
Apr/May/June

THE MESSENGER

2023

District 11 Newsletter

Issue #8

Welcome to the quarterly District 11 newsletter, The Messenger. To have anything added to this newsletter, please send your request to area24district11newsletter@gmail.com. Thanks.

***** HELP WANTED and NEEDED! District 11 is in need of a Secretary and an Archives Chair! Please share at your meetings, and contact DCM Marc C if you are interested. *****

April District 11 GSR/Business Meeting: 7 District Chair, 5 GSR'S, 3 Ad-Hoc Committee persons.

Corrections - Alicia M If you are interested in visiting the Jail and carrying to the women, please let me know at area24district11corrections@gmail.com; and thank you, Dan Hanson for asking men to sign up for them to visit the Jails; it's so rewarding for all.

Newsletter - Sue G submit any announcements or flyers concerning your Group to me at area24district11newsletter@gmail.com

Treatment & Accessibilities - Carol K I've been outreaching the various Frat & Sorority Groups, the Mission, Nursing Homes, Assisted Living locations, and ASAC. I've got an outline for Bridging the Gap for Turning Point Bridge; 10:30 & and 5:30.

DCM - Marc R At the March 4th Meeting, Julie, our Area 24 Delegate to GSO had new business we'll discuss later under new business. All, but 4 of the 50 Fall Conference packets were distributed at Marshalltown. Ink for schedules, Chadd suggested it be District's responsibility; the body agreed.

Erin E. - Grapevine I have not a lot to report besides: hard copies of flyers were given to GSRs to post at their meetings (that came to the district meeting last month). The flyer has been forwarded on to Area 24 for digital use on districts websites, along with paper copies to all districts in the area. I will be talking to the hotel in July about marquee specifics on advertisements for the conference closer to the dates. I am also brainstorming other places to forward the flyer to, possibly surrounding states (MN, WI, IL, NE, MI, SD)

AI-Anon Liaison - Geri discovered an error in our schedules, the font caused the time for the meetings not to appear on S/M/T. Our Web Master - Patti P will make an adjustment and correct the problem.

2023 Area 24 Fall Conference Chair - Erin L 8 are Registered for the Fall Conference. June 9th, Spring Conference; Erin will check their Registration if they had any problems. There will be a walk through on the 11th at Best Western and report on the 16th at Westside their results; including the use of command strips on the wall. There's a bill of \$180 for printing.

GSR Reports

Vision for Hope - 7 pm - Carol K- We meet Sunday at 7pm at Grand View Methodist Church; they are wondering if they might be able to go back to meetings at Mercy.

Key Way Lodge - Sue G Speaker on June 17th, Lori - Des Moines celebrating AA's & Key Way Lodge Anniversary.

Vision for Hope - John M - Possibly going back to Mercy, we're checking it out

Attitude Adjustment, Galena – Shannon P we have a room for kids to gather

Dyersville Basilica - Bernie K - 2nd Wed. we have a speaker; April 12th Steve G - those that know Loran S, he's ill, and would be grateful for a card or phone call.

Jay Walkers - Chadd M - Big Book Study of the Steps; first Wed of the Month, we study the corresponding Tradition and how it all applies in our lives.

Sober Sisters – Mary Jo K - Tues Big Book meeting, usually around 4 - 5; we are on zoom also.

Family Afterward BB - Mary CE - Big Book Study, small & intimate meeting; come as you are - all are welcomed, AA, Al-Anon, children.

Unfinished Business

- The District needs to find someone to be our District Archivist; at least a year of sobriety, it's a 4 year commitment.
- There will be an AA International Conference in Des Moines in 2024.
- There was a Spend down Committee organized to look at the funds in the District checking account; spearheaded by Terry C, several people involved including Terry M.

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- Erin L wants to bring the Mini Conference back in September. Erin will get a committee together by next month and take a vote at the May meeting.
- Shannon P questioned the Website cost; Chadd M suggested it be added to the budget.

New Business

- Marc shared about the resignation of Linda C Class A Trustee and Chair of the Board. After much discussion, we are confident that our Area 24 Delegate will keep us abreast of all information we need to know.

May District 11/GSR Business Meeting

New Business:

Our Secretary has submitted her resignation as Area 24 Fall Conference Secretary and also the District 11 Secretary, effective immediately, for health & personal reasons; she was grateful for the opportunity to learn and serve the Fellowship.

We need to fill the District Archives position; minimum of 1 year sobriety and it's a four year commitment. We also need to fill the Secretary position. They need to take the notes of the meeting and collecting the various Officers reports that they submit to the Secretary email. It's a 2 year commitment.

We are going to table the Mini Conference for now.

Curtis Ryan, IAYPAA Report

My last young people's conference I attended was HACYPAA that is the Heartland Area Conference for Young People in A.A. That is on a regional scale. This YPAA was hosted at the Chula Vista resort in The Wisconsin Dells. For the Fri night State roll call we had about 15 states represented including Iowa. We had a wonderful Al-anon speaker Tim R. followed by our main speaker Russel S. both were wonderful speakers. For Sat we got outreach set up and did the best we could with what we had. There were some pictures posted on our private IAYPAA Facebook group of our outreach team. Then we also had another ala-non speaker Jessica P. and our sat night main speaker Judith R. We had another awesome and energetic sobriety countdown with a total of 568 people attended by sat night. We had 45 years of sobriety all the way down with 2 people with 24 hours. It was an awesome weekend. Got to meet some new friends and see some old friends.

My next ypa conference will be MNYPAA which is the Minnesota Young people's conference of A.A. in Minneapolis on June 30th- July 1st and 2nd 2023. If anyone is interested in coming to a conference or want more information please reach out to me so I can get you the information you need.

Ron McD (563-599-11455) from the Fellowship Club, is seeking help in getting a meeting going on Wednesday night meeting for the people from Elm St around 7 pm. The focus will be on Steps 1,2,3. Gail will be updating current GSR information.

Bernie K, GSR for Dyersville; asked if they're still sending out BOX 459 Newsletter; Sue G mentioned that they can be gotten off the website fromAA.org.

June District 11 GSR/Business Meeting

Number of GSR's Present : 5

New Business

- Resignation from fall conference (Mary C-E) and from district
- Fill archives position (4 year position)
- Secretary position (2 year position) collect notes and get
- Last month tabled mini conference for fall 23

District Chair Reports

Secretary - minutes report from last meeting (above)

Treasurer's report email from Terry McD; \$134 to Terry C for copies of 3000 schedules

Archives: Jeff – (interim archives) picture brought in and Judge Louie Fauch (founder of Dubuque's AA) from Loras College

Corrections - Alicia: no contact with anyone for meetings in jail, will be reaching out.

Grapevine - Erin: subscriptions, podcast, QR code, ZTM, District 11 AA PO Box Dubuque, IA File for Place, Department, Address

Newsletter - Sue: April, May June (quarterly newsletter) will be out soon

Treatment and Accessibilities: Carol K: Turning Point with new schedule sheet-updated times, dates, and places. Went through pamphlets and will order new/more if needed.

Bridge the Gap: Dropping off new schedule sheets on Monday. Please use them and ask for packets from them. They also have packets for you to hand out and there's a short list to follow to keep meeting for both groups the same. There are AA books on shelf, if you need one to show and talk about too.

1. Introduce yourselves and let them introduce themselves.

2. Tell them what an open and closed AA meeting is and what kind of meetings there are: Big Book, 12 and 12, Daily Reflections, etc.

3. Take about 10 – 12 minutes and explain your experience, strength and hope (your story) to let them know how you came to AA. Allow enough time for everyone to share and let them ask questions at the

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end. Keep it simple. Above all please keep from using any profanity while at Turning Point and let's show respect to the facility.

Also I finally got all the pamphlets in order and hoping by next week have a list of reorders and would like to send a Grapevine to Mercy Hospital and to Finley Hospital. And if there is enough money, a Grapevine to all the colleges and High Schools. I know there are 3 of each in Dubuque, but would need to find out for the d. 11 outside too. Last, I will be going to June conf. for both treatment and Friday night vision for hope GSR.

Grapevine Erin E: Grapevine subscriptions to: Turning Point, Finley Hospital, 3 High Schools, 3 Colleges, Bridge the Gap with name list-430 pm meeting instead of 530. Looking for help to drop pamphlets and packets off

Alternate DCM: Gail. New schedules out, will drop off at meetings. GSR in schedule book are correct and information is ready - contact list.

DCM- Marc: Shannon P (and Carol K) will represent District 11 at business meeting at spring conference. Julie invited to come in the next couple months. Next meeting Saturday July 8th at 10:30 at Westside.

Ad-Hoc Committee Reports:

Intergroup Liaison Report: Replace existing computer and printer. Intergroup sign re-hung/mounted with a post (Dusty) Thank you!

Intergroup picnic on Memorial Day: 104 people, 750 \$142 for raffle, \$30 miscellaneous \$900 total. \$85 for pavilion, \$105 for food, \$665-700 for profit.

Fourth of July picnic, 11am Eagle Point Park. All welcome. Please bring a dish to pass. Any available help would be wonderful

AI-Anon Liaison Report: Geri : please clean up after themselves at meetings. AI-anon flier should have mentioned AI-anon on it. June Spring conference in Grinnell

YPAA Liaison Report: Upcoming YPAA conference on website (July 14-16) in Davenport, get a hold of Curtis for more information or interested in going.

2023 Area 24 Fall Conference Chair Report: Erin L will be in Grinnell to give report. Next meeting will be June 20th 5:30pm at Best Western Hotel in the Boardroom.

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GSR Reports

Shannon P -930am Attitude Adjustment Group in Galena. Business meeting next week; treasurer position changing, reimbursement for the Spring conference

Sue G: Keyway Lodge group Wed 830pm Anniversary Birthday party June 17th - Looking for raffle items.

Carol: Vision for Hope 7pm Friday at Intergroup (15 men usually) Read out of Daily Reflections

Mary Jo K: Sober Sisters group Tuesday at Noon

Chad M - Jaywalkers Wed 7pm. Good attendance, good meeting

Bernie: Dyersville Wed 7pm meeting (Lauren S leader)

Unfinished Business

Archives position open/possible vote to appoint- discuss, please bring to your meetings. Jeff M is available to mentor or help. Will keep this as a 4 year position, but could do exceptions if someone just wanted to do 2 years. Sue G will advertise on newsletter

Secretary position open/possible vote to appoint- discuss, please bring to your meetings. Sue G will advertise on newsletter

Revisit possibility of having a 2023 District 11 Mini-Conference: tabled and not put back on next. We will be doing the Fall 2024 Mini-Conference, so concern not enough 'people resources' to do both a Mini Conference and the Area 24 Fall Conference in 2023.

New Business

New Tuesday Meeting 7:00 PM at DFC (Ron McD. #563-599-1455) and Wednesday evening at 7pm Dubuque Fellowship Club; Ron needs help looking for someone to chair or pass the word on this new meeting

Discussion on who is going to the Spring Conference (Chad, Terri, Carol, -possibly Shannon)

Reimbursement on Spring Conference Lodging, Mileage, and Meals: motion to allow alternates to attend Spring Conference in place of DCM and Alternate DCM passed; thanks to Carol K and Shannon P for attending.

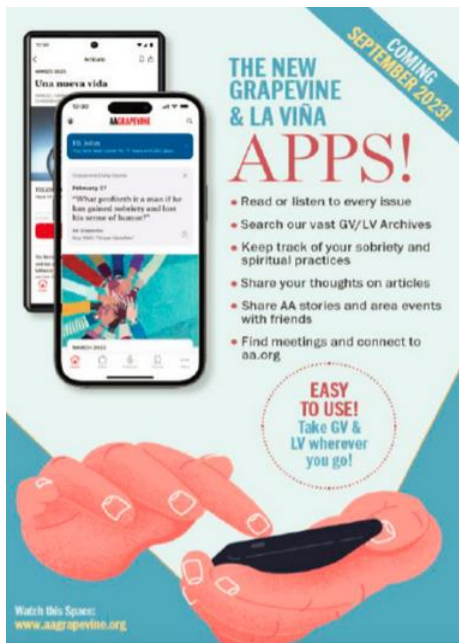
Discussion on availability to use remote audio video equipment to make virtual meetings/ conferences, etc.

Reminder of general business format (**Roberts Rules of Order**):

Motion/Second/Discussion/Vote/Minority Voice- Motion to Re-consider? If the motion to re-consider gets a second, then it is back on the floor to be discussed and subsequently voted on.

New Grapevine Logos

Thanks to Grapevine Chair Erin E for providing these new Grapevine logos:

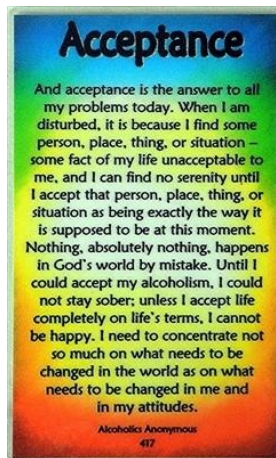


Archives:



. Caption: "left, Judge Louie Fautsch Founder of Dubuque A.A.---right, former Iowa Governor/U.S. Senator Harold Hughes a recovering alcoholic (photo from 1985)"

New Acceptance Card:



Traditions Checklist

AA GRAPEVINE

www.aagrapevine.org

*These questions * were originally published in Grapevine in conjunction with a series of articles on the Twelve Traditions that ran from November 1969 to September 1971. While they were originally intended as suggestions for individual use, many AA groups have since adopted them and use them as a basis for wider discussion.*

Tradition Four:

Each group should be autonomous except in matters affecting other groups or AA as a whole.

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group consider the welfare of nearby groups in its actions and decisions? Of AA "as a whole"?
3. Do I judge or criticize other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—their lengths, not mine—to stay sober?
6. Do I ever criticize certain groups because I think they don't do things how I believe AA should be done?

Tradition Five:

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.


1. Am I willing to firmly explain to newcomers the limitations of AA help, even though they may get mad at me for not giving them a loan? Or dating advice? Or help with a job?
2. Have I ever imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
3. Am I willing to Twelfth-Step the next newcomer without regard to who or what is in it for me?
4. Do I help my group in every way to fulfill our primary purpose?
5. Do I remember that AA long-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?
6. Does our group ever use money from the basket for dinners or events or for memorials for members who have passed on?

Tradition Six:

An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

1. Why is it important that we not get involved in outside enterprises?
2. Is it ever wise for a group to lease a small building or endorse an outside event?
3. Are all the officers and members of our local clubhouse familiar with "Guidelines on Clubs," which is available free from GSO?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Our group's landlord is raising money to pay for a new roof on the building. Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?

Upcoming Events:



Cornhusker Roundup XLVI, August 10th - 13th, 2023
Omaha, Nebraska

[Schedule](#) [Register](#) [Notices](#) [Golf Tournament](#) [Accommodations](#)

2023 Schedule

The Cornhusker Roundup has moved!!!! Our new home is at the Liberty First Credit Union Arena (formerly known as the Ralston Arena) at 7300 Q St, Ralston, NE 68127

46th Annual Cornhusker Round-up

THURSDAY		EARLY BIRD MEETING
	8:00 P.M.	* Rose E. (A.A.), Springhill, FL (Roundup registration not required to attend this meeting)
FRIDAY		Twelve Steps
	2:00 P.M. – 4:00 P.M.	Pat Y. (A.A.), Seal Beach, CA
	8:00 P.M.	* Heidi S. (A.A.), Grove City, PA
	10:00 P.M.	Molly M. (A.A.), Omaha, NE
	10:00 P.M. – 11:30 P.M.	Ice Cream Social
SATURDAY	9:00 A.M.	Shari H. (A.A.), Carter Lake, IA
	10:30 A.M.	Vannoy S. (A.F.G.), Justin, TX
		MATINEE
	2:00 P.M.	* John S. (A.A.), Helotes, TX Followed by – * Cindy S. (A.F.G), Helotes, TX
	8:00 P.M.	* Bobby C. (A.A.), Philadelphia, PA
	Dance	After the Main Speaker
	10:00 P.M.	John E. (A.A.), Bellevue, NE
SUNDAY		MORNING AFTER
	10:00 A.M.	* Pat Y. (A.A.), Seal Beach, CA * Signed meeting for the hearing impaired

Children 12 and under will not be admitted into the meeting hall.

Please send your Registrations early.

Questions can be e-mailed to info@aa-cornhusker.org

The Three Legacies



Area 24 – 2023 Fall Conference

October 13 – 15, 2023

Hosted by District 11 at

Best Western Plus Dubuque Hotel & Conference Center

3100 Dodge Street, Highway 20 W, Dubuque, IA

Pre-registration \$18 – due Sept. 13, 2023 – \$20 at the door

Registration includes all speakers, meetings and workshops

Hotel rooms at Best Western Plus Hotel & Conference Center: \$169 + tax per night, includes hot breakfast on Saturday and Sunday morning.

Call 563-557-8000, press 2 for registration of Group Block rate. Ask for Area 24 Fall Conference rates.

Hotel reservation must be made by Sept. 13, 2023, to receive this special rate.

Additional hotels on back of flyer.

Questions?

Email – area24fall23@gmail.com or call Erin L. 563-543-0946 or call Brad H. 563-260-7129

Spanish speaking interpreters and ASL interpreters are available by request. Requests due Sept. 13.

Alateen must present Iowa Consent and Release form at the registration table for admission to the conference. Find the consent form at: ia.al-anon.alateen.org.



Register one of these three ways:

1. Scan the QR code
2. Online – <https://area24fallconference2023pre-register.cheddarup.com>
3. Mail – Fill out and mail the form below to P.O. Box 3043, Dubuque, IA 52004.

Area 24 Fall 2023 Conference Pre-registration Due by Sept. 13, 2023

Name _____

Badge Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Check one: AA Al-Anon Alateen

Need Interpreter: ASL Spanish

Interpreter requests due by Sept. 13, 2023

	ADULTS	ALATEEN
Pre-registration*	\$18.00	\$5.00
Sat. Lunch	\$19.00	\$19.00
Dinner Banquet	\$29.00	\$29.00
TOTAL		

*\$20.00 at the door.

Please make checks payable to Area 24 Fall 2023 Conference

Mail to: PO Box 3043
Dubuque, IA 52004

Additional Hotel Information

- Hampton Inn Dubuque, 3434 Dodge St, Dubuque, IA, 563-690-2005
- Days Inn by Wyndham, 1111 Dodge St, Dubuque, IA, 563-583-3297
- Holiday Inn Express & Suites Dubuque-West, 2080 Holliday Drive, Dubuque, IA, 563-556-4600
- Country Inn & Suites by Radisson, 1315 Associates Dr, Dubuque, IA, 563-291-3601

AA Agenda

FRIDAY, October 13

- 2:00 PM – 10:00 PM Registration
- 2:00 PM – Midnight Hospitality Room open
- 6:45 PM – 7:45 PM Officer and Chair sharing sessions
- 8:00 PM – 9:30 PM Sharing Sessions – DCM, GSR and Area Officers
- 9:45 PM – 11:15 PM Workshops – CPC, Grapevine, Literature, and Treatment

SATURDAY, October 14

- 7:15 AM – 8:15 AM Early Bird meeting
- 8:00 AM – 10:00 PM Registration
- 8:00 AM – Midnight Hospitality Room open
- 8:30 AM – 11:15 AM Area business meeting
- 11:30 AM – 1:30 PM Luncheon – Speakers – TBA
- 1:45 PM – 5:30 PM Area business meeting
- 6:30 PM – 9:15 PM Banquet – AA speaker – TBA
- 9:30 PM – 11:00 PM Workshops – Archives, Corrections, Newsletter, PI
- 11:15 PM – 12:15 AM AA candlelight meeting

SUNDAY, October 15

- 6:45 AM – 7:45 AM Early Bird meeting
- 7:00 AM – 10:00 AM Hospitality Room open
- 9:15 AM – 10:15 AM State Officers Share Ask it Basket
- 10:30 AM – 11:30 AM Spiritual Speaker – TBA

AI-Anon Assembly Agenda - Fall 2023

Friday, October 13th

- 7:00 p.m. – 8:00 p.m. GR Registration and Group contributions
- 8:00 p.m. Workshop: Host District 11
- 9:15 p.m. AWSC meeting

Saturday, October 14th

- 8:00 a.m. – 9:00 a.m. GR Registration and Group contributions
- 9:00 – 10:00 a.m. Workshop: Sponsorship -Susan B.
- 10:15 – 11:15 a.m. Workshop: AMIAS Training - Judy V.
- 11:30 a.m. Luncheon, followed by Alateen (tba) and AFG Speaker- Susan B., LaCrosse, WI
- 2:00 p.m. Assembly Business Meeting
- 6:30pm Banquet followed by AA Speaker

Sunday, October 15th

- 9:00 a.m. – 10:00 a.m. Workshop - Knowledge Based Decision Making
- 10:15a.m. Spiritual Speaker - Susan M., Dubuque, IA

Virtual Registration - Click [HERE](#) or go to iowa-al-anon.org to register and pay to attend virtually.



Speakers

AA: Olis S, Durham, NC

AI-Anon Participation: Melissa S, Grimes, IA

Hilton Garden Inn Des Moines/Urbandale
8600 Northpark Drive, Johnston, IA 50131

Cost: \$38 per person, includes plated lunch



11:30 am
Doors open



12:30 pm
Lunch served



1:30 pm
Speakers



Register by August 24 and receive a free entry into the raffle for a \$25 gift card donated by the IWL Committee!

Online registration ends noon October 17

<https://iwlregistration-2023.cheddarup.com>

or scan the QR code to open our page



To pay by check, please detach and return.
Envelopes must be postmarked no later than October 12, 2023. Late checks will be returned.

Name(s): _____

Email: _____

Phone: _____

Entree(s) total # for each

___ Balsamic Chicken ___ Vegetarian Lasagna

TOTAL ENCLOSED: _____

Make checks payable to:
Iowa Women's Luncheon
P.O. Box 8037
Des Moines, IA 50301