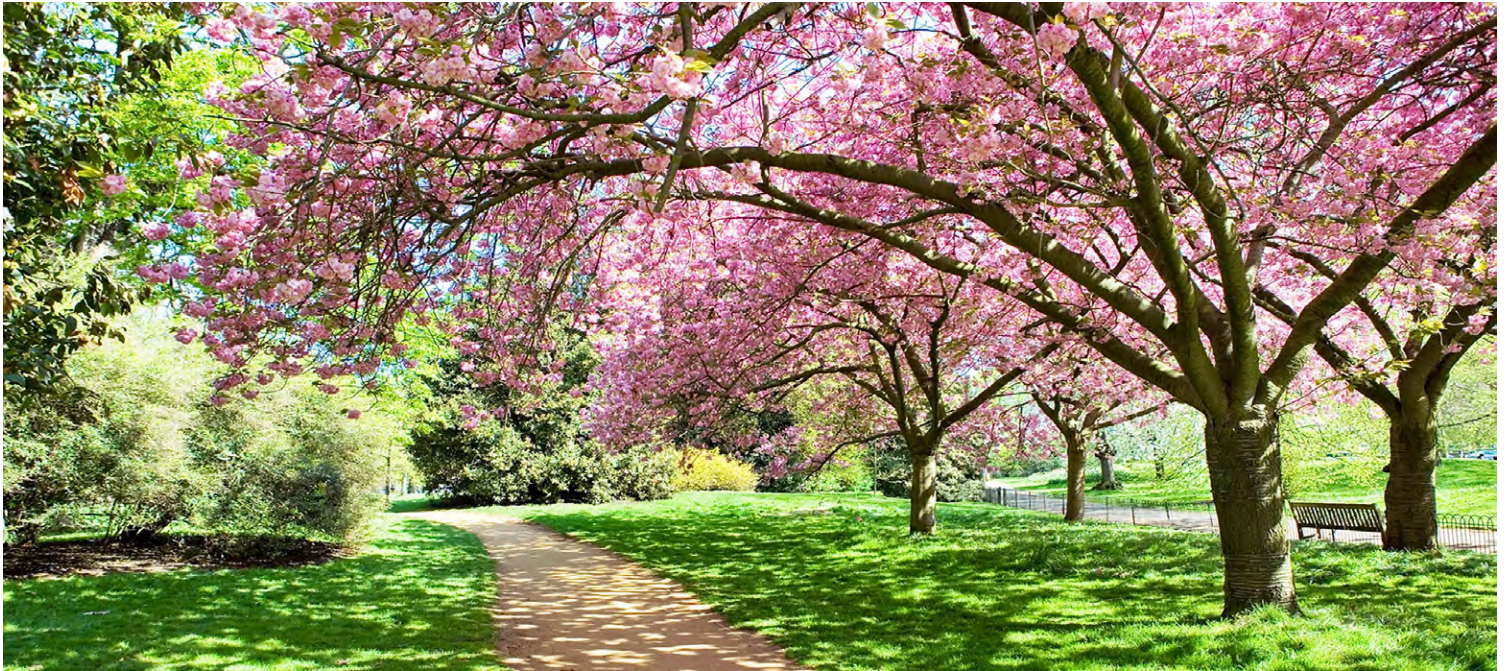


The Messenger

May 2026

Area 24–District 11 News

Issue #24



Trust, Faith and Service Give Life to the Message

In Step 5 (“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”) we can confront our fear of being judged. Laying a foundation, free from fear of our past, strengthens us and provides us with the force of our commitment to the message. Therefore, working with Tradition 5 (“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers”) by fostering the humility and honesty necessary for long-term sobriety, we are then able to break the bonds of isolation and more capable of carrying the message to others.

Step 5 and Tradition 5 work together as we build that foundation in our “spiritual housecleaning” that brings the necessary humility to reduce the guilt and pride that can lead to relapse. By sharing our 4th Step inventory with a trusted person, often a sponsor, we break through denial and form a closer connection with the Higher Power that frees us from our bondage to alcohol and returns us to a useful place in society. It allows us to be available for the service of carrying the message through Tradition 5. By clearing away the wreckage of our past through Step 5, we become able messengers to others of the healing power of recovery, which is at the very heart of Tradition 5. Sharing this honest and vulnerable experience shows new members that recovery is possible, fulfilling our and the group’s purpose. Long-term sobriety is made imminently more powerful through this combination. It can ensure the individual remains honest and humble while contributing to the group, while creating a level of sobriety that is truly a lived experience to pass on, rather than just talk about.

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- District Business Information
- Intergroup Information
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- Apr. 4 Meeting Minutes & Treasury (*delayed, is included this month*)

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The 2026 Area 24/District 11 Committee Chairs



| | | | |
|----------------------------------------------------|------------------|-----------------------|--------------------------------------------------------------------------------------------------------|
| District Committee Member (DCM) | Keith K. | (815) 281–1591 | area24district11dcm@gmail.com |
| Alternate DCM | Rod M. | (563) 564–7341 | area24district11altdcm@gmail.com |
| Secretary | Erin R. | (563) 258–2668 | area24district11secy@gmail.com |
| Treasurer | Cheryl P. | (614) 208–7477 | area24district11treasurer@gmail.com |
| Archives | Rod M. | (563) 564–7341 | area24district11archives@gmail.com |
| Grapevine | Travis | (563) 258–2668 | area24district11grapevine@gmail.com |
| Corrections | Mick L. | (563) 580-1808 | area24district11corrections@gmail.com |
| Treatment & Accessibilities | Carol K. | (563) 580–7377 | area24district11treatmentchair@gmail.com |
| Newsletter | Thom E. | (815) 823–4655 | area24district11newsletter@gmail.com |
| Cooperation w/ Professional Community (CPC) | Sue G. | (563) 845–9427 | area24district11cpc@gmail.com |
| Public Information (PI) | | | area24district11pi@gmail.com |
| Activities | Mark R. | (563) 543–3218 | area24district11activities@gmail.com |
| Fall Mini–Conference Chair | Stacy B. | (563) 580-8138 | stacyb0108@gmail.com |

| | | |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| <p>District 11 GSR Meeting 10:30 am First Saturday of each month: 1646 Asbury Rd (Lower Level)</p> | <p>Intergroup Business Meeting 10:30 am Third Saturday of each month: Dubuque Area Intergroup Office</p> | <p>Dubuque Area Intergroup (563) 557–9196 1646 Asbury Road #7 Dubuque, IA 52001</p> |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|

[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)

District 11 May Committee Meeting Minutes

DISTRICT 11 BUSINESS MEETING MINUTES

Saturday, May 2, 2026

Opening – 10:30 am

Call to Order & Welcome – Keith K., DCM

(A) Serenity Prayer

(B) Introductions (First name & service position) here are a few that attended; Keith, Rod, Mary CE, Jeff M., Thom E., Carol, Doc., Cheryl P., Mick, Sue G., Brett P., Travis H., Mike B., Patti, Dee, Fred, Jodi, Joe, Gabe, Tom.

- Welcome visitors

Administrative Items

- Roll Call – 10 GSRs and 6 Committee Chairs present
- April Meeting Minutes were not available, to have for May Messenger
- April Treasurer's Report (Motion / Second / Vote) approved. With fix of one typo. Please turn in your receipts and if you need to go to spring conference let her know to reimburse. Motion / Second / Approved.

Group Reports

(GSRs share meeting health, attendance, needs, anniversaries, and service opportunities)

• GSR Reports

- Vision for Hope GSR, Carol:

We meet at Saint Peterson Lutheran Church, Our address is 3200 Asbury Rd. Dubuque, Ia. Wed 7pm plenty of parking in the lot and there are safety lights. We have anywhere from 10 to 17 people a lot of old timers come and new timers. We read out of the daily reflection book and share on this or any related alcohol issues. We also have water and coffee and good fellowship before and after the meeting.

- Jaywalkers GSR, Doc:

We meet at the Fellowship Hall on Hillcrest Family Service Campus, under the Chapel on Whilbrecht Lane. Some off street parking and side street parking. We are reading out of Big Book into step 3. Also doing tradition at 5. Attendance, 15 to 20 people.

- Family Afterwards, GSR, Mary C-E.:

Open meeting, meets at 1240 Rush St., under the parish office, St. Columbkille Church. There is coffee, hot chocolate, tea, and water. Children are welcome. We read out of the big book and the story from the back. We have about 8 to 10.

- Keyway lodge Group, GSR, Cheryl P.:

We meet at 8pm read the daily reflection book, and share on this. The 1st Wed of the month we have a

business meeting before the meeting. On the last Wed of the month we have cake night and celebrate the home group members birthday, with their stories. We average around 20 or so plus AA Birthdays & AA Anniversaries. June 6, Celebration, check the fliers or web site for more information. There is a raffle, too. See Lynn, Chair. Drop off raffle gifts on Wed night meeting.

- Rod M., GSR, Galena Groups: Mon - Fri, Grace Episcopal Church, (all hybrid) Mon 12x12 10am, Tues Open meeting, 7pm, Wed Noon Big Book meeting, Thurs 7pm, We are Not a Glum Lot, As Bill Sees It, and Fri Grapevine, 6pm, Zoom only, 10 to 20 attend. There is also Sat 9:30 am meeting, First Presbyterian Church 106 North Bench St, Galena, Attitude Adjustment, topic & discussion (hybrid).

- Tom M., GSR Cascade area group:

Noon meeting at the parish office about 4 and 7 people, Fri meeting, Closed Big book group celebrated chips go out for meal after meeting. Solution group, Open meeting, down on attendance 4 to 7. Thinking about getting a bank account for their group.

- Happy Hour Group, Travis GSR: 7pm meeting at Westside club house, read a step out of the 12x12 book. Go in order in the book, but when newcomer, we do Step One. The circle is usually very full.

- Brett P., GSR, Tues night Manchester: 7pm, 6 to 12 in attendance, not too much to report other than going really well.

- Mike, attendance agreement group for Kevin: Sat meets at 9am, at the fellowship club. We generally read about 3, 7 & 11 Step prayers, Read out of 24-hour book 10 to 25 and after the meeting we can step out to the market place.

- GSR, Jo, Tues and Thurs, Westside: there are about 18 people /meeting and donated to the 4 groups: GSO, Area 24. Intergroup, District 11. Meeting had question on, if there's a way for Venmo or other cash app.

- Gabe, GSR, Sun night 12x12, red folders at Westside club house, 15 to 20 people. We celebrated 27 years for one of our members, Dick, the founder.

- **Al-Anon Liaison Report:** – nobody in attendance.

- **Intergroup Report** – Representative, Randy: (not present) filled in by Carol, Intergroup supplies chair. Yes, the lights are on at the Intergroup, but not sure about my lights, Thanks Keith. We are almost done with clean up and remodeling of the area. We have a few things left to do. There is going to be a Memorial Day picnic on Mon, May 25, 2026, 11am coffee on and noon meal with hamburgers, brats, and hot dogs. Please bring

May Committee Meeting Minutes, *cont.*

a side to pass, or dessert. We could use your help with set up and clean up and meal tickets and the raffle, 50/50 plus 3 winners. Our next business meeting is on May 16, 2026 at 10:30 at the Intergroup office. If you like to be of service please come join in on the business meeting. See flyer on website. Intergroup office is newly decorated – take a look when you can!

Committee Reports

(Brief summaries, current needs, and opportunities for service)

- **Archives, Rod M.:**

No report but Jeff, Area 24, had some good news on the Spring conference, June 12,13,14. There will be an open house of the archives on Fri the 12th of June, so come and see all the old things from AA. Plus he brought up about our founder, Judge Louie F's son Larry has shared about 1950's fun and fellowship. The 5 flags on Main St. Club house room, across from where the Holiday Inn was, they had Christmas parties and sang holiday songs, with his mom playing the piano. They also would get to see the parades from the windows up stairs with their kids. They also had summer picnics in East Dubuque, at the log cabin of the Egelhofs, the relatives of Judge Louis. The log cabin is now with the river museum. (*see pg. 13*)

- **Corrections, (Keith: Congratulations to Mick and Jesse for stepping up into service for Corrections support.)**

Mick: we still take meetings to the jail and sometimes get 3 groups, though 2 mostly because it can run a bit long. . As for things that are needed, 6 Big Books for the guys and 2 for the women. The daily reflection and a few living sober books, and some laminated copies of How it Works, 12 steps and the Preamble. The guys are in the library with no barriers between them. The women have a plastic screen on their side. We bring in some humor into it to help break up the day and get a bit of an open meeting with AA. Jesse's a good one to go with to the Jail. Mick is looking to go every week because none have been going right now. Plus, sending the items to the jail, they need to know how that is done. There is another book, Tom M. said, you might like to have too. Mary CE: there's a new woman in the meeting at 4:30 pm. They talked about the boxes that were there, full of AA stuff, and now it's gone and that there is a cabinet there we can use. These books would be given out by the guards after the meeting to the women. Mary Jo would also like a tote with literature there too. Keith: having big books they can take is not a bad thing. Get Mick's phone number and I'd like to have a report from there. Also, there is an e-mail issue right now, too. If a sponsor wants to send a Big

Book to a sponsee to mail in could that take place. Could the chair have a meeting on this before the meeting and give a report? Doc: the chairperson is there to report what the Group has discussed.

- **Grapevine, Travis:**

This is how the steps have changed my life. There is the grapevine pod cast and open meeting and there is a new book coming out. The Grapevine is self supporting. There's a price listing for both print and digital and magazines for the year. There also a new book out for sale from Grapevine.

- **Newsletter, Thom:**

Getting out the newsletter, just a little late had to up date couple of things in the minutes. for last meeting.

- **Public Information (PI) – OPEN POSITION, District 11** is actively seeking a Public Information Chair

- **CPC, Sue G. No report**

- **Treatment & Accessibilities, Carol:**

Working with Cord, we talk together at the Wednesday Night meeting before and after to keep up with information. Right now we need more volunteers for the ASAC meetings plus on Tuesday night around 6:30pm they'd like to start up a women's meeting. So if you are interested in this please call Cord or Carol to get on the list. Plus still keeping Mercy Hospital turning point in there working on getting back in, would like a list of people volunteers so we can be ready to go when they say okay. I did get a Treatments magazine from area, can't wait to read it.

- **Activities, Marc: no report. Update on Canoe trip**

District Reports

- **DCM Report – Keith K.:**

Hi friends, Keith, alcoholic,

Thank you all for continuing to show up in service. District 11 remains strong because of the willingness in this room. A special thank you and congratulations to Mick and Jesse for stepping up to help serve. Service keeps us connected, and your willingness matters.

We are still seeking a Public Information Chair, so please help spread the word or consider stepping into service if you feel called. Please continue supporting our District Mini-Conference planning for November. It may feel far away, but strong planning starts now, and volunteers are essential. Thank you to Intergroup for continued event support and to all committee chairs for reviewing SOPs and helping keep District business clear and effective.

In love and service,

Keith K., DCM

District 11 April Committee Meeting Minutes

These are the promised April minutes that were delayed

Saturday, April 4, 2026 – 10:30am

Opening – 10:30am

Call to Order & Welcome – Keith K., DCM

(A) Serenity Prayer

(B) Introductions (First name & service position)

- Welcome visitors

Administrative Items

- Roll Call – 9 GSRs and 5 Committee Chairs present
- March Meeting Minutes were read and approved
- March Treasurer's Report was read and approved

Group Reports

(GSRs share group updates, attendance, needs, and service opportunities)

• GSR Reports

- Erin L – First 164 pages group meets at Westside Saturdays at 9am average basket donations of \$50/week. Needs envelopes for GSO and Area (Keith took care of this)
- Brett – Manchester Tues – 12-15 people
- Travis – Tues 6pm at Westside – 12-15 people attend. If a newcomer attends, they do a first step meeting and read Step 1 out of the 12 and 12.
- Joe – Tues/Thurs 9am ODAAT at Westside; just distributed \$50 each to the 4 entities
- Mary C.E. – Mon 9am at St. Columbkille – currently reading Jim's Story – approx. 6-8 people attend. Congrats to Mary on 46 years of sobriety!!!
- Kevin M. – NEW GSR for Sat 9am Attitude Adjustment at Fellowship Club – 10-20 attend. Welcome to service and thank you Kevin!
Note to Keith: Kevin needs Dropbox access.
- Randy T – Jaywalkers Wed 7pm under chapel at Hillcrest - 10-20 attend.
- Rod C – GSR for all Galena morning meetings which are all hybrid (Fri is zoom only)
- Cheryl P – Wed 8pm Keyway Lodge meeting at Bread of Life Church (lower level) – 20-30 attend, last Wed of month is speaker/cake night celebrate those with anniversaries. Keyway Lodge birthday party on June 6 at Bread of Life church – flyer on dubuqueaa.org

- **AI-Anon Liaison Report** – nobody in attendance

• Intergroup Report – Randy T.

Happy to report that 92 people attended the Gathering of the Eagles event! Memorial Day picnic at Murphy Park – see flyer on website. Intergroup office is newly decorated – take a look when you can!

Committee Reports (Brief, focused updates)

- **Archives** – no report
- **Corrections** (OPEN POSITION – volunteers needed)
Thanks to Alicia for your many years of service as our Corrections Chair! This position will now be co-hosted by 2 people: Mick and Jesse B. Thanks and welcome to service, Mick and Jesse! Alicia will continue to work with the Maquoketa jail. Packets of info to be assembled for Mick and Jesse.
- **Grapevine** – Travis has an SOP on how he can donate Grapevine subscriptions for events.
- **Newsletter** – Thom sent list around the room for people to sign-up to receive the monthly newsletter via email. Thom also has the April newsletter ready to go – just needs the minutes from this meeting.
- **Public Information (PI)** – Position Vacant; no report
- **CPC** – nothing to report; No need for RAGBRAI event as Maquoketa has it covered with an event 7/24 in the basement of the Basilica (per Terry G).
- **Treatment & Accessibilities** – no report
- **Activities** – no report

District Report

- **DCM Report** – Keith K.:

Hi friends, Keith, alcoholic.

I had the opportunity to attend the March Service Weekend, where discussions focused on the GSO office remodeling, the upcoming release of the 5th Edition of the Big Book, and efforts to centralize future business meetings. Updates and materials from that weekend are available in our District Dropbox—if you'd like access, please see me after the meeting.

Our district continues to put out a strong and consistent newsletter—thank you to everyone involved in that service. I also had the privilege of attending the Gathering of the Eagles, which was wonderfully organized by our Intergroup. Looking ahead, we have the Wisconsin Area 75 / District 9 Mini-Conference coming up in April—I have fliers available. In June, we'll be participating in the Area 24 Spring Conference.

At the district level, our Corrections Chair has stepped down, and we are currently seeking someone willing to step into that role. We also need volunteers to help with planning and supporting our District Mini-Conference later this year. The District mini-Conference will be held Nov. 7th at Bread of Life Church.

Thank you all for your continued service.

- **Alternate DCM Report** – Rod M. –

had 500 meeting schedules printed and taken to Area. Discussion on whether we want to pay to have schedules printed and folded vs just printed (with volunteers doing the folding) – cost is 2x to print and fold, so consensus was to do the folding ourselves

Meeting Guide

Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.



About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



GET IT ON GOOGLE PLAY >



DOWNLOAD ON THE APP STORE >

[CLICK HERE](#) to get the Meeting Guide Mobile App from AA.org

The Meeting Guide app directly relates to the "I am responsible" pledge by acting as a digital, 24/7 extension of the "hand of A.A."

By providing immediate, accessible, and up-to-date information on over 100,000 weekly in-person and online meetings, the app fulfills the commitment to be available whenever anyone, anywhere reaches out for help.

Key correlations between the Meeting Guide app and the Responsibility Pledge include:

"When anyone, anywhere reaches out for help": The app provides instant access to meetings worldwide, regardless of geographic location, meeting the needs of isolated or newly seeking individuals.

"I want the hand of A.A. always to be there": The app lists both in-person and online meetings, ensuring that support is accessible at all hours. It acts as a tool for "carrying the message," which is the basic service AA provides.

"And for that I am responsible": The app is supported by Seventh Tradition contributions and is designed to be user-updated, encouraging members to take responsibility for the accuracy of the information.

Supporting Newcomers and Professionals: The tool allows users to easily find meetings, and it is frequently used by professionals (therapists, probation officers) to help people find support, acting as a modern "hand of A.A."

Voluntary Contribution: The app relies on local A.A. service organizations to voluntarily provide and update the meeting information, reflecting the collective service responsibility of the fellowship.

The app also respects the principle of anonymity by not tracking user locations when not in use and by allowing users to search without sharing their personal location.

*Sunday Evening is
Family Recovery Night!
Beginning at 7:00 pm
Grand View Methodist Church
3342 John Wesley Dr., Dubuque, Iowa*



*Alcoholics Anonymous 12X12 Group meeting
Missing Link Al-Anon Family Group meeting
Alateen meeting
Free Childcare Provided*

Grandview Methodist, Current

**Are you looking for a way to get more involved
with your recovery?
'Service is the answer!!'**

**Currently there is an open service position for
Dubuque Area Intergroup Co-
Chair Position**



**Please call us with any questions and learn more about this
fantastic opportunity 563-557-9196 or visit
www.dubuqueaa.org**

Dubuque Intergroup, Current



**AA
Al-Anon
Alateen
& More!**

The DUBUQUE FELLOWSHIP CLUB PRESENTS!
12 STEP RECOVERY BREAKFAST

BISCUITS AND GRAVY THEN A SPEAKER - \$5
THIRD SUNDAYS EACH MONTH
9:00 AM BREAKFAST
9:30 AM SPEAKER

1166 MAIN STREET, LOWER LEVEL, DUBUQUE

EVERYONE WELCOME!

DFC, Current

District 11/Area 24

New Closed Meeting

Wednesday Mornings at 9

**Dubuque Fellowship Club
1166 Main Street**


**Readings and Discussion
Welcome, One and All**

For more information contact Steve G., (563) 542-7639

DFC, Current

CALL TO SERVICE!

**IMPORTANT
ANNOUN
CEMENT**



OUR DISTRICT IS IN
NEED OF A PUBLIC
INFORMATION
CHAIRPERSON!

FOR MORE INFORMATION:
CALL DCM KEITH K. @ 815-281-1591
OR EMAIL
AREA24DISTRICT11DCM@GMAIL.COM

District 11, Current

Downloadable copies of most of these events are at DubuqueAA.org

Coming Events and Activities of Interest in the Tri–State Area

2026
NEXT MEETING:
JUNE 6th at 10:30 AM
WESTSIDE CLUBHOUSE
1646 ASBURY RD, DUBUQUE, IA 52001
FIRST SATURDAY OF EVERY MONTH.

DISTRICT 11 BUSINESS MEETING

Be part of shaping the future of our fellowship.
Where ideas turn into action.
Your voice matters let's work together to support recovery & service in our community.
Let's make a difference, one step at a time.

Dubuque Westside, June 6

KEYWAY LODGE GROUP

Keyway Lodge Group's 35th & AA's 91st Anniversary Party
Date: Saturday, June 6, 2026

Bread of Life Presbyterian Church

2155 University Ave, Dubuque, Iowa
Menu: Burgers & Brats
Bring a Salad or Dessert to share
Al-Anon, Alateen, and family welcome!

Speaker:
Chad W. Alburnett, Iowa
- Home Group -
An AA Group
Cedar Rapids

Schedule of Events

Doors Open 3:00 PM
Dine/Meal 4:00 PM
Speaker 5:30 PM

Bring a salad or dessert to share

Water & Coffee available

Raffle – Closes at the end of the meal

Contact: Cheryl P. – 614-208-7477

Bread of Life, June 6

Dubuque Fellowship Club Breakfast

FIRST SUNDAY OF THE MONTH
BREAKFAST – 9:00 AM for \$9.00
ATTITUDE ADJUSTMENT SPEAKER MEETING – 9:30
AA, AL-ANON, AND EVERYONE WELCOME!!

Speaker Lineup

June 7 – Jerry B, Keyway Lodge, Dubuque, IA
July 5 – Keith K, Keyway Lodge, Dubuque, IA
August 2 – Scott S, Mt. Pleasant
Aug 30 (for September Breakfast) – Jerome E, South Dakota
Oct 4 - Lance and Debra B - AA/Al-Anon - Olathe, KS
Nov 8 - Marty R - AA/AL-Anon - Galena/Chicago, IL
Dec 6 - Jesseca Z – AA - Cedar Rapids, IA
Jan 3, 2027 - Jim McK – AA – Moorhead, MN

1166 Main Street, Lower Level
Elevator Available at Front Entrance

DFC, June 7

2026 Area 24 Spring Conference

Hosted By District 3
June 12-14, 2026

Bright Spot of Our Lives

Alcoholics Anonymous
Iowa Valley Community College
3702 S. Center Street, Marshalltown

Al-Anon and Alateen
Marshalltown Arts & Civic Center
709 S. Center Street, Marshalltown

FRIDAY
7:30 p.m. Registration
6:45-7:45 p.m.: Area 24 Officer & Chair Session
8 p.m.: DCM/CSB Sharing Session
9:45-11:15 p.m.: Workshops: Archives, Corrections, Narcotics, & PI

SATURDAY
7 a.m.-10 p.m.: Registration
7:15-8:15 a.m.: Early Bird Meeting
8:30-10:30 a.m.: Delegate Report
10:45-11:15 a.m.: Area Business Meeting
11:30 a.m.-5:30 p.m.: Luncheon: Al-Anon/Alateen
Speaker @ Iowa Valley Community College
1:45-5:30 p.m.: Area Business Meeting
6:30 p.m.: Banquet and AA Speaker, Jan P.
9:30-11:00 p.m.: Workshops: CPC, Coping, Literature, & Treatment

SUNDAY
6:45-7:45 a.m.: Early Bird Meeting
9:15-10:15 a.m.: Slide Officers "Walk It Back"
10:30-11:30 a.m.: AA Spiritual Speaker

FRIDAY
7:30 p.m.: Registration
7-8 p.m.: GR Registration/Group Contributions
8-9 p.m.: Open Meeting
9:15 p.m.: AAWSC Meeting

SATURDAY
7 a.m.-10 p.m.: Registration
7:15 a.m.: GR Registration/Group Contributions
9:30 a.m.: Workshop
10:15-11:15 a.m.: Delegate Report
11:30 a.m.-1:30 p.m.: Luncheon- Al-Anon/Alateen speaker @Iowa Valley Community College
1:45-5:30 p.m.: Business Meeting
6:30 p.m.: Banquet and AA Speaker
9 p.m.: Alateen Candlelight Meeting
11:15: Candlelight Meeting

SUNDAY
9 a.m.-10 a.m.: Workshop
10:15-11:15 a.m.: AFG Spiritual Speaker

Pre-Registration Form – Due by May 29

Name _____
Badge Name _____
Address _____
City, State _____
ZIP _____
Phone _____
Email _____

Check Box – Due by May 1

Spanish Interpreter
 ASL Interpreter

| | | | |
|-----------------------|-----------------------|--------------|-----------------------------------------------------------------------------|
| Adults | \$50 Pre-Registration | \$50 at door | Check One |
| Alateen | \$10 | | <input type="checkbox"/> AA |
| Pre-registration meal | \$20 Lunch | \$25 Banquet | <input type="checkbox"/> Al-Anon |
| | | | <input type="checkbox"/> Alateen |
| Total | | | <input type="checkbox"/> Vegetarian <input type="checkbox"/> gluten Free |

Make checks payable to Area 24 Spring Conference PO Box 1913 Ames, IA 50010

Marshalltown, June 12–14

ONE ULTIMATE AUTHORITY

Area 24 Fall Conference 2026

October 16th – 18th, 2026
Bien Venue
7400 Hudson Rd. Cedar Falls, IA

Registration fee \$40 (pre-registration)/\$45 (door)
Lunch \$25/Dinner \$39

Speakers: Billy N – Palm Beach Gardens, FL (A.A.)
David B. – Chicago, IL (Al-Anon)

Cedar Falls, Oct. 16-18

District 11/Area 24 2026 Fall Mini-Conference

Save this Date Nov. 7

Bread of Life Church

2155 University Ave., Dubuque

Service Positions Available

Help District 11 put on a another Great Mini-Conference

Sponsors/Sponsees Unite In Service
Enhance Your Recovery

Stacey B., AA - Steve G., AA, and Shirley G., Al-Anon
(563) 580-8138 for Stacy – (563) 542-7639 for Steve or Shirley
Co-Conference Chairs
or Keith K., DCM (815) 281-1591

Bread of Life, Nov. 7

Downloadable copies of most of these events are at DubuqueAA.org

Dubuque Al-Anon Family Groups

Dubuque Al-Anon Family Groups



What is Al-Anon and Alateen?

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. Al-Anon is not a religious program and there are no fees or dues to belong to it.

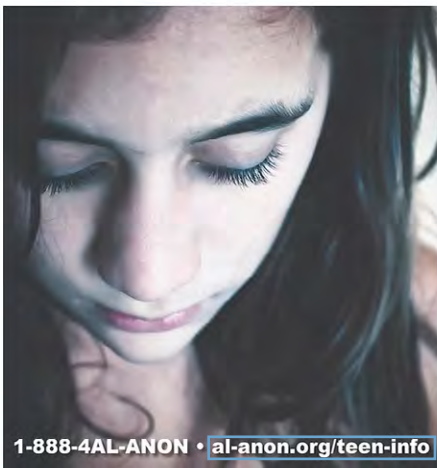
Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

District 11 – Dubuque Al-Anon Family Groups

For additional information about local and electronic meetings for Al-Anon and Alateen, please contact:

Dubuque Intergroup (AA and Al-Anon/Alateen): <https://www.dubuqueaa.org>
Phone Number: 1-563-557-9196
Iowa Al-Anon Family Groups: <https://iowa-al-anon.org/>
In Person Meetings: <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>
Electronic Meetings: <https://meetings.al-anon.org/electronic-meeting-page/>
Email: afg.local@gmail.com

Note: There is a Zoom Al-Anon meeting on Sunday Evenings in Dubuque, Meeting ID: 850 3621 7630, Passcode: 246810, Phone (audio only) 1-312-626-6799



1 IN 4 CHILDREN
are affected
by someone's
drinking.

You are not alone.

Alateen can help.



1-888-4AL-ANON • al-anon.org/teen-info

Alateens Meet on Sunday at 7:00 pm
Grand View United Methodist Church, 3342 John Wesley Dr, Dubuque



NOT EVERYONE TRAPPED BY ALCOHOL IS AN ALCOHOLIC

Families and friends are suffering too.

Do you worry about how much someone drinks?

Al-Anon and Alateen can help.



Phone 1-563-557-9196
Iowa Al-Anon Family Groups - <https://iowa-al-anon.org/>
In-Person Meetings - <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>
Electronic Meetings - <https://meetings.al-anon.org/electronic-meeting-page/>

1-888-4AL-ANON • [AL-ANON.ORG](https://al-anon.org)

May AA National and some '50s Local History

May AA History *

| | | | |
|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| March-May 1938 | Bill begins writing the book <i>Alcoholics Anonymous</i> . | May 8, 1971 | Bill W. is buried in a private ceremony, East Dorset, Vt. |
| May 1939 | Lois W. Home Replacement Fund started at Alcoholic Foundation. | May 10, 1939 | Clarence S. announced to the Akron Oxford Group members that the Cleveland members were starting a meeting in Cleveland and calling it Alcoholics Anonymous. |
| May 1949 | The first AA meetings in Scotland were held in Glasgow and Edinburgh. | May 11, 1935 | Bill W. made calls from the Mayflower Hotel and was ultimately referred to meet with Dr. Bob. |
| May 1950 | Nell Wing became Bill W's secretary. | May 11, 1939 | First group to officially call itself Alcoholics Anonymous met at Abby G.'s house in Cleveland. (some sources say the 18th) |
| May 1951 | Al-Anon is founded by Lois W. and Anne B. | May 12, 1935 | Bill W. met Dr. Bob at the home of Henrietta Seiberling. |
| May 1, 1939 | Bank forecloses on 182 Clinton Street. (sometimes reported as April 26, 1939) | May 15, 1961 | Bill W.'s mother, Dr. Emily Strobell, died. |
| May 1, 1940 | Rollie H., Cleveland Indians, first anonymity break on national level. | May 16, 1941 | Ruth Hock finds that Joe W. (or V.), credited with coming up with the name Alcoholics Anonymous, has "wet brain" syndrome. |
| May 1, 1941 | The first Wisconsin AA meeting was held at a hotel in Milwaukee. | May 17, 1942 | <i>The Dayton Journal Herald</i> published pictures of AA members wearing masks to protect their anonymity. |
| May 2, 1941 | Jacksonville, FL newspaper reported the start of an AA group. | May 17, 1942 | New Haven, Conn. paper has article on AA with a picture showing faces of members sitting in a circle. |
| May 3, 1941 | The first AA group in New Orleans, La., was formed. (sometimes dated as May 2, 1943) | May 18, 1950 | Dr. Bob tells Bill, "I reckon we ought to be buried like other folks" after hearing that local AA's want a huge memorial. |
| May 3, 1941 | Rochester, NY <i>Democrat Chronicle</i> reported first annual AA dinner at Seneca hotel with 60 attending. | May 19, 2000 | Dr. Paul O., Big Book story "Doctor, Alcoholic, Addict", (renamed "Acceptance Was the Answer" in the 4th edition), died at the age of 83. |
| May 4, 1940 | <i>The Sunday Star</i> reported founding of first AA group in Washington, D.C. | May 28, 1974 | The first World Service Meeting of AA outside North America was held in London, England. |
| May 6, 1939 | Clarence S. of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an AA meeting in Cleveland. | May 29, 1980 | The book, <i>Dr. Bob and the Good Oldtimers</i> , was published. |
| May 6, 1946 | The long form of the "Twelve Traditions" was published in the <i>AA Grapevine</i> . | | |
| May 8, 1943 | Akron AA Group celebrates 8th Anniversary with 500 present and sober. | | |

**reposted by permission of South Jersey Intergroup*

Family Fun in the Fellowship of Dubuque ASA in the 1950s

*Per the recollections of Larry F., who was the son of Dubuque A.A. founder Louie F., from a 4-12-26 text interview.**

The A.A. club at 498 Main Street was across the street from the present-day (2026) Five Flags Civic Center which is the location of the downtown Holiday Inn. According to Larry, there were many steep steps to the upper level where the A.A. rooms were situated.

Christmas and New Year's Eve parties were held, to the sheer delight of many A.A.'s and families. Larry's Mom would play the piano as the others sang Christmas songs. Larry mentioned that at the New Year's Eve parties it was the first time as a small boy that he witnessed all the craziness with the outlandish party hats and shrilling sounds of the festive horns. Most

notably as Larry grew older it intrigued him because he realized that the A.A. members were were acting goofy despite not partaking in alcoholic beverages! Also, everyone enjoyed the A.A. musical band that called themselves "the Alanotes".

Also, during the summers in the 1950s, the young lad was given permission at the A.A. picnics to drink as much creme soda as he wished. Also, an A.A. member named Marv played the guitar and sang country songs at those warm weather gatherings.

The summer picnics took place on an East Dubuque property along Frentress Lake. The cottage they used on this property was the Egelhof cabin. The Egelhof's were Judge Louie's in-laws and proprietors of Egelhof Funeral Home, in Dubuque. The cabin is now situated on the National Mississippi River Museum and Aquarium grounds, in Dubuque.

**Submitted by Jeff M., Asst. District 11 archivist*

Dubuque Area Intergroup

**Area24 / District 11 Alcoholics Anonymous
and Iowa Area Al-Anon Family Groups**

Office Location: 1646 Asbury Rd #7, Dubuque, IA 52001

Office opened by appointment at your convenience:

Call (563) 557-9196



AA Literature

Dubuque Area Intergroup stocks and sells A.A. Conference-approved literature and recovery anniversary medallions for the convenience of local members and groups. French and Spanish literature can be ordered. We stock outreach pamphlets that address recovery with inclusivity for all persons. Al-Anon Family Group's literature may also be purchased at our office.

(Call for prices)



Meetings and Events

Dubuque Area Intergroup publishes and distributes up-to-date lists of in-person meetings as well as web-based meetings for those who are housebound or chronically ill. We publish local A.A., Al-Anon, and Alateen event flyers and other related information on this website. Our AA Meetings are also listed in the aa.org "AA Meeting Guide App".



Speakers and Referrals

The Dubuque Area Intergroup is one of 700 AA Intergroups throughout the U.S. We are a resource to connect with A.A. Members. We include public outreach for Al-Anon Family Groups and Alateen. Referrals to A.A. Speakers willing to share their personal experience with the A.A. program of recovery, may be reached by calling our office.

Group contributions support the operations of Dubuque Area Intergroup. Your group can make contributions using this PayPal QR Code:



Thoughts of Interest in District 11/Area 24

From the Newsletter Chair:

We wish to acknowledge the contributions of the Dubuque Area Intergroup and its website, DubuqueAA.org, which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports are lightly edited for clarity and consistency. Original, full Committee Chair reports are represented in the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly Business Meeting minutes in full, please email requests to: area24district11newsletter@gmail.com

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require some editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, *The Messenger*, is a publication of Area 24 / District 11 of Iowa Alcoholics Anonymous. The editor and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editor or authors only. All content quoted from AA Literature is offered in the spirit of recovery and we attempt to attribute the text appropriately and accurately.

District 11 serves the AA members and supports institutions of the following communities:

– Iowa –

Bellevue • Cascade • Delhi • Dubuque
Dyersville • Edgewood • Epworth • Hopkinton
Manchester • Maquoketa • Peosta

– Illinois –

Elizabeth • Galena • Hanover

Our 7th Tradition:

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.



**Self-Support:
Where Money and
Spirituality Mix**

**Where Your
Contributions
Are Applied**

Your contributions support the operations of District 11 and the Dubuque Area Intergroup. All Individual contributions from AA members are gratefully accepted.

All of these AA organizations depend on our support:

General Service Office
Post Office Box 2407
James A. Farley Station
New York, NY 10116–2407

Area 24
PO Box 1291
Des Moines, Iowa 50305

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Dubuque, IA 52001

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