

The Messenger

July 2026

Area 24–District 11 News

Issue #26



Being the messenger

When we are the messenger, our humble desire is to help a suffering alcoholic to find a different path for themselves. We relate our experience, strength and hope as a bridge to a new relationship with sobriety. If we are truly sincere in our efforts it should come through clearly that we are no longer victims to this incurable disease. That they can find a way to do the same. But that they cannot do it alone, any more than we could. That the help we continue to seek is not just through the members in the meetings, the groups or even the AA literature, alone, but through a psychic change. A change provided by all of the elements of our Program, working through and with a Higher Power. A Power we call the God of our understanding. Our humble understanding that our failure in trying to recover under our own steam, our self-reliance, our half-measures, ultimately availed us nothing. We saw that our last resort was to refashion ourselves under a new guidance, a remolding of our essential character.

Just as raw clay can be molded into a substantial vessel to hold life-giving nourishment, so our near destruction by alcohol can be reshaped into another vessel of life-giving nourishment; the knowledge of how to live successfully without alcohol. Just as a master potter forms an amazing array of containers, and shapes wonderful works of art, so the mastery of our Higher Power regularly shapes the raw clay or our lives into amazing people doing wonderful things for themselves and others, along with the still suffering alcoholic. When we use the phrase, “Stick around till the miracle happens”, we are not spouting hyperbole. We see, and live with, miracles all around us. They become part of us, and we want those miracles for everybody who walks through the doors of an AA meeting seeking a solution. We bring to life the Promises through our sober work, as referred to on pages 83 – 84 of our ‘Big Book’, *Alcoholics Anonymous*. We want them to come true in our lives and the lives of others. Are these extravagant desires? We truly think not. And they will always materialize, quickly or slowly, if we work for them.

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	The 2026 Area 24/District 11 Committee Chairs	



District Committee Member (DCM)	Keith K.	(815) 281–1591	area24district11dcm@gmail.com
Alternate DCM	Rod M.	(563) 564–7341	area24district11altdcm@gmail.com
Secretary	Erin R.	(563) 258–2668	area24district11secy@gmail.com
Treasurer	Cheryl P.	(614) 208–7477	area24district11treasurer@gmail.com
Archives	Rod M.	(563) 564–7341	area24district11archives@gmail.com
Grapevine	Travis	(563) 258–2668	area24district11grapevine@gmail.com
Corrections	Mick L.	(563) 580-1808	area24district11corrections@gmail.com
Treatment & Accessibilities	Carol K.	(563) 580–7377	area24district11treatmentchair@gmail.com
Newsletter	Thom E.	(815) 823–4655	area24district11newsletter@gmail.com
Cooperation w/ Professional Community (CPC)	Sue G.	(563) 845–9427	area24district11cpc@gmail.com
Public Information (PI)			area24district11pi@gmail.com
Activities	Mark R.	(563) 543–3218	area24district11activities@gmail.com
Fall Mini–Conference Chair	Stacy B.	(563) 580-8138	stacyb0108@gmail.com
Fall Mini–Conference Co-Chair	Steve G.	(563) 542-7639	

District 11 GSR Meeting
10:30 am First Saturday
 of each month: 1646 Asbury Rd
 (Lower Level)

Intergroup Business Meeting
10:30 am Third Saturday
 of each month: Dubuque Area
 Intergroup Office

Dubuque Area Intergroup
 (563) 557–9196
 1646 Asbury Road #7
 Dubuque, IA 52001

[Inside AA](#) [A Newcomer Asks](#) | [Alcoholics Anonymous The A.A. Group](#)
[Sponsorship](#) [Our Traditions: Intro](#) [Our 12 Concepts of Service: Intro](#)

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	District 11 July Committee Meeting Minutes	

DISTRICT 11 BUSINESS MEETING minutes

Saturday, July 11, 2026 – 10:30 AM Westside Clubhouse
– Dubuque, IA

Opening – 10:30 AM

Call to Order & Welcome – Keith K., DCM

- Serenity Prayer
- Introductions (First name, home group, service position)
- Welcome visitors

Administrative Items

- Roll Call – GSRs & Committee Chairs
- Erin R (district secretary) read Unfinished Business from last month (June) and New Business - Motion to approve mins, 2nd, Passed
- 1. District Mini-Conference (November 2026) Joanne Al-ANon speaker from Dubuque Father Mark AA speaker Maquoketa. If you would like to get involved, please let Stacy and Steve G know!
- 2. Public Information Chair Vacancy. If you know anyone that would like to get involved in service!
 - Treasurer's Report * see below for details
 - Motion / Second / Vote

Group Reports - GSR Reports - 15 in total!

Woot woot- thank you all

Family Afterwards. GSR, Mary C-E: Basement of Columbkille. They read out of the big book, stories in the back! They are currently on Fear or Fear. This is an open meeting, and all are welcome! Currently reading My Chance to Live 7-10 ppl in attendance

Jay Walkers Group. Alt GSR Paul S: Wednesday 7pm Big Book study group, once a month 12X12; 13-15 ppl in attendance; Hillcrest facility

1st 164 Pages. Alt GSR, Erin L: Saturday 9am Westside clubhouse; 30-60 ppl in attendance; Big Book meeting, strong group

Cascade & Area Group. GSR, Tom M: 7pm meeting; Cornerstone Church (Nixon St). Closed AA meeting, they do Open meetings every last Friday of the month. Roughly 20 people, lots of ranges in sobriety. 24 Hours and Daily Reflection readings

Gift Of Desperation. GSR Nate: Saturdays at noon. (Cascade) Closed meeting. Read both Big Books and 12X12 books. Roughly about 10 people attendance. Cornerstone Church (Nixon St)

There is a Solution. Tuesdays at noon. (Cascade) 408 3rd Ave, NW. People are coming from far away! Open meeting and representation from Al-Anon as well

Dyersville Meeting. Open meeting now, Wednesday at 7pm. The second Wednesday meeting of the month there is a speaker meeting

Attitude Adjustment Group. GSR, Kevin: (Fellowship in Dubuque); read the 3rd, 7th, and 11th step prayer, St Frances prayer, and 24 hour a day; 1st Sunday of the Month Breakfast speaker meeting 9am breakfast, 10:30 speaker; * July 26th DBF Dubuque Fellowship is hosting a picnic in East Dubuque at Gramercy Park; bring a dish to pass, all are welcome

Unity Step Group. GSR, Gabe: Sunday night 7pm (WestSide); 12 Steps (abbreviated red folder 12 steps). Roughly 15 ppl in attendance. They start at Step 1 for newcomers

Keyway Lodge. GSR, Cheryl P: Bread of Life Church, 8pm, Daily Reflections is read. 20-25 ppl in attendance; Visitors are welcome and the meetings are open. Cake night last Wednesday of the month and usually 40-50 people for Speakers (of the month that have birthdays) cake and ice cream

Happy Hour Group. GSR, Travis; Tuesday night group 6pm (Westside). Read from the 12X12 book Step Group. Roughly about 15-20 people; closed meeting. When newcomers come and are present, they start from step 1

Friday Night Vision For Hope. GSR, Carol; St Peters Lutheran Church 7pm; 15-20 ppl in attendance; read from daily reflection and share

Sober Sisters. GSR, Carol K; Noon Tuesday, Hybrid option, Stories from Big Book; any women

A Day at A Time. GSR, Joe M; Tuesday/Thursday 9am, Westside; average 15-22 ppl

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	July Committee Meeting Minutes, <i>cont.</i>	

Galena Meetings:

Attitude Adjustment. Alt GSR, Chuck E; Saturday morning, topic meeting; 9:30am; 20-30 ppl, hybrid meeting (zoom available); Presbyterian Church

(4 at Grace Episcopal Church: GSR, Rod M; 107 S Prospect St)
Monday at 10. 12 X 12

Tuesday Night Open. 7pm

Wednesday Brown Bag. Noon - *Big Book* study

We are not a Glum Lot. Thursday, 7pm, *As Bill Sees It*
 Grapevine, Friday. zoom only meeting

Al-Anon Report: Jeff M information: Fall Speaker Supper, Saturday Oct 3rd, Al-Anon, Bread of Life Church. Keith K is AA speaker, Western Iowa (flyer is coming)

Intergroup Report: Terry C, Literature books, pamphlets etc; Referral service, 15 calls roughly a month looking for meetings, zoom, website dubuqueAA.org 563-580-0152 (Terry #s)

Committee Reports

- **Archives:** Rod present, no report
- **Corrections:** Jesse and Mick (co-chairs)
- **Jail Meeting Update:** 3-9 inmates that come to meetings.
- **Bridging the Gap:** SOP to come with ride to and from meetings, list of meetings with numbers, at least 1 year of sobriety. . .this is a list that inmates request upon leaving
- **Elm Street:** would like to get back into the facility with meetings, but will need to contact and figure out details at a later date.
- **Iron Ridge Recovery** - Jesse will be heading to WI to help at house there, stepping down from corrections for this move in Aug
- **Grapevine:** Travis; July 2026 Prison Issue; Please consider subscribing Online or paper
- **Newsletter:** Thom, present; Keyway Lodge and AA birthday write-ups in July's issue!
- **Public Information (OPEN POSITION)**
- **CPC:** Sue G: Prayers PLEASE as she is dealing with illnesses
- **Treatment & Accessibilities:** Carol; Mercy One, still More people needed for ASAC-women (Tuesday evening), daily meetings
- **Activities:** Marc: next weekend Maquoketa River Run; *Flier is online; 15 ppl committed as of now, Please reach out to Marc so he can get a heads for food.

Meeting at 9am at shuttle in Monticello-
 Gratitude meeting after dinner at camp courageous

DCM Report:- Keith *see below!

Alternate DCM Report: – Rod M

- Meeting schedule updates
- Newspaper corrections - Rod is looking into this and will make any changes that are needed
- District schedule review - if any changes, please let Rod know

Unfinished Business: (from last month (June)

- District 11 Mini-Conference
- November 7, 2026
- Father Mark O.
- Planning Committee Update
- Delegate Dan P. August 1st

New Business (from July)

- Reports from members who attended the Area 24 Spring Conference: Marc R gave report * see below
- Delegate's meal: Motion: to provide food Sat Aug 1st, passed, Motion: Erin L cooks food and district pays for-2nd, Passed
- Erin L: Motion: has equipment to put light in closet for archives and be reimbursed ~\$48; 2nd, Passed and Approved-receipts needed
- ASAC volunteer vacancy - coordinating with AA and ASAC, Carol will be helping
- Public Information Chair Vacancy - SOP for position

Upcoming Events

- July 18 – District 11 Maquoketa River Run
- Canoeing • Kayaking • Tubing • Fellowship *
 • Food *Campfire meeting
- July 24 – RAGBRAI AA Fellowship, Dyersville
- Fellowship begins at 1pm
- Open AA Meeting at 7pm
- July 26 – Dubuque Fellowship Club Picnic
- August 1 – Area 24 Delegate Dan P.
- Delegate's General Service Conference Report
- Immediately following our District Business Meeting

Closing

- Motion to Adjourn, 2nd, Passed
- Lord's Prayer

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Thank you again for your willingness to serve. Service continues to remind me that we don't build AA by doing extraordinary things. We simply keep doing ordinary things with love, consistency, and gratitude.

In love and service,

Keith K., District 11 DCM

~~Please see below on key points from the Area 24 Spring Conference Business Meeting notes~~

1. Area 24 annual contribution for the delegates attendance at the general service conference will be increased from \$3500-\$5000. Motion passed.

2. District 8, moved to approve the proposed agenda item to create an online area. Here is the wording of the proposed agenda item:

"The general service conference recommends that the general service board take the necessary steps to create a new area designation within the United States in Canada general service structure for AA groups that are made exclusively online and are not geographically anchored to an existing area." Motion passed.

3. A motion was made to have Area 24 create an online district (District 24) to better serve the online community, this is to be completed by December 31, 2026. Motion passed on second vote.

4. A motion was proposed for the general service board *"alcoholics anonymous to produce a pamphlet about navigating the difficulties and pitfalls associated with long-term sobriety, and how members have gotten that through them sober."* Motion failed.

5. A motion was submitted to hold the fall 2027

conference in Spencer. Iowa. Motion passed

6. A motion was submitted to cover the expense to send the area 24 treatment chair to Kansas for a national bridging the gap conference up to \$1000. motion passed.

7. A motion was submitted to have the conference workshops at different times for the October 26 fall conference. This motion failed as this is already in the conference guidelines and changes will be made to the schedule.

8. A motion was submitted to provide \$500 seed money to the 2027 fall conference motion passed.

Other general notes from the Spring Conference:

1. Our delegate Dan will be coming to District 11 on Saturday, August 1 to share his experiences from the General Service Conference with us. This event will take place after our District 11 GSR meeting.

2. Lots of great sharing at the DCM sharing session on Friday night. Item cover included: how are you using the fellowship connection?, how do you deal with services vacancies in your district? Discussion about virtual hybrid district business meetings, rotating meetings for districts DCM going to other meetings in the district.

3. Many informative items covered in Dan's delegate report about the 76th general service conference. The report is in the Area 24 dropbox if you have access.

4. On May 1, 2026 AA signed a contract with Everything AA app. This app will now be owned by AA. They will be taking Joe and Charlie talks out of it as those are not AA approved materials.

In loving service,

Marc R., Acting 2nd Alternate DCM

Key Daily Reflections themes for the month include:

1. Daily Surrender and Powerlessness–Living One Day at a Time: Emphasizes letting go of the past and releasing anxiety about tomorrow. *The Power of Step 2:* Acknowledging powerlessness over alcohol while discovering the power to change one's attitudes and take responsibility.

2. Emotional and True Sobriety–The Heart of True Sobriety: Developing inner peace, acceptance of oneself, and serenity in all circumstances. *Trust and Calm:* Learning how to remain grounded in the midst of life's daily storms by developing calm faith.

3. Connection and Service–Carrying the Message: The joy of freely giving back to the Fellowship and recognizing the privilege of service. Active Listening: Finding deeper meaning in meetings by truly listening to the struggles and victories of others.

4. Personal Inventory and Action–Willingness and Honesty: Having the open-mindedness to learn, think, and feel. *Action over Perfection:* Understanding that sobriety doesn't mean a perfect life, but rather making the right decisions one step at a time.

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	Meeting Guide APP info/links	

Meeting Guide

Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.



About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



GET IT ON GOOGLE PLAY >



DOWNLOAD ON THE APP STORE >

CLICK HERE to get the Meeting Guide Mobile App from AA.org

The Meeting Guide app directly relates to the “I am responsible” pledge by acting as a digital, 24/7 extension of the “hand of A.A.”

By providing immediate, accessible, and up-to-date information on over 100,000 weekly in-person and online meetings, the app fulfills the commitment to be available whenever anyone, anywhere reaches out for help.

Key correlations between the Meeting Guide app and the Responsibility Pledge include:

“When anyone, anywhere reaches out for help”: The app provides instant access to meetings worldwide, regardless of geographic location, meeting the needs of isolated or newly seeking individuals.

“I want the hand of A.A. always to be there”: The app lists both in-person and online meetings, ensuring that support is accessible at all hours. It acts as a tool for “carrying the message,” which is the basic service AA provides.

“And for that I am responsible”: The app is supported by Seventh Tradition contributions and is designed to be user-updated, encouraging members to take responsibility for the accuracy of the information.

Supporting Newcomers and Professionals: The tool allows users to easily find meetings, and it is frequently used by professionals (therapists, probation officers) to help people find support, acting as a modern “hand of A.A.”

Voluntary Contribution: The app relies on local A.A. service organizations to voluntarily provide and update the meeting information, reflecting the collective service responsibility of the fellowship.

The app also respects the principle of anonymity by not tracking user locations when not in use and by allowing users to search without sharing their personal location.

Keyway Lodge and AA celebrate anniversaries

On June 6, the Keyway Lodge Group gathered to celebrate 35 years of meetings, while also commemorating the anniversary of the beginning of Alcoholics Anonymous. It was an evening that reminded us that our Fellowship is built, not upon grand gestures, but upon countless quiet acts of service.

The doors opened at 3:00 p.m., but the real work had begun months before. Behind every successful gathering are willing hands that no one sees. Like planning meals, organizing volunteers, setting tables, preparing drawings, making coffee, and thinking of the comfort of others. Such service is one of the purest expressions of gratitude. Love is seldom found in words alone. It reveals itself through action. A program of action.

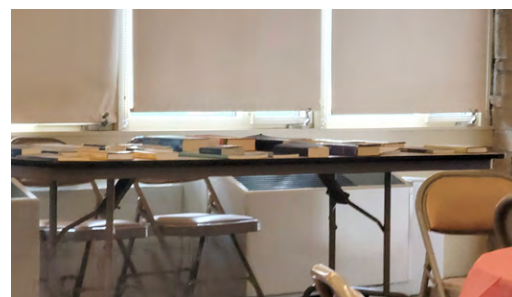
We were grateful to welcome our friends from Intergroup, who kindly set up a literature table. Their presence reminded us that our literature continues to carry hope into places where no single member can go.

The fellowship meal reflected the abundance that naturally follows generosity. Burgers, brats, salads, chips, and desserts filled the tables, while raffle items added laughter and excitement into the evening. To everyone who contributed their time, talents, and resources, thank you. Every act of kindness became part of something much larger than itself.

Our speaker for the evening was Chad W. of Alburnett, Iowa. One thing that quietly stood out was the number of friends who traveled with him, what appeared to be nearly 20+ people. That, to me, spoke volumes. It was not a matter of personality or popularity, but of lives genuinely touched by another alcoholic. The Big Book reminds us that our public relations policy is based on attraction rather than promotion, and there was something beautiful about witnessing that principle in action. Amen.

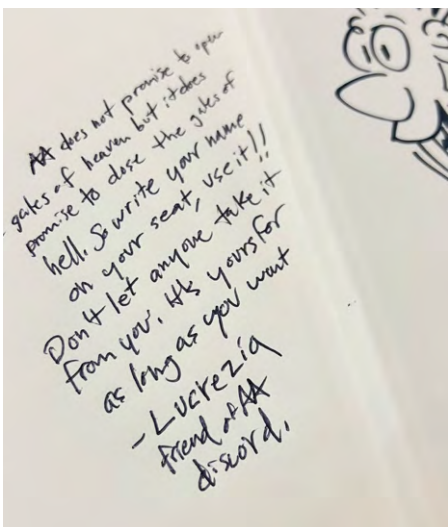
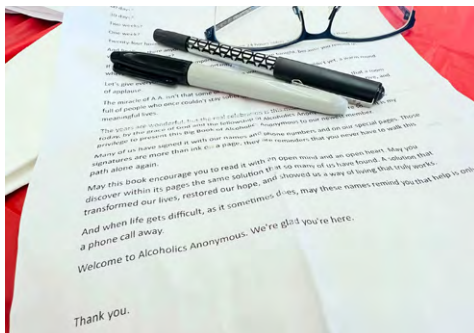
Chad shared honestly about reaching a point in sobriety where deeper spiritual growth became necessary. His message was one of renewed willingness, a reminder that recovery is not simply about remaining sober, but about continually enlarging our spiritual life and strengthening our connection with both God and our fellow alcoholics.

Heck, 35 years is not merely a measure of time. It represents 1820 meetings, thousands of coffee cups, quiet conversations before and after the meeting, newcomers welcomed through the door, tears shared, laughter restored, and lives transformed one day at a time. The anniversary belongs not only to one group, but to every alcoholic who has found hope because someone else was willing to serve.



Keyway Lodge and AA celebrate anniversaries *cont.*

Here are a few images of the festivities that our volunteers lovingly assembled for us.

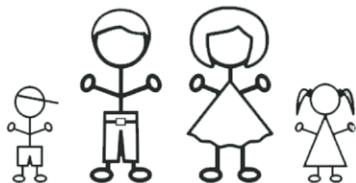


The Keyway Lodge Group currently meets each Wednesday at 8:00 p.m. at Bread of Life Presbyterian Church, 2155 University Avenue in Dubuque, Iowa. Meetings are also available in a hybrid Zoom format. Additional information can be found in the Meeting Guide app. They also have speaker “cake night” at the last Wednesday of every month. May Keyway Lodge continue to be what it has been for 35 years, a place where the weary find rest, the newcomer finds hope, and all who enter are reminded that no one need ever walk this road alone.

In love and service, Keith K.

*Sunday Evening is
Family Recovery Night!*

*Beginning at 7:00 pm
Grand View Methodist Church
3342 John Wesley Dr., Dubuque, Iowa*



*Alcoholics Anonymous 12X12 Group meeting
Missing Link Al-Anon Family Group meeting
Alateen meeting
Free Childcare Provided*

Grand View Methodist, Current

Are you looking for a way to get more involved
with your recovery?

'Service is the answer!'

Currently there is an open service position for
**Dubuque Area Intergroup Co-
Chair Position**



Please call us with any questions and learn more about this
fantastic opportunity 563-557-9196 or visit
www.dubuqueaa.org

Dubuque Intergroup, Current

CALL TO SERVICE!

**IMPORTANT
ANNOUN
CEMENT**

OUR DISTRICT IS IN
NEED OF A PUBLIC
INFORMATION
CHAIRPERSON!



FOR MORE INFORMATION:
CALL DCM KETH K @ 815-281-1591
OR EMAIL
AREA24DISTRICTIDCM@GMAIL.COM

District 11, Current



AA
Al-Anon
Alateen
& More!

The DUBUQUE FELLOWSHIP CLUB PRESENTS:
12 STEP RECOVERY BREAKFAST

BISCUITS AND GRAVY THEN A SPEAKER - \$5
THIRD SUNDAYS EACH MONTH
9:00 AM BREAKFAST
9:30 AM SPEAKER

1166 MAIN STREET, LOWER LEVEL, DUBUQUE

EVERYONE WELCOME!

DFC, Current

AREA 24 DELEGATE SPEAKER

Delegate Dan P.
August 1st

WestSide Clubhouse 1646 Asbury Road Dubuque, IA

- 10:30AM - 11:30AM District 11 Business Meeting
- 12:00PM - BBQ Lunch & Fellowship
- Following lunch - a presentation by Area 24
Delegate Dan P.

COME LEARN MORE ABOUT WHAT IS HAPPENING THROUGHOUT AREA 24 AND THE WIDER
A.A. SERVICE STRUCTURE.

THIS IS AN OPPORTUNITY TO HEAR FROM OUR DELEGATE, ASK QUESTIONS, STRENGTHEN
OUR UNDERSTANDING OF GENERAL SERVICE, AND DISCOVER HOW EACH OF US CAN HELP
CARRY THE MESSAGE.



Our district business meetings are open to any AA member & liaisons from Al-
Anon, the Lunch & Dan P. presentation is open to all.

Organized by District 11 - 2026
Contact: Keith K 815.281.1591

WestSide Aug. 1

Dubuque

Fellowship

Club

Breakfast

FIRST SUNDAY OF THE MONTH

BREAKFAST - 9:00 AM for \$9.00
ATTITUDE ADJUSTMENT SPEAKER MEETING - 9:30
AA, AL-ANON, AND EVERYONE WELCOME!!

Speaker Lineup

August 2 - Scott S - AA - Mt. Pleasant
Aug 30 (for the September Breakfast) - Jerome E - AA - SD
Oct 4 - Lance and Debra B - AA/Al-Anon - Olathe, KS
Nov 8 - Marty R - AA/Al-Anon - Galena/Chicago, IL
Dec 6 - Jessica Z - AA - Cedar Rapids, IA
Jan 3, 2027 - Jim McK - AA - Moorhead, MN
Feb 27 - Tom S "Doc" - AA - Westside
Mar 7th - Sheila C - AA - Westside
April 4 - John M - AA/Al-Anon - Westside
May 2 - Bob E - AA - Westside

1166 Main Street, Lower Level
Elevator Available at Front Entrance

DFC, Aug. 2

July 2026

Area 24–District 11 News

Issue #26

Coming Events and Activities of Interest in the Tri–State Area

2026 District 11

Maquoketa River Run

July 18, 2026



What: Join District 11 for a fun-filled day of canoeing, kayaking, or tubing down the Maquoketa River. The River Run is approximately 8 miles and takes 3-6 hours depending on the chosen vessel and how rapidly you want to go! We will follow up the canoe trip with a cookout and speaker meeting at Camp Courageous. You do not have to participate in the river run to enjoy the fellowship, cookout and speaker meeting at Camp Courageous! Tent camping available Friday and Saturday Night, July 17th and 18th!

Who: All AA's and Al-Anon's including family and/or friends

When: July 18, 2026: Departure Times: 9:00 am meet at Monticello River Rentals Shuttle Lot
Free time after River Run: until 4:30 pm Camp Courageous/Pictured Rocks Park
Cookout at Camp Courageous Pavilion: 4:30 pm
AA/Al-Anon Gratitude Campfire Meeting: 6:00 pm

Where to start: SHUTTLE LOT @ 12521 190th St. Monticello, IA 52310

Costs: \$40 for two-person canoe, \$30 for a single person kayak, \$20 for a tube, \$10 drop fee per vessel for your own canoe or kayak. Cookout registration fee is \$8.00 per person to pay for hamburgers, brats, and hot dogs. Please bring a side dish to pass. No one will be turned away from the Cookout!

Contact Info: Marc Ruden 563-543-3218

****See Reverse Side for Registration Information****

RAGBRAI AA FELLOWSHIP & MEETING

Dyersville Iowa

Friday July 24th

Basilica of St. Francis Xavier

in the basement

Starting at 1pm

Open Meeting of AA at 7pm

103 3rd St SW

Dyersville, IA 52040

Hosted by Dyersville Area Basilica Basement
Group of Alcoholics Anonymous

Questions? Contact Terry G. 563-451-3644

DUBUQUE FELLOWSHIP CLUB ANNUAL PICNIC

Join us for a day of fellowship, food, and connection.

SUNDAY, JULY 26TH
Eat at Noon, Coffee ready at 11

GRAMERCY PARK – EAST DUBUQUE, IL



NO COST TO ATTEND
Donations are welcome and appreciated (free will offering)

Special Remembrance

We will take time to honor and remember
Kenneth Kurtz
and
Bill Sands

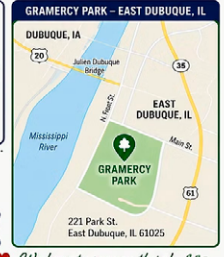


Bring a friend, a dish to share if you'd like, and enjoy a relaxed afternoon together in the park.



PLEASE RSVP IF POSSIBLE
to the club email address

Everyone is welcome. We hope to see you there!



Maquoketa, July 18

Dyersville, July 24th

DFC Picnic, July 26

2026 Area 24 Fall Conference

Hosted by District 4

October 16th – 18th, 2026

Bienvenu Event Center - 7400 Hudson Rd. Cedar Falls, IA 50613

ONE ULTIMATE AUTHORITY

Alcoholics Anonymous

FRIDAY:
8:45 - 9:45 a.m. Officer and Chair Session
9:45 - 10:30 a.m. Sharing Sessions - DCM, CSA, and Area 24 officers
10:30 - 11:30 a.m. Workshops: Alcoholism, Connections, and Recovery

Al-Anon and Alateen

FRIDAY:
8:45 - 9:45 a.m. AA Registration and group discussions begin
9:45 - 10:30 a.m. AA/Al-Anon/Alateen Speaker (David B. Chicago)
10:30 - 11:30 a.m. AA/Al-Anon/Alateen Speaker (Betsy N. Florida)

Alateen

FRIDAY:
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9:45 - 10:30 a.m. AA/Al-Anon/Alateen Speaker (David B. Chicago)
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SUNDAY

SUNDAY:
8:45 - 9:45 a.m. Early Bird Meeting
9:45 - 10:30 a.m. "Back to Basics" meeting
10:30 - 11:30 a.m. Area 24 Officers and Chairs Transition Meeting
11:30 - 12:30 a.m. AA/Al-Anon/Alateen Speaker (David B. Chicago)

*Highland meetings

Pre-Registration Form - Due by Oct 3rd

(All Rules required)

NAME:	Check Box - Due by Oct 3 rd
Address:	☐ Spanish
City, State:	☐ ASL Interpreter
Phone:	
Email:	
Adults:	\$40 Pre-registration (\$50 at door)
Alateen:	\$10
Pre-Registration Meals:	\$22 Lunch
	\$19 Banquet
Total:	2

Please check payable and mail to: Area 24 Fall Conference, P.O. Box 773, Cedar Falls, IA 50613
The Alateen session form is required for all Alateen members to participate in the Area 24 assembly. No registration is needed.

31th Annual Men's 12 Step Retreat

October 23, 24, 25 - 2026

Cedar River Ranch
2798 Casey Ave
Letts, IA 52754
info@cedarriverranch.com

The Lodge opens at 4:00 PM Friday evening and we will end by 11:00 AM on Sunday.

12 Step Based Recovery *Group Discussions* *Home Cooked Meals*

All meals and coffee provided. Please bring your own soft drinks.

Bring Big Book, 12 x 12, Meditation books, Toiletries, Towel, Blanket, and Something for the Snack Table

For additional information, please feel free to contact:
Jim 319-212-0539 or Arnie 563-299-4598
Lodging Meals and linens are provided

Never blame others for the road you choose to travel. It's your own asphalt

\$100 Preregistration \$125 At the door

Name: _____

Address: _____

Phone/Email: _____

Please send Payment to:
Arnie Hart
1475 Penn Ave RD
Atalissa, IA. 52720

District 11/Area 24 2026 Fall Mini-Conference

November 7

Life Beyond Our Wildest Dreams

Bread of Life Church
2155 University Ave., Dubuque

Fr. Mark O., Maquoketa, AA speaker
Joanne H., Dubuque, Al-Anon speaker

Sponsors/Sponsees!

Enhance Your Recovery
Unite in Service with a Chair position!

Contact your Mini-Conference Co-Chairs:

Stacy B., AA - Steve G., AA, and Shirley G., Al-Anon
(563) 580-8138 for Stacy - (563) 542-7639 for Steve or Shirley
or Keith K., DCM (815) 281-1591

Cedar Falls, Oct. 16-18

Letts, Oct. 23-25

Bread of Life, Nov. 7

Downloadable copies of most of these events are at DubuqueAA.org

July 2026	Area 24–District 11 News	Issue #26
	July AA National History	

July AA History *

July 1939	Warren C. joined A.A. Cleveland, caused debate because he was not hospitalized.	July 7, 1940	Bill attends 1st Summer Session at School of Alcohol Studies at Yale University.
July 1944	Bob writes article for <i>Grapevine</i> "On Cultivating Tolerance".	July 8, 1940	1st AA Group formed in Dayton, Ohio.
July 1962	'Victor E' cartoon first appeared in <i>Grapevine</i> . (Possibly May).	July 10, 1941	Texas newspaper publishes anonymous letter from founding member of Texas AA Group. (Larry J)
July 1-3, 1960	25th Anniversary of AA in Long Beach, CA.	July 11, 1960	Time published article called "Passionately Anonymous" on the 25th Convention.
July 2-3, 1955	20th Anniversary Convention at St. Louis, MO. The Three Legacies, of Recovery, Unity, and Service, turned over to the movement by the old timers. AA comes of Age.	July 14, 1939	Dr. Tiebout gives Big Book to Marty M. who promptly throws it back at him.
July 2, 1960	Father Ed Dowling dies.	July 15 1938	1st documented use name Alcoholics Anonymous, A.A. archives letter Bill to Willard Richardson.
July 2, 1965	"Best of Bill" and Pocket-Sized "12 and 12" 1st sold.	July 16, 1965	Frank Amos, AA Non-Alcoholic Trustee, dies.
July 2, 1965	1st "La Vigne", Canadian <i>Grapevine</i> , published.	July 18 1938	In letter to Dr. Richards at Johns Hopkins, Bill used Alcoholics Anonymous as working title for Big Book & name for the fellowship.
July 2-4, 1965	30th Anniversary of AA in Toronto. Adopted "I Am Responsible."	July 20, 1941	First AA group formed in Seattle, Washington.
July 2, 1993	50 years of AA celebrated in Canada.	July 22, 1877	William Duncan Silkworth born in Brooklyn, NY.
July 2, 2000	20 millionth copy of Big Book given to Al-Anon in Minneapolis, MN.	July 22, 1980	Marty M. early AA woman and founder of NCADD dies.
July 3-5, 1970	35th Anniversary of AA in Miami. "Declaration of Unity". Bill's last public appearance.	July 23, 1940	Philly AA's send 10% of kitty to Alcoholic Foundation, sets precedent.
July 3-6, 1980	45th Anniversary of AA in New Orleans. First true marathon meeting was held.	July 23, 1943	<i>New Haven CT Register</i> reports arrival of AA's to study with E M Jellinek.
July 3-6, 1980	Gay AA's have own program at 45th AA Anniversary in New Orleans, LA.	July 24, 1943	L.A. press reports formation of all-Mexican AA Group.
July 4, 1939	1st AA meeting started in Flatbush, NY.	July 28-30, 1950	First AA International Convention held in Cleveland, OH. Twelve Traditions adopted. Dr. Bob made last appearance at large AA gathering.
July 4-6, 1975	40th Anniversary of AA in Denver. World's largest coffee server serves 1/2 million cups a day.	July 31, 1972	Rollie H dies sober in Washington DC.
July 5-7, 1985	50th AA Anniversary in Montreal, Canada. Ruth Hock was given 5 millionth Big Book. House of Seagrams flew their flags at half mast for 3 days.		
July 5-8, 1990	55th AA Anniversary in Seattle, WA. Nell Wing was given 10 millionth Big Book.		

**reposted by permission of South Jersey Intergroup*

To understand the historical perspective on AA Tradition 7, consider the following points:

- Tradition 7 emphasizes self-support and financial independence for Alcoholics Anonymous groups.
- It was established in 1950 during the early years of AA's growth and expansion.
- The tradition arose from the need to avoid outside contributions that could influence AA's primary purpose.
- Early members believed that relying on donations could lead to conflicts of interest and compromise the fellowship's integrity.
- Tradition 7 encourages members to contribute voluntarily, fostering a sense of ownership and responsibility.
- It reflects the principle of humility, reminding members that AA's success comes from collective effort rather than external funding.

Dubuque Area Intergroup

Area24 / District 11 Alcoholics Anonymous and Iowa Area Al-Anon Family Groups

Office Location: 1646 Asbury Rd #7, Dubuque, IA 52001

Office opened by appointment at your convenience:

Call (563) 557-9196



AA Literature

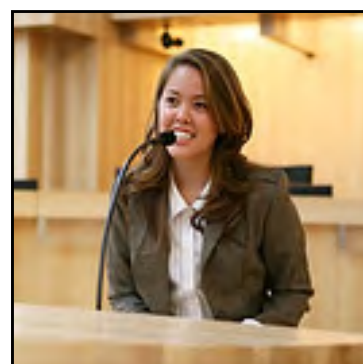
Dubuque Area Intergroup stocks and sells A.A. Conference-approved literature and recovery anniversary medallions for the convenience of local members and groups. French and Spanish literature can be ordered. We stock outreach pamphlets that address recovery with inclusivity for all persons. Al-Anon Family Group's literature may also be purchased at our office.

(Call for prices)



Meetings and Events

Dubuque Area Intergroup publishes and distributes up-to-date lists of in-person meetings as well as web-based meetings for those who are housebound or chronically ill. We publish local A.A., Al-Anon, and Alateen event flyers and other related information on this website. Our AA Meetings are also listed in the aa.org "AA Meeting Guide App".



Speakers and Referrals

The Dubuque Area Intergroup is one of 700 AA Intergroups throughout the U.S. We are a resource to connect with A.A. Members. We include public outreach for Al-Anon Family Groups and Alateen. Referrals to A.A. Speakers willing to share their personal experience with the A.A. program of recovery, may be reached by calling our office.

**Group contributions
support the operations of
Dubuque Area Intergroup.
Your group can make
contributions using
this PayPal QR Code:**



July 2026	Area 24–District 11 News	Issue #26
	Thoughts of Interest in District 11/Area 24	

From the Newsletter Chair:

We wish to acknowledge the contributions of the Dubuque Area Intergruop and its website, DubuqueAA.org, which hosts the District 11 *Messenger* newsletter, events and AA Meeting Schedules. Thank you, for all that you do!

Summaries of the District GSR Business Meetings and Chair reports are lightly edited for clarity and consistancy. Original, full Committee Chair reports are representd in the business meeting minutes. If you would like to be added to the email list to receive the District 11 monthly Business Meeting minutes in full, please email requests to: area24district11newsletter@gmail.com

We invite the District 11 fellowship to submit articles, art or photos related to their recovery that emphasize their experience, strength and hope for the still suffering alcoholic. We especially invite GSR's to submit articles describing their Home Groups and their activities. Articles should ideally be about 300 words or so.

Content submissions may require some editing, but every effort is made to maintain the spirit of the message, as expressed. Of course, anonymity is the spiritual foundation of all of our decisions including use of initials for last names.

This newsletter, *The Messenger*, is a publication of Area 24 / District 11 of Iowa Alcoholics Anonymous. The editor and contributors do not speak for AA, in whole or in part, and the information presented is for the sole use of the members of AA and the opinions expressed are those of the editor or authors only. All content quoted from AA Literature is offered in the spirit of recovery and we attempt to attribute the text appropriately and accurately.

District 11 serves the AA members and supports service groups & institutions of the following communities:

– Iowa –

Bellevue • Cascade • Delhi • Dubuque
Dyersville • Edgewood • Epworth • Hopkinton
Manchester • Maquoketa • Peosta

– Illinois –

Elizabeth • Galena • Hanover

Our 7th Tradition:

“Every A.A. group ought to be fully self-supporting, declining outside contributions”

Reprinted from page 160, “Twelve Steps and Twelve Traditions”, with permission from A.A. World Services, Inc.



**Self-Support:
Where Money and
Spirituality Mix**

**Where Your
Contributions
Are Applied**

Your contributions support the operations of District 11 and the Dubuque Area Intergruop. All Individual contributions from AA members are gratefully accepted.

All of these AA organizations depend on our support to ‘Keep the Doors Open’

General Service Office Post Office Box 2407 James A. Farley Station New York, NY 10116–2407	Area 24 PO Box 1291 Des Moines, Iowa 50305	District 11, Treasurer 1646 Asbury Road, #7 Dubuque, IA 52001	Dubuque Area Intergruop 1646 Asbury Road #7 Dubuque, IA 52001
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