pm)

Manchester Saturday Night (Sat 6 pm)

Galena Groups (Mon 10 am; Wed 12 pm; Tue 7 pm;

Thu 7 pm; Fri Zoom) Attitude Adjustment (Sat 9:30 am)

Day at a Time (Tue/Thu 9 am)

Open Doors (Epworth)

Cascade Group

Living Sober Group

**164 Pages**, GSR - Erin L. (alt) Saturday 9-10am

**WestSide-Big Book**, 164 pages

**Tuesday Happy Hour**, GSR - Travis; Tuesday 6-7pm

read the 12 Steps out of 12X12 book - start from

Step 1 for newcomers

**Jaywalkers**, GSR - Randy T.; Wednesday 7-8 pm

Hillcrest campus Fellowship Hall (under the chapel)

readings from 164 Big Book, AA #3, Dr Bob's nightmare

**Open Stone Room**, GSR - Chad; reading from

Daily Reflection - Abbey Monday 6-7 pm

**Keyway Lodge**, GSR - Steve (alt); Wednesday

Prince of Peace 8-9 pm, Read out of Daily Reflections.

**Candle Light Meeting**, Zoom \*no in-person meetings

the last 2 weeks of Dec (holiday) but Zoom is available

-AA Meeting Guide App (time and link)

**Sober Sisters**, no GSR present

**Women's Big Book**, no GSR present

**Family Afterwards**, GSR - Mary; Monday 9-10 am

Under the parish office of St. Columkille (1240 Rush St),

Big Book readings - all are welcome, and kids

**Vision for Hope**, no GSR present

**Union Step** GSR, Gabe; Sunday 7-8pm Westside.

Red Folder 12 Steps (short version)

**Manchester**, no GSR present

**Galena Attitude Adjtmnt**, no GSR present - Saturday 9:30

**Galena Groups**, GSR - Rod M.; Monday 10 am, Tuesday

7 pm., Wednesday Big Book, Noon, Thursday Night,

As Bill Sees It, 7 pm., Friday, Grapevine 6 pm (Zoom only)

**Day at a Time**, GSR-Mark; Tuesday/Thursday 9-10 am

WestSide

**24 Hour**, Monday 8-9pm Fellowship Club: readings

from 24 hour and Daily Reflection

**Cascade Meeting**, GSR - Tom; Friday 7-8pm Big Book

Discussion - Corner Stone Rm

**Corner Stone Room**, Gift of Desperation (Cascade)

Saturday 12-1pm Big Book readings

**Church in Cascade**, Tuesday 12-1pm

**Living Sober Group**, no GSR present

## **DISTRICT CHAIR SUMMARIES**

**Archives:** Rod (present): no report

**Corrections:** Alicia M. (absent): Maquoketa Jail is open and looking for people to volunteer for meetings - more details on days/times yet to come!

**Grapevine:** Travis H. (present): Last month, Grapevine had a display at the mini-conference, and with a big help from Keith K—both in coordination and setup—it turned out great. The display even made its debut on the AA Grapevine Instagram page, which was really exciting for the group. Grapevine also has a Youtube Channel. Podcast.

**Public Information (PI):** Shannon P. (absent):



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	12.6.25 Meeting Minutes	

**Cooperation with the Professional Community (CPC):** Sue G. (Megan) ASAP is offering addiction training to community.

**Treatment & Accessibilities:** Carol K. (absent)

**ASAC program:** IOP & POP (Monday 11am-12) bringing AA into the meeting and program.

**Activities:** Marc R. (present) Nov 1st Chili Cook-Off/ Halloween Party 25 ppl . Mark R.=1st place, Randy T.= 2nd place- ANNUAL EVENT+\$35.00 brought in!  
-Wednesday Dec 31st.  
-6 pm Doors Open  
-6:30- PotLuck  
7:30-8:30 pm Mike H. Speaker  
8:30-? - Erin L.- DJ dance party

**Newsletter:** Thom E. (absent): Newsletter should go out by the 15th.

**Treasurer:** Cheryl P. (present) budget (see pg. 5) Year-End budget provided Jan meeting  
Approx budget for district chairs- next year

**Alternate DCM:** Erin L. (present)  
Erin is stepping down Jan

**DCM:** Keith K. (present)

**District 11 DCM Report:** Area 24 Service Weekend  
Good morning, everyone. It is a privilege to serve as DCM for District 11, faithfully tucked in the Northeast corner of our beautiful state of Iowa, where the hills roll like hymns and the mighty Mississippi keeps us humble, grounded, and always flowing forward.

## DISTRICT UPDATES & GROUP CONSCIENCE

**Meeting Guide App Beta Testing:** District 11 is part of the beta testing for the updated Meeting Guide App. Thank you to those helping test and provide feedback. The app now has online meetings!

**ASAC Access:** Progress continues in gaining entry into ASAC (Area Substance Abuse Council) for carrying the message. We are actively working through approval steps and building relationships with staff to establish a consistent AA presence.

**Accurate Meeting Listings:** We've made strong efforts to ensure our District's meetings are updated correctly

in the Meeting Guide App and on DubuqueAA.org. Accurate listings are vital for newcomers searching for hope and for visitors passing through our area.

**Active Groups & Participation:** Our District continues to host over 50 meetings per week with growing participation and engagement. Thank you to all the GSRs and trusted servants who help keep our groups connected and informed.

## UNFINISHED BUSINESS

**Mini-Conference Review:** Financial summary, (see pg. 5) feedback, and lessons learned.

**Newsletter Distribution Plan:** Updates from Tom E. on upcoming editions.

## Holiday Event Planning:

Christmas Alcathon at Westside Clubhouse — volunteer shifts, food coordination.

New Year's Eve/Day Dance at Fellowship Club — music, refreshments, setup crew.

**Area 24 Updates:** Spring 2026 Conference (Marshalltown) & Fall 2026 (Waterloo).

## Mini Conference RECAP - Nov 8th

159 total ppl (39 Al-Anon); +\$329

Review Meeting: SOP needs updating, Budget projected for next year(s). Sub-committee for amendments for SOP. Chair by Feb (location, theme, save-the-date, dates, time) any Suggestions/volunteers for Chair\*\*

## NEW BUSINESS

District 11's role on Zoom Account - different groups, clubs, locations, Intergroup has Zoom account hooked up.

## Events & Announcements

-District 11 GSR Meeting: 1st Sat, 10:30 am (Westside)

-Intergroup Meeting: 3rd Sat, 10:30 am (Intergroup Office)

-Speaker Breakfasts: 1st & 3rd Sun, 9 am (Fellowship Club)

- Christmas Alcathon: Westside Clubhouse – December 24–25

-New Year's Dance: Fellowship Club – December 31;

6 pm doors open, 6:30 Potluck, 7:30 Speaker, 8:30 Dance

-Sunday Evening is Family Recovery Night! 7 pm  
Grandview Methodist Church, 3342 John Wesley DBQ.  
Readings from AA (Big Book), 12X12 Group Meeting  
Missing Link Al-Anon Family Group Meeting Ala–Teen  
Meeting \*\*Free Childcare Provided

Al-Anon Liaison: Gerri is stepping down Jan 1st.  
**(Thank you Gerri for all your years of service!)**  
Intergroup Al-Anon: Wendy  
Randy T. - AA Intergroup Liaison: **(Thank you for  
your service and willingness to help!)**

**CLOSING** - 11:35 am  
Motion to Adjourn / Second / Vote Passed unanimously  
Close with the Lord’s Prayer

2025 MINI-CONFERENCE EXPENSE REPORT	
<b>INCOME:</b>	
8-Nov	\$ 45.00
8-Nov	\$ 100.00
8-Nov	\$ 75.00
8-Nov	\$ 150.00
8-Nov	\$ 170.00
8-Nov	\$ 788.00
8-Nov	\$ 114.60
8-Nov	\$1,494.00
<b>TOTAL INCOME:</b>	<b>\$2,936.60</b>
4-Nov	\$ 150.00
4-Nov	\$ 75.00
28-Oct	\$ 29.95
	\$ 95.00
5-Feb	\$ 200.00
8-Nov	\$ 70.00 *
8-Nov AA Speaker expense (Bee R.) CK#3157	\$ 506.95
8-Nov Beverages (Mark M.) CK#3158	\$ 269.47 *
8-Nov Decorations (Mary Jo K.) CK#3159	\$ 100.00
8-Nov Al-Anon Speaker expense	\$ 100.00
8-Nov	\$ 45.00
17-Nov	\$ 207.55 *
17-Nov	\$ 762.58 *
<b>TOTAL EXPENSES:</b>	<b>\$2,611.50</b>
*Net Income:	<b>\$ 325.10</b>
Respectfully submitted, Cheryl P., District 11 Treasurer	

TREASURY REPORT	
STARTING BALANCE:	<b>\$3,465.74</b>
INCOME: Budget	
31-Oct	\$ 0.14
4-Nov	\$ 28.00
5-Nov	\$ 198.00
10-Nov	\$ 50.00
10-Nov	\$ 250.00
10-Nov	\$ 150.00
10-Nov	\$ 75.00
24-Nov	\$ 200.00
11/10/2025	<b>\$2,936.60</b>
28-Nov Nov Int \$0.37	
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TOTAL CONTRIBUTIONS:	<b>\$3,888.11</b>
(\$7353.71 Budgetary Purposes)	
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EXPENSES	
10-Nov Bags	\$ 29.95
10-Nov seed \$	\$ 150.00
10-Nov seed \$	\$ 75.00
12-Nov	\$ 506.95
19-Nov decorations	\$ 100.00
8-Nov speaker gift	\$ 45.00
8-Nov expenses	\$ 100.00
4-Nov Planning Room cost	\$ 25.00
<b>Total Expenses:</b>	<b>\$1,031.90</b>
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<b>Ending Balance</b> as of 11/30/2025 :	<b>\$6,321.81</b>
Prudent Reserves <b>\$1,002.37</b>	

budgeting

noun [ bud·get·ing \ 'bə-jət-in\]

the science of distributing dissatisfaction uniformly.

LGamble12345

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	October AA History & Autumn Reflections	

## December AA History \*

Dec 1934	Bill & Lois start attending Oxford Group meetings.	Dec 1982	Nell Wing retires from GSO after 35 years of service.
Dec 1934 to May 1935	Bill works with alcoholics, but fails to sober any of them. Lois reminds him <i>he</i> is sober.	Dec 1, 1940	<i>Chicago Daily Tribune</i> begins a series of articles on AA by Nall Hamilton.
Dec 1938	Twelve Steps written.	Dec 5, 1985	Dave B., founder of Montreal Group dies weeks before 50th anniversary. His story added to the 4th Edition Big Book.
Nov/Dec 1939	Akron group withdrawals from association with Oxford Group. Meetings moved from T. Henry & Clarence Williams to Dr. Bob and other member's homes.	Dec 6, 1939	Bert the Tailor lends Works Publishing \$1000.
Dec 1939	First AA group in mental institution, Rockland State Hospital, NY.	Dec 6, 1979	<i>Akron Beacon</i> reports death of Henrietta Sieberling.
Dec 1939	1st home meeting in Los Angeles at Kaye M.'s house.	Dec 7, 1949	Sister Ignatia received Poverello Medal on behalf of A.A.
Dec 1939	Matt Talbot Club has 88 members, uses wagons to collect old furniture to recondition & sell, not A.A., used A.A. program, material, marked 1st effort reach alcoholics outside married middle-class category.	Dec 10, 1975	Birds of a Feather AA group for pilots is formed.
Dec 1940	1st AA group formed in St. Louis, Missouri.	Dec 11, 1934	Bill admitted to Towns Hosp. 4th/last time (fall '33, '34 in summer, midsummer and final admittance).
Dec 1940	Group started Ashtabula, Ohio due to <i>Cleveland Plain Dealer</i> articles. Cleveland AA has about 30 groups.	Dec 11, 1941	<i>Dallas Morning News</i> reports 1st AA group formed in Dallas.
Dec 1948	Dr. Bob's last major talk, in Detroit.	Dec 12, 1934	Bill has Spiritual Experience at Towns Hospital.
Dec 1950	<i>Grapevine</i> article signed by both Bill and Dr. Bob recommend establishing AA General Service Conference.	Dec 12, 1937	Bill meets with Rockefeller Foundation and tries to get money.
Dec 1955	'Man on the Bed' painting by Robert M. first appeared in <i>Grapevine</i> . Painting originally called 'Came to Believe'	Dec 13, 1937	Rockland State Mental Hospital takes patients to meeting in New Jersey.
		Dec 13 or 14, 1934	Ebby visited Bill in the hospital, brought him William James's book, <u>Varieties of Religious Experience</u> .
		Dec 19, 1939	Los Angeles holds the 1st AA meeting there.
		Dec 20, 1945	Rowland H. dies (he carried the Oxford Group message to Ebby).

*\*reposted by permission of South Jersey Intergroup*

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***The first three steps are how we give up. Four, five and six are how we own up. Seven, eight and nine are how we make up. Ten, eleven and twelve are how we grow up.***

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### ***heard around the tables...***

"If you have one hand in the fellowship and one hand in God's, you can't pick up today."

"Alcoholism is the only prison where the locks are on the inside."

"When you come to the end of your rope, tie a knot and hang on."


"We must stay sober no matter how life treats us."

"If you must talk about others, speak as though they were standing next to you."

"When one door closes another door opens, but we so often look so long and so regretfully upon the closed door, that we do not see the new worlds which open for us."

"When I struggle, I sink. When I let go, I float."





# HOLIDAY ALCOTHON

All are welcome!

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## WESTSIDE CLUBHOUSE

1646 Asbury Rd (lower level) Dubuque, IA 52001

**BEGINNING WED DEC 24<sup>TH</sup> 10:00 AM**

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**TO THURS DEC 25<sup>TH</sup> 8:00 PM**

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**BRING SNAX or a DISH TO SHARE!**

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**MEETINGS, FOOD,  
FELLOWSHIP AND FUN!**

Dubuque Westside, Dec. 24-25

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**New Year's Eve Party  
Hosted at the Dubuque Fellowship Club  
December 31, 2025**

**2025 District 11**



- Who:** All AA's and Al-Anon's including family and/or friends  
**What:** Join District 11 for a New Years Eve Party!  
**Where:** Dubuque Fellowship Club (DFC),  
1166 Main Street, Lower Level, Dubuque, IA.  
**When:** Doors Open at 6:00 pm Speaker (Mike H., Dubuque):  
7:30 pm Potluck: 6:30 pm Dance Party  
(Music Express DJ): 8:30 pm - ????  
**Costs:** Suggested \$5.00 donation for coffee, dinnerware, decorations  
and facility usage. Water and Pop will be provided for purchase.  
Please bring a Potluck item/side dish/dessert to pass.  
All are welcome to these New Year Festivities!

**Come celebrate the New Year sober with District 11!**  
**We're having a Potluck dinner with a speaker**  
**followed by a dance party to ring in the New Year!**

**Contact: Marc R. 563-543-3218**

**Dubuque Fellowship Club, December 31**



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Are you looking for a way to get more involved with your recovery?  
 ‘Service is the answer!!’  
 Currently there is an open service position for  
**Dubuque Area Intergroup Co-Chair Position**



Please call us with any questions and learn more about this fantastic opportunity 563-557-9196 or visit [www.dubuqueaa.org](http://www.dubuqueaa.org)

Dubuque, Current

*Sunday Evening is  
 Family Recovery Night!  
 Beginning at 7:00 pm  
 Grand View Methodist Church  
 3342 John Wesley Dr., Dubuque, Iowa*



*Alcoholics Anonymous 12X12 Group meeting  
 Missing Link Al-Anon Family Group meeting  
 Alateen meeting  
 Free Childcare Provided*

Dubuque, Current

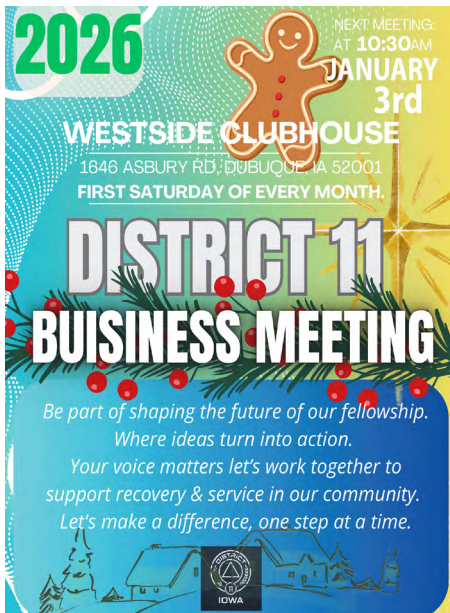
Monday 9:00 am  
**Family Afterwards Meeting**  
 has moved back to  
 St. Columbkille Catholic  
 Church Fogerty Hall,  
 (beneath Parish Office)

Dubuque, Current

**2026** NEXT MEETING: AT 10:30AM  
**JANUARY 3rd**  
**WESTSIDE CLUBHOUSE**  
 1646 ASBURY RD. DUBUQUE, IA 52001  
 FIRST SATURDAY OF EVERY MONTH.

**DISTRICT 11 BUSINESS MEETING**

*Be part of shaping the future of our fellowship.  
 Where ideas turn into action.  
 Your voice matters let's work together to  
 support recovery & service in our community.  
 Let's make a difference, one step at a time.*



Dubuque Westside, January 3



**AA  
 Al-Anon  
 Alateen  
 & More!**

The DUBUQUE FELLOWSHIP CLUB PRESENTS!  
**12 STEP RECOVERY BREAKFAST**

**BISCUITS AND GRAVY THEN A SPEAKER - \$5**  
 THIRD SUNDAYS EACH MONTH  
 9:00 AM BREAKFAST  
 9:30 AM SPEAKER

1166 MAIN STREET, LOWER LEVEL, DUBUQUE

**EVERYONE WELCOME!**

Dubuque Fellowship, Current

Downloadable copies of most of these events are at [DubuqueAA.org](http://DubuqueAA.org)

## Coming Events and Activities of Interest in the Tri-State Area

### Dubuque Fellowship Club Breakfast

#### FIRST SUNDAY OF THE MONTH

BREAKFAST – 9:00 AM for \$9.00

ATTITUDE ADJUSTMENT SPEAKER MEETING – 9:30 AM

AA, AL-ANON, AND EVERYONE WELCOME!!

#### Speaker Lineup

Jan 4 - Susan Louise M, Westside, Dubuque, IA  
 Feb 1 - Ben A, Westside, Dubuque, IA  
 March 1 - Mark: Al-Anon, Galena, IL  
 April 12 - Mary C.E., Family Afterwards, Dubuque, IA  
 May 3 - Lance and Debra B, Olathe, Kansas  
 June 7 - Jerry B, Keyway Lodge, Dubuque, IA  
 July 5 - Keith K, Attitude Adjustment, Galena, IL

1166 Main Street, Lower Level

Elevator Available at Front Entrance

## REGISTER NOW!

International Women's Conference  
 Community Choice Convention Center  
 Des Moines, Iowa  
 February 12-15, 2026



A limited number of in-person registrations are available. It will sell out soon!



Scan to register for in-person or online!

**\$65 in-person**  
**\$20 online**

internationalwomensconference.org

### Program Events

**Friday**  
 6:00 PM Registration Opens  
 7:00 Kathy H. - Cincinnati, OH (AA)  
 8:30 Candy F. - Leavitt, MO (AA)  
 Following FREE Pie and Ice Cream Social

**Saturday**  
 6:30 AM Morning Meditation  
 7:00 Early Bird Meeting (Open)  
 8:00 Registration Continues  
 9:00 Sarah T. - Rock Island, IL (AA)  
 10:30 Workshop: Unity & The 12 Traditions  
 "Noon Break"  
 1:00 PM TED (AA)  
 3:30 Workshop: Recovery & The 12 Steps  
 5:30 Banquet  
 7:00 Skit - Countdown - Speaker  
 Chit Chat - Collection, OH (AA)  
 Following Big Book Trivia

**Sunday**  
 7:30 AM Morning Meditation  
 8:00 Early Bird Meeting (Open)  
 10:00 Scott S. - Stuart, FL (AA)

For additional information please call Jim E @ (563) 940-1714

### Registration Information

Registration \$30  
 Registration and banquet\* \$65  
 Banquet Only \$35

\*Pre-registration deadline: February 13<sup>th</sup>, 2026  
 \*Pre-registers \$20.00 for Banquet Dinner cash and check only. \*Registering at the door.

Pre-register online at our website:  
[www.cedarriverroundup.info](http://www.cedarriverroundup.info)

All who attend must register.  
 Parents are responsible for their children.

**Saturday Evening Banquet Dinner**  
 Pork Loin, 4oz Chicken Parmesan or Vegetarian Meal (Choice of 2) served with garden salad, vegetable, potatoes, and dessert. Coffee, tea, and milk.  
 \*Vegetarian and gluten-free options available. \*Please request during pre-registration.  
 \*Pre-registers \$15.00 for Banquet Dinner.

\*Signback for mail-in pre-registration forms, important hotel information, and map.

## 32nd Annual CEDAR RIVER ROUNDUP

Radisson Hotel  
 Cedar Rapids, IA

February  
 20-22  
 2026

Visit [www.cedarriverroundup.info](http://www.cedarriverroundup.info)  
 Event flyer and online pre-registration are available on the website

DFC, Jan. 4 – July 5

Des Moines, Feb. 12 – 15

Cedar Rapids, February 20–22, 2026

### 2026 West Central Regional Service Conference

Feb 27 - Mar 1, 2026

Hosted by Area 24

#### HUMILITY IN ACTION

##### Conference Registration

Pre-Registration before Feb 1<sup>st</sup> = \$30  
 After Feb 1<sup>st</sup> = \$35  
 Mail in form below with check by 2/15/26 or  
 Register Online: <https://novust.com/WCRSC2026>



##### Hotel Information

DoubleTree Downtown Cedar Rapids  
 380 Iowa Ave NE, Cedar Rapids, IA 52401  
 Lodging Reservations = \$135 (taxes + fees included)  
 Parking = \$15/day  
<https://novust.com/OTCR-Reservations>



##### Miscellaneous Info

For more conference information,  
 visit <https://westcentralregion.org>

Attend in person or virtually  
 (Link provided after Registration)

Unlimited coffee pass available  
 for \$30, buy in advance, or pay per  
 cup at the Conference.

To register by mail, send this portion with your check made payable to West Central Region. Mail by 2/15/26 to WCRAASC, PO Box 196, Cedar Rapids, IA 52410

Name: \_\_\_\_\_ Area: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Home Group: \_\_\_\_\_ Service Position: \_\_\_\_\_

Do you need Closed Captioning? \_\_\_\_\_ Spanish? \_\_\_\_\_ Will you be joining in Person? \_\_\_\_\_ Virtually? \_\_\_\_\_

Are you purchasing a coffee pass? Yes \_\_\_\_\_ No \_\_\_\_\_

### 2026 Area 24 Spring Conference

Hosted By District 3

June 12-14, 2026

#### Bright Spot of Our Lives

Al-Anon and Alateen  
 Iowa Valley Community College  
 3702 S. Center Street, Marshalltown  
 SPEAKERS ON SATURDAY WILL BE AT IOWA VALLEY COMMUNITY COLLEGE

**FRIDAY**  
 3:30 p.m. Registration  
 6:45-7:45 p.m. Area 24 Officer & Chair Session  
 8 p.m. DINNER/Drinking Session  
 9:45-11:15 p.m. Workshop: Activities, Connections, Needs/Needs, & R

**SATURDAY**  
 7 a.m.-10 p.m. Registration  
 7:45-11:15 a.m. Early Bird Meeting  
 8:30-10:30 a.m. "College Report"  
 10:45-11:15 a.m. Area Business Meeting  
 11:30 a.m.-1:30 p.m. Luncheon - Al-Anon/Alateen  
 Speaker @ Iowa Valley Community College  
 1:45-3:30 p.m. Area Business Meeting  
 8:30 p.m. Banquet and AA Speaker Jim R  
 9:30-11:00 p.m. Workshop: GPC, Coping, Literature & Treasures

**SUNDAY**  
 6:45-7:45 a.m. Early Bird Meeting  
 8:15-10:15 a.m. "Share Your Life & Beliefs"  
 10:30-11:30 a.m. AA Spiritual Speaker

**FRIDAY**  
 3:30 p.m. Registration  
 7:45 p.m. GPC Registration/Group Contributions  
 8 p.m. Open Meeting  
 9:15 p.m. AA/SC Meeting

**SATURDAY**  
 7 a.m.-10 p.m. Registration  
 7:45 a.m. GPC Registration/Group Contributions  
 9:15 a.m. Workshop  
 10:15-11:15 a.m. Delegate Report  
 11:30 a.m.-1:30 p.m. Luncheon - Al-Anon/Alateen speaker @ Iowa Valley Community College  
 1:45-3:30 p.m. Business Meeting  
 6:30 p.m. Banquet and AA Speaker  
 9 p.m. Alateen Candlelight Meeting  
 11:15 p.m. Candlelight Meeting

**SUNDAY**  
 9:45-11:15 a.m. Workshop  
 10:15-11:30 a.m. AA/SC Spiritual Speaker

#### Pre-Registration Form - Due by May 29

Name _____		Check Box - Due by May 1	
Address _____		<input type="checkbox"/> Spanish Interpreter	
City/State _____		<input type="checkbox"/> ASL Interpreter	
ZIP _____			
Phone _____			
Email _____			
Adults	\$20 Pre-Registration	\$50 at door	Check One
Alateen	\$10		<input type="checkbox"/> AA
Pre-registration meal	\$20 Lunch	\$75 Banquet	<input type="checkbox"/> Al-Anon
			<input type="checkbox"/> Alateen
Total			<input type="checkbox"/> Vegetarian <input type="checkbox"/> Gluten Free

Make checks payable to Area 24 Spring Conference PO Box 3313 Ames, IA 50010

The Alateen consent form is required for all Alateen members to participate in the Area 24 assembly. No notarization is needed.

#### Hotels

Contact the hotels and mention Area 24 Conference for discount pricing

##### Hampton Inn & Suites

20 Iowa Ave West

Marshalltown Iowa 50158

(641) 753-6795

Rate \$104.00 - must reserve by May 18

##### Holiday Inn Express

302 Iowa Ave West

Marshalltown Iowa 50158

(641) 854-2900

Mention Area 24

##### Baymont

315 Iowa Ave West

Marshalltown Iowa 50158

(641) 752-4844

Rate \$135.00

##### Super 8

3315 South Center Street

Marshalltown Iowa 50158

(641) 753-3333

Rate \$75.00

#### Camping

##### Shady Oaks

Reservations available

2370 Shady Oaks Road

Marshalltown

##### Riverview Campground

First come, first served

402 Woodland St.

Marshalltown

#### Register Online

<https://www.danbury.com/area24-spring-conference-2026>

Cedar Rapids, Feb. 27–Mar. 1, 2026

Marshalltown, June 12–14, 2026

Downloadable copies of most of these events are at [DubuqueAA.org](http://DubuqueAA.org)



# District 11 AA Meeting Directory

# Alcoholics Anonymous Dubuque Central Office

**Dubuque Area Intergroup**  
1646 Asbury Rd, (lower level) Suite#7 Dubuque, IA  
52001 (563) 557-9196

**Dubuque Area Intergroup Business Meeting**  
 Dubuque Area Intergroup, 1646 Asbury Rd.  
 (lower level), Suite #7 10:30 A.M.  
 Third Saturday, monthly. All are welcome!

**AA District 11 GSR Business Meeting**  
1646 Asbury Rd (lower level)  
10:30 A.M. First Saturday, monthly *All are welcome!*

### Web Addresses

**Dubuque Area Intergroup**  
**AA Live and Virtual Meeting lists**  
 dubuqueaa.org

**Local AA Events:**  
dubuqueaa.org

**Iowa AA Web address**  
aa-iowa.org

**AA General Service Office Web address**  
aa.org

**All zoom meetings**  
aa-intergroup.org

## Dubuque AA Clubhouses

**Westside Club House**  
1646 Asbury Rd (lower level)  
Dubuque, IA 52001

**Dubuque Fellowship Club (DFC)**  
1166 Main St. (lower level, enter from back alley)  
Dubuque, IA 52001  
(563) 588-1630

## AA CONTACTS: NAME/PHONE

# Alcoholics Anonymous

Iowa Area 24, District 11

### Dubuque and Neighboring Communities

## Schedule Corrections?

Please call the Dubuque Area Intergroup at (563) 557-9196 and leave a detailed message. Thank you.

### Meeting Key

C = Closed Meeting\*

O = Open Meeting

H = Handicapped Accessible

W = Women's Meeting

M = Men's Meeting

\* "In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you have a problem with alcohol, you are welcome to attend these meetings. We ask that when discussing our problems, we confine ourselves to those problems as they relate to alcoholism."

rev. 10-6-2025

SUNDAY

**8:00 AM Joy in Sobriety (C)** Dubuque Area Intergroup

**9 AM DFC Speaker's Breakfast** (Sponsored by the Attitude Adjustment Group) (O) DFC (1<sup>st</sup> Sunday)

**9 AM Living Room Group** (O) Westside Clubhouse

**6:30 PM Big Book Study** (O) Community Building, 500 East Avenue, Dickeyville, WI

**7 PM 12 Steps and 12 Traditions** Group (O, Zoom Hybrid) 3342 John Wesley Dr. Dubuque

**7 PM Missing Link Group** DFC (O)

**7 PM Unity Step Group** (C) Westside Clubhouse

**MONDAY**

**9 AM Family Afterward BB Study Group**  
1220 Rush Street. (O, Children welcome!)

**9 AM Live & Let Live Group (C)** Westside  
Clubhouse

**10 AM Galena Monday Morning Group (C)** Grace  
Episcopal Annex, 107 S. Prospect St., Galena, IL  
Zoom Hybrid)

**1 PM Women's Big Book Discussion Group,**  
(C,W,H) St. Peter's Lutheran Church 3200 Asbury

**6 PM The Messenger Group (O)** Westside  
Clubhouse

**6 PM Stone Room Open Meeting (O, H)** New  
Melleray Abbey, Peosta

**7 PM Hopkinton AA Group, (O)** 107 3<sup>rd</sup> St. NW,  
Hopkinton, IA

**8 PM 24 Hour Group (C)** DFC

TUESDAY

**9 AM Day at a Time Group** (C) Westside Clubhouse  
**12 PM Sober Sisters BB Study Meeting** (O, W, Zoom Hybrid) Dubuque Area Intergroup  
**12 PM There is a Solution Group** (O) 408 3<sup>rd</sup> Ave NW (Lower Level) Enter from 3<sup>rd</sup> Ave, directly east of St. Matthias Church, Cascade

TUESDAY CONTINUED

**6 PM Happy Hour Group** (C) Westside Clubhouse  
**7 PM Galena Group** (O, Zoom Hybrid) Grace Episcopal Annex, 107 S. Prospect St., Galena, IL  
**7 PM Manchester Group** (C) 1050 South 3<sup>rd</sup> Street, Manchester  
**7 PM Garnaville AA Group** (O) St. Paul Lutheran Church, 104 S. Adams St., Garnaville, IA  
**7 PM Dickeyville Tuesday Night Group** (C, H) Community Building, 500 East Avenue, Dickeyville, WI (open, last Tuesday)

**WEDNESDAY**

**9 AM Wednesday Morning 24 Hour Group (C)**  
Westside Clubhouse

**10 AM Edgewood Big Book Group (O, H)** 203 West Union Street, Edgewood

**12 PM Galena Brown Bag Big Book Group (C, Zoom Hybrid)** Grace Episcopal Annex 107 S. Prospect, Galena, IL

**5:15 PM Women's Big Book Study Group (C, W, H)**  
Dubuque Area Intergroup

**5:30 PM DBQ Men's Group** 2216 White St., Dubuque (C, M, H)

**6 PM Stone Room Group (C, H)** New Melleray Abbey, Peosta

**7 PM Jaywalkers Big Book Study (O, H)** AY Chapel, Fellowship Hall, 2001 Asbury Rd (enter from Wilbriht Lane, behind Chapel)

**7 PM Basilica Basement Group (C, H)** St. Francis Xavier's Basilica, 104 3<sup>rd</sup> St. SW, Dyersville (Open 2<sup>nd</sup> Wednesday Speaker meeting)

**7 PM Maquoketa Group (C,H)** United Church of Christ, 206 East Platt St., Maquoketa, IA (Potluck last Wednesday, open speaker meeting)

**8:00 PM Keyway Lodge Group (Candlelight discussion) (O, H, Zoom Hybrid)** 2155 University Avenue, Lower Level, Dubuque. Enter from Irving Street.

THURSDAY

**9 AM Day at a Time** (12 Steps & 12 Traditions) (C)  
Westside Clubhouse

**5:30 Wing and a Prayer Group** (O, H) DFC

**6:30 PM Rule 62 Candlelight Group** (O) Westside  
Clubhouse

**7 PM Founder's Group Big Book Study** (O) DFC

**7 PM Galena We Are Not a Glum Lot Big Book** (C,  
Zoom Hybrid) Grace Episcopal Annex, 107 S.  
Prospect, Galena, IL

**7 PM Open Door Group** (C) American Legion Hall,  
206 W. Main, Epworth, IA

## FRIDAY

**9 AM Living Sober Group** (O) Westside Clubhouse  
**12 PM High Noon Group** (O) DFC  
**6 PM Grapevine Open meeting** (O) (Zoom only)  
**6:30 PM Friday Night Beginners Group** (O)  
 Westside Clubhouse  
**7 PM Vision for Hope Group** (C, H) 3200 Asbury  
 Rd, St Peter's Lutheran Church  
**7 PM Delhi Living Sober Group** (C) United  
 Methodist Church, 304 Market Street, Delhi, IA  
**7 PM Cascade Group** (C, Open last Friday of the  
 month) Cornerstone Church, 830 Nixon St., Cascade

## SATURDAY

**7:30 AM Early Bird Grapevine Meeting** (O) DFC  
**8:00 AM Joy in Sobriety** (C) Dubuque Area  
 Intergroup  
**9 AM 1<sup>st</sup> 164 Pages Group** (O) Westside Clubhouse  
**9 AM Attitude Adjustment Group** (C) DFC  
**9:30 AM Galena Attitude Adjustment Group** (C)  
 Zoom Hybrid)) 106 N. Bench St., Galena, IL  
**6:30 PM Saturday Night Special** (O,H) Westside  
 Clubhouse



December 2025	Area 24–District 11 News	Issue #19
	Meeting Guide APP for Nationwide AA Meetings	

# Meeting Guide

## Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.



### About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

#### Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



GET IT ON GOOGLE PLAY >



DOWNLOAD ON THE APP STORE >

*Or Click here to get the Meeting Guide Mobile App from AA.org*

- Common themes in December Reflections:**

  - **Daily Spiritual Growth:** Focus on feeding spiritual needs daily, not just for sobriety but for overall well-being.
  - **Humility & Self-Will:** Recognizing and overcoming self-will, practicing humility so blessings don't spoil you.
- **Faith & Surrender:** Trusting in a Power greater than yourself to provide strength and guidance, as shown in the Big Book.
  - **Living in the Present:** Applying the "24-hour" concept emotional life, focusing on the day at hand.

## Dubuque Area Intergroup

### Area24 / District 11 Alcoholics Anonymous and Iowa Area Al-Anon Family Groups

**Office Location: 1646 Asbury Rd #7, Dubuque, IA 52001**

**Office opened by appointment at your convenience:**

**Call (563) 557-9196**



#### AA Literature

Dubuque Area Intergroup stocks and sells A.A. Conference-approved literature and recovery anniversary medallions for the convenience of local members and groups. French and Spanish literature can be ordered. We stock outreach pamphlets that address recovery with inclusivity for all persons. Al-Anon Family Group's literature may also be purchased at our office.

**(Call for prices)**



#### Meetings and Events

Dubuque Area Intergroup publishes and distributes up-to-date lists of in-person meetings as well as web-based meetings for those who are housebound or chronically ill. We publish local A.A., Al-Anon, and Alateen event flyers and other related information on this website. Our AA Meetings are also listed in the aa.org "AA Meeting Guide App".



#### Speakers and Referrals

The Dubuque Area Intergroup is one of 700 AA Intergroups throughout the U.S. We are a resource to connect with A.A. Members. We include public outreach for Al-Anon Family Groups and Alateen. Referrals to A.A. Speakers willing to share their personal experience with the A.A. program of recovery, may be reached by calling our office.

**Group contributions  
support the operations of  
Dubuque Area Intergroup.  
Your group can make  
contributions using  
this PayPal QR Code:**



**From the Newsletter Chair:**

We wish to acknowledge the contributions of the Dubuque Area Intergroup and its website, [DubuqueAA.org](http://DubuqueAA.org), which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports usually are lightly edited for clarity and brevity. Original, full Chair reports are recorded and emailed within the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly GSR Business Meeting minutes in full, please email requests to: [area24district11altdcm@gmail.com](mailto:area24district11altdcm@gmail.com)

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require light editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, **The Messenger**, is a publication of Area 24 /District 11 of Alcoholics Anonymous. The editors and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editors or authors only. All content quoted from AA Literature is offered in the spirit of recovery and every attempt is made to attribute the text accurately.

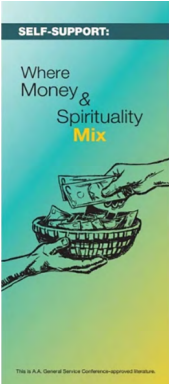
District 11 serves the AA members and supports institutions of the following communities:

- Iowa –
- Bellevue • Cascade • Delhi • Dubuque  
Dyersville • Edgewood • Epworth • Hopkinton  
Manchester • Maquoketa • Peosta
- Illinois –
- Elizabeth • Galena • Hanover

**Our 7th Tradition:**

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

*Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.*



**Self-Support:**  
**Where Money and Spirituality Mix**

**Where Your Contributions Are Applied**

Your contributions support the operations of District 11 and the Dubuque Area Intergroup. All Individual contributions from AA members are gratefully accepted.

**All of these AA organizations depend on our support:**

General Service Office	Area 24	District 11 Treasurer	Dubuque Area Intergroup
Post Office Box 2407	PO Box 1291	1646 Asbury Road, #7	1646 Asbury Road #7
James A. Farley Station	Des Moines, Iowa 50305	Dubuque, IA 52001	Dubuque, IA 52001
New York, NY 10116–2407			